

Knit Me



Fingerless Gloves Pattern



GLOSSARY

Bind off

Securing the live stitches and creates a nice finished edge so the work will not unravel.

Cast on

Creating the initial stitches that you will use to make your cowl.

Knit stitch

The basic stitch, indicated with a “k” in patterns.

Purl stitch

The reverse of the knit stitch, indicated with a “p” in patterns.

WHAT YOU'LL NEED

- 4 mm knitting needles
- 1 ball (50g/100m) of worsted weight wool
- Measuring tape
- Darning needle

CAST ON

- Create a slip knot, leaving a tail ~3" / 7.5cm long, and fit it snugly on the left needle.
- Insert the right needle from front to back under the left needle and through the front loop of the slip knot.
- Bring the working yarn (the yarn attached to the yarn ball) under, around, then over the tip of the right needle.
- With the point of the right needle, draw the yarn through the stitch on the left needle to create a new loop over the right needle.
- Slide the tip of the left needle into the back of the new stitch, and remove the right needle.
- Pull working yarn gently to have the new stitch fit snugly (but not tightly) on the left needle.
- Repeat this until there are 38 stitches on the left needle (including the slip knot). This will form the length of your glove.



NOTE

The most common mistake for new knitters is to make the cast on row way too tight. It seems intuitive that tight stitches mean neat knitting, but this is actually not the case! Your knitting will look neat as long as each stitch has the same tension.

You want your cast on row (and every row after that) to be snug enough that the stitches aren't dangling, but still loose enough that you can slide them along the needle fairly easily.

PATTERN

Row 1: *knit 1, purl 1* repeat until end of row, turn work

Row 2: *purl 1, knit 1* repeat until end of row, turn work

Repeat rows 1 and 2 until work measures approx 6"/16cm from cast on row (make sure that it is long enough to wrap around your hand)

NOTE

Note: this 2 row pattern is called "seed stitch" because of the texture the fabric forms. To make sure you're on track, just remember to always knit the opposite of the stitch you're looking at. So if the stitch you're about to work looks like the flat V of a knit stitch, you need to purl. If the stitch has a purl bump sitting directly



Bind off, then cut yarn to leave a tail ~2X as long as the bind off edge.

Fold your your work in half, so the cast on and bind off edges line up. Use the safety pins to hold your the sides together and make the bottom and top of your thumbhole. Use the tail to seam these edges together.



See page 4 for how to bind off

See page 5-6 for how to make the knit and purl stitches

How to Make the Simple Bind Off

- Knit two stitches.
- Insert the tip of the left needle into the front of the first stitch you knit.
- Gently lift the first stitch over the second stitch, and drop it off the tip of the right needle. There should now only be one stitch left on your right needle.
- Knit the next stitch, and repeat the process.
- Continue until you have one stitch left.
- Draw the tail of the yarn through the last loop, and pull closed.

Click here for video tutorial https://www.youtube.com/watch?v=VrcZDngom_E

NOTE

It's extremely common for new knitters to bind off too tightly. If you keep your bind off the same tension as your knitting (or even slightly looser), it will give your piece a nice clean finish.



How to Make the Knit Stitch

- Start with the working yarn (the yarn attached to the ball) held to the back of the needles.
- Insert the right needle from **front to back** under the left needle and through the front loop of the stitch.
- Bring the working yarn under, around, then over the tip of the right needle.
- With the point of the right needle, draw the yarn through the stitch on the left needle to create a new loop over the right needle.
- Slide the stitch off the left needle, and let it drop. This should leave the new stitch on the right needle.
- Gently tug the working yarn to keep the new stitch snug (**but not tight**).

Here is a link to a video tutorial <https://www.youtube.com/watch?v=OPDbHdhKvng>



How to Make the Purl Stitch

- Start with the working yarn (the yarn attached to the ball) held to the front of the needles.
- Insert the right needle from **back to front** under the left needle and through the front loop of the stitch.
- Bring the working yarn over, around, then under the tip of the right needle.
- With the point of the right needle, draw the yarn through the stitch on the left needle to create a new loop over the right needle.
- Slide the stitch off the left needle, and let it drop. This should leave the new stitch on the right needle.
- Gently tug the working yarn to keep the new stitch snug (**but not tight**).

Here is a link to a video tutorial <https://www.youtube.com/watch?v=b3JpVdB6MAU>

