

The Best Season Planner

A 3-month guide for Christians
dedicated to living out their
best season yet

The Best Season Planner

Belongs to:

Dates:

Introduction

My name is Zach Windahl and I created the Best Season Planner because it is my goal in life to create resources to make it easier for you to understand the Bible and to grow in your relationship with God.

In 2014, I hit a low spot in my life. Like low low. Everything that I touched began to fail. I had never felt so lost. If you know me, you know I always have a plan. But this time I didn't. I was at the bottom. Broken and lost. I had spent the last several years focusing on myself and trying to become the best person I could be. But, to tell you the truth, I'm weak when I try to live life on my own. From the outside, everything looked great but the inside was a whole different story.

I started to contemplate what all of this was about. I grew up considering myself a Christian, but I had no idea what that truly meant. I hadn't been following God's call at all. I still believed in Him, I just wasn't pursuing Him. I hadn't been to church in over a year for the simple fact that I couldn't stand the majority of Christians that I met because I didn't trust them. They all seemed so fake. Little did I know that the darkness inside of me at the time didn't like the Light inside of them.

So I sat there thinking..."Is life really all about going to college, getting a job, getting married, having kids, buying new things, and then (hopefully) one day retiring so I can enjoy life?"

Really? That's it? That all seemed so shallow to me.

Then, let's look at religion. Every religion outside of Christianity takes their faith so seriously, it's insane. And then there's us. Where only 45% of Christians even read the Bible and the fact that a ton of "Christian" ideals are pretty skewed from the Bible itself. I was fed up. So I read the Bible. Front to back. In 90 days.

I was blown away by how different the Bible actually is, compared to how it's presented in America. But that's what makes us Christians, right? The fact that we believe and follow Jesus?

Nothing was lining up. I was confused.

So I went on my own "Search for Meaning" journey. I quit my job and moved to a little beach town on the Sunshine Coast of Australia for 9-months to study the Bible for twelve hours per day. That's a pretty big leap if you ask me. And at 27 years old it may not have been the wisest of decisions, but I wouldn't have changed it for anything.

My whole reason for this journey was to build a firm foundation in my faith - one that could not be crumbled by society. And that's exactly what I got, plus more.

And that's what my hope is for you. That you are able to build a firm foundation in your faith through tools like The Best Season Planner. Especially in a time when understanding the Word is one of the most important things that you can do.

My God-sized dream is to help millions of people all over the world fall in love with the Word of God and actually understand what they were reading instead of being confused. In The Best Season Planner, you will be looking at a scripture verse daily. If you're anything like me, it can be tough to know where to begin or what verse to choose. Our other product, The Bible Study: A One Year Study of the Bible that Focuses on How Each Book Relates to You solves that problem by giving you 1-3 books to read every week at your own pace. If you would like to pick up your copy of The Bible Study today, please visit www.thebrandsunday.com.

The Best Season
Planner is a
guide to help
you live out your
best season yet,
no matter where
you are at on your
faith journey.

How it works

The Best Season Planner begins with the Season Overview section where you will be encouraged to dream God-sized dreams and put a plan together for having your best season yet. The rest of The Best Season Planner is split into four main sections every week:

Week Ahead focuses on the big picture and prayer requests.

Daily is for scripture, gratitude, and your to-do list.

Sunday Sermon organizes your sermon notes.

Weekly Reflection looks back at the week and has a personal check-in.

I couldn't be more excited for what God is going to do in you and through you this season as you grow closer to Him. I love you. I believe in you. Let's go!

Season Overview

Where am I currently at in my walk with God?

Right now I am feeling great in my walk with God. To me, it's all about consistency. And lately I've been consistently reading my Bible and spending time in prayer.

In what areas of my faith would I like to grow?

I would like to spend even more time in prayer and get better at hearing the voice of God.

What are my goals for this season?

1 Lose 15 lbs

2 Release three new products

3 Spend more time with family

How will I make this the best season ever?

I will remain consistent in my daily time with the Lord and take time to rest every week. Taking care of myself will allow me to be in the best headspace when approaching any and every task.

What God-sized dreams am I pursuing?

A publishing deal for another book idea

Host a TV show

Building friendships with more of my role models

My personal mission statement is:

To always find the positive in every situation and give more than I receive.

Week 1

Week Ahead

Dates:

2/10-2/16

Mon	Tues	Wed
Meetings with team	Read	Meetings with team

Goals for the week ahead:

(Spiritual, Health, Exercise, Personal Growth, Serving Others, Projects, Relationships, etc.)

Read 40 pages in new book

Workout 5 times

Finalize plans for next project

Action steps for goals:

Prioritize time for reading on Tuesday and Thursday

Wake up at 6a every day in order to workout

Meet with team for one hour on Monday and Wednesday

Thurs	Fri	Sat	Sun
Read		friends in town	Church

Two people I would like to bless this week:

Gisela Caleb

Action steps for blessing them:

Set up date night and give \$20
coffee gift card

Prayer requests:

Healing of my shoulder
My friends will be transformed at
church on Sunday
Blessings on my parents marriage

How can I take steps toward my God-sized dreams?

Work on each dream for minimum of
30 minutes
Share dreams with two close friends

Today's Date:

Mon 2/10/20

Daily

Scripture for today: Proverbs 3:5-6

How can I apply this scripture to my life?

Even when life is hard and doesn't make sense, I need to remember to trust in the Lord because He will always set my path straight.

Who does God say that I am?

1 *I am blessed with every spiritual blessing.*

2 *I am anointed and I have a purpose. I am not here by accident, I am here by divine appointment.*

3 *He hears my voice. He cares for me. I am never alone.*

God thank you for:

1 *Allowing me to have a job where I create tools for believers to further their faith*

2 *The ocean*

3 *A community that inspires me daily*

One person I am praying for today:

Ethan

How will I make today the best day ever?

I will focus on the positive in every situation and I will choose to love on those around me even when I don't feel like it.

Today I get to:

Morning

Workout at 6:30a

Eat a healthy breakfast

Read the Gospels for 15 minutes

Afternoon

Lunch with Caleb

Meet with team to discuss next project

Organize schedule for week ahead

Evening

Date night with J

Today's Date:

2/9/20

Sunday Sermon

Pastor:

Michael Anderson

Message Title:

The Greatest Gift

Main Scripture:

John 3:16-17

Sermon notes:

for God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal life. For God did not send His Son into the world to condemn the world, but in order that the world might be saved through him

God loves you so much that the first thing He did for you was GIVE you something. His Son. The ability to receive salvation and eternal life.

Once you become a believer, it isn't about what you DO, it's about who you ARE and who God sees you as.

How often are we condemning people and playing the role of God instead of just allowing Him to do the job and loving those around us?

We all have access to the grace of God, no matter what we have done.

Do we really understand eternal life? If we really believe people that don't know Jesus are going to Hell for eternity we should be much more concerned with evangelism than a lot of people are. It's **ETERNAL**.

How can I apply this to my life?

Since I have been saved through my faith and it wasn't anything I needed to do aside from accepting it, I should be far more gracious with others and share the love of Jesus every single day. I'm also going to develop a plan for sharing about my faith so it's easier in the moment.

Weekly Reflection

Praise reports:

My shoulder is feeling much better
My friends had a BLAST at church
this weekend!

How did I spend my time wisely this week?

I completed my task list every day this
week and spent time working on my God-
sized dreams.

How did I move closer to my God-sized dreams this week?

I spent two hours on Tuesday researching
and brainstorming.

What scripture stood out to me the most this week and why?

John 10:27 gave me confidence that I
hear the voice of God.

How can I improve my relationship with God next week?

I can spend more time in prayer each morning.

How do I feel?

Physically: 1 2 **3** 4 5

I would like to be able to workout harder, but my injury is restricting that.

Emotionally: 1 2 3 4 **5**

feeling great emotionally. Haven't been this happy in a while.

Spiritually: 1 2 3 **4** 5

Going through The Bible Study is helping me dive deeper into the Word and understand my purpose more and more every day.

THIS IS ABOUT TO BE

**YOUR
BEST
SEASON
EVER!**

The Best Season
Planner is a 13-week
planner for Christians
dedicated to living out
their best season yet.

To get a new planner sent to you next season, visit
www.thebrandsunday.com.

About the Author



Zach Windahl has helped thousands of people understand the Bible better and grow closer to God. He runs the brand Sunday and is the author of several books including *The Bible Study*, *The Bible Study: Youth Edition* and the *Sunday Journal*.

He lives in Miami, Florida.

This is the end of “The Best Season Planner” preview.
To order the full copy visit thebrandsunday.com.