

Knit Me

GLOSSARY

Brioche

Creates a stretchy, reversible, rib-like fabric.

Brioche Knit

Knit the stitch together with the yarn over.

Brioche Purl

Purl the stitch together with the yarn over.

Double Knit

Creates a reversible fabric that is stockinette on both sides, in inverse colours.

Mattress Stitch

The standard method for seaming ends together.

Norwegian Cast On

A cast on method designed to give a lot of stretch.

September Set



WHAT YOU'LL NEED

- 4.5mm circular or DPNs, 22st gauge
- 3.75mm circular or DPNs, 24st gauge
- 2 x 50g dk weight yarn, contrasting colours
- Darning needle

NOTES

- I used orange as the MC, but you can use either.
- Brioché is easy once you get the hang of it, but if you need to put your project down, it can be difficult to tell where you left off! Here are some tips I use to help:
 - Each side is worked both knit and purlwise before turning.
 - If both working yarns are on the same side, the next row is MC. If the working yarns are on opposite sides, you'll use CC.
 - The dominant colour of the side you're looking at is the colour of the knit row.
 - The row repeats are "knit, purl, purl, knit". This is the same order as the Kitchener stitch, which makes it easy to remember.
 - Selvedge edges are slipped on CC rows, and worked in pattern on MC rows.
 - Stitches are always slipped pw
- The boot cuffs are designed to be taut to show off the subtle details of the pattern.

HEADBAND

Co 21 with MC using 3.75mm needles

Set up

R1 (MC): *p1, sl1, yo over slipped st* to last st, p1, slide work to the other end of the needle without turning

R2 (CC): join CC with yarn in front, *sl1, knit next st together with the yo, bring yarn to front* to last st, sl1, turn work

Pattern

R1(MC): Knit 1, *bring yarn forward, sl1, brioche knit*, to last 2 stitches. Yarn forward, sl1, k1, slide work to other end of the needle without turning

R2 (CC): sl1, bring yarn forward, *yo, brioche purl, sl1* to end, turn work

R3 (MC): p1, sl1, yo, *brioche purl, sl1, yo* to last st, purl slide work to other end of the needle without turning

R4 (CC): with yarn in front, sl1, *brioche knit, yarn forward, sl1*, to end, turn work

Repeat pattern rows 1-4 for ~18", or your desired length

Bind off, then seam ends together with mattress stitch

NOTE

Here is a helpful video for flat brioche knitting in 2 colours:

<https://youtu.be/FhJaUjMIIFM>



CINCH

Co 10 st in MC

R1: Join CC and knit row with yarn held double. Each colour is now a separate stitch

R2 (RS): knit the MC st with the MC yarn, bring both yarns to the front and twist the yarns to connect the front and back pieces, then purl the CC st with the CC yarn. *bring both yarns back, k MC, bring both yarns front, p CC* to end

R3 (WS): knit the CC st with the CC yarn, bring both yarns to the front and twist the yarns to connect the front and back pieces, then purl the MC st with the MC yarn. *bring both yarns back, k CC, bring both yarns front, p MC* to end

Repeat rows 2-3 for 4"

Bind off as a 1x1 rib, leaving tail to seam ends together later.

FINISHING

Seam together the ends of the headband, then wrap the cinch around the band to cover the seam, and sew ends together to hold in place.

NOTE

This piece is double knit, so it is a different colour on each side. Feel free to substitute brioche or plain stockinette if you need it to be reversible!

Here is a helpful video for flat double knitting:

<https://www.youtube.com/watch?v=MLFr1odhwW4>



BOOT CUFFS

Knit in the round using 4.5mm needles

Multiply your gauge by the circumference of your calf (where the cuff would sit) in inches, and cast on the closest even number in the MC, using the Norwegian method. Join in the round.

Pattern

R1: *k1, bring yarn in front, sl1* to end

R2: join CC in the back, bring yarn forward, *sl1, yo, brioche purl* to end

R3 (MC): *brioche knit, sl1 wyif* to end

R4 (CC): *sl1, yo, brioche purl* to end

Repeat rounds 3-4 for 5", or desired height.

Finish with MC round, then bind off in MC with your preferred stretchy method.

NOTE

I based mine on a gauge of 4.5st per inch because I prefer the look when the fabric is stretched.

Here is a helpful video for the Norwegian cast on method:
<https://youtu.be/UcwmCulyIII>

