

Testimonials

“ The Orange Whip is the best device I have ever seen to develop a correct feel for sequencing the hips and core to whip the arms and club properly.

Jim Hardy, PGA
2007 PGA National Teacher of the Year

“ I do not give a Putting Lesson without incorporating some work with the Orange Whip Putter.

Michael Kernicki, PGA
General Manager/Director of Golf
True North Golf Club

“ If you know anyone who could benefit from improved rhythm, tempo, balance and rotation, put an Orange Peel on your range.

Ryan Kennedy, PGA
The Kennedy Academy
Rustic Canyon Golf Club

“ I believe every golfer should possess the skills to play each unique short game shot with confidence and success. I am certain by training properly with the ORANGE WHIP WEDGE and the ORANGE WHIP PUTTER, golfers will improve their short game skills and lower their scores.

Stan Utley

Stan Utley
Short Game Expert



“ Swinging the Orange Whip allows any golfer to feel the swing motion on a tilted arc.

Carol Preisinger, LPGA
Director of Instruction
Kiawah Island Club

“ If you want golf results now to improve your sense of balance, footwork and overall confidence in your golf swing, the Orange Peel & Orange Whip are my go-to golf training aids. They are for all ages and skill levels! I love all these products, why are you waiting?

Kathy G-Jensen, PGA
2014 PGA National Teacher of the Year

ORANGE WHIP®



Contact Us Today!

OrangeWhipGolf.com

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PRODUCT CATALOG
& TRAINING MANUAL

The Orange Whip Trainer is the #1 trainer and teaching aid in use by Tour Players and PGA Golf Professionals.

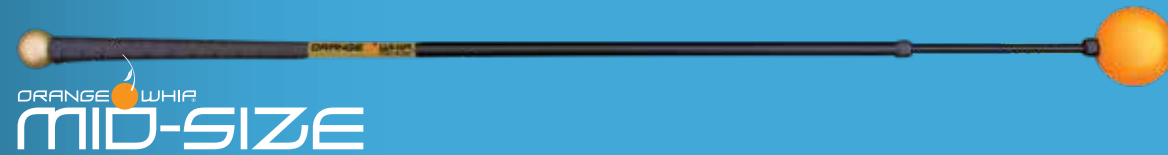
Intuitive by design, The Orange Whip Trainer is available in four models allowing golfers the ability to replicate the feel of any club in their bag. The elegant design combines a counterweighting system and flexible shaft that work together to promote the natural golf swing motion unique to each individual. Consistent use of the Orange Whip will greatly improve the rhythm and balance of your golf swing and provide an essential core-muscle workout.



ORANGE WHIP TRAINER

- Designed for men and taller women
- Simulates driver motion
- Recommended to maximize core fitness and flexibility

1.75lbs 47"



ORANGE WHIP MID-SIZE

- Designed for men, women, seniors and teens
- Simulates iron motion for men and taller women
- Simulates driver motion for women and teens
- Provides core fitness and flexibility

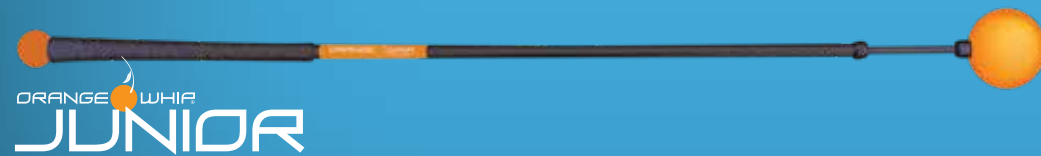
1.70lbs 43"



ORANGE WHIP COMPACT

- A great complement to the Trainer & Mid-Size swing trainers
- Convenient length for indoor use and travel
- Versatile design for Men, Women, Seniors and Teens

1.60lbs 35.5"



ORANGE WHIP JUNIOR

- Designed for Junior golfers
- Simulates driver motion for kids

1.30lbs 38"

ORANGE WHIP PUTTER

1.85lbs 34.5"

- Orange Whip counterweighted flexible shaft system
- Dual-side spherical face promotes center contact
- Interchangeable shaft position for right and left handed golfers



ORANGE WHIP WEDGE

1.70lbs 35.5"

- Available in right-handed and left-handed models
- Orange Whip counterweighted flexible shaft system
- Stan Utley inspired 56° wedge head
- Promotes short game rhythm and feel



ORANGE WHIP PEEL

15lbs 44" x 24"

The Orange Peel provides the perfect foundation for all of your swing training needs. Use with any of the Orange Whips or with your own golf clubs to achieve a synchronized, rhythmic, and balanced golf swing.

The Peel has a concave surface so your stance naturally finds its center and balances your core while simultaneously providing the flexibility to replicate a variety of golf course lie angles.

Open for
Training Manual

Full Swing Training

Workout: 2-3 sets, 10-15 reps per set



Torso Twist

Purpose: Synchronizing upper and lower body through proper foot work. Stand fairly erect with your feet shoulder width apart, arms extended at stomach height, holding the center of the Orange Whip with palms facing the sky. While keeping the Orange Whip and shoulders parallel to the ground begin slowly rotating back and forth in a continuous motion. Be sure to engage your feet while maintaining balance.



Hinging Forearm Rotation

Purpose: Training the body to properly release the golf club. With one hand hold the Orange Whip at the bottom of the grip. Swing the Orange Whip in a back and forth motion, allowing your wrist to hinge and unhinge. Use your footwork to control the pace and maintain balance. Repeat using opposite hand.



Full Swing

Purpose: Promoting an athletic swing that focuses on rhythm and balance. While maintaining your balance, start slowly with back and forth pendulum ¼ swings, increase to ½ swings, gradually letting the momentum build to full swings. The objective is to make multiple swings without losing your balance. If your balance is lost, stop and start over. Finish with 3-5 individual golf swings from your natural & athletic setup to reaffirm a balanced takeaway, smooth transition and a full finish.

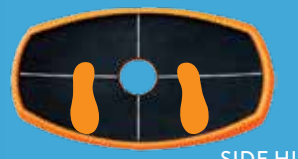
Approach Training



UPHILL



DOWNHILL



SIDE HILL BALL ABOVE



SIDE HILL BALL BELOW



Swing Inside The Sphere



Swing Inside The Sphere



Golf Course Lies

Purpose: Developing rhythm and balance from any lie angle. Take a stance anywhere within the Orange Peel. From your chosen stance, practice your normal swing to build rhythm and balance allowing you to be more consistent on the golf course when faced with a variety of lie angles.

Standard Position

Purpose: Naturally positioning you into a balanced athletic golf stance. Take your normal golf stance in the center of the Orange Peel with the white line bisecting your feet. Perform all of the above Orange Whip drills from this position.

Pitching/Chipping

Purpose: Positioning you into a proper short game setup. Take stance as illustrated, positioning the weight on the front foot. Practice your normal short game swing. The result is a proper angle of descent, creating distance control and greater overall accuracy.

Short Game Training

ORANGE WHIP WEDGE



ORANGE WHIP PUTTER



Train your hands

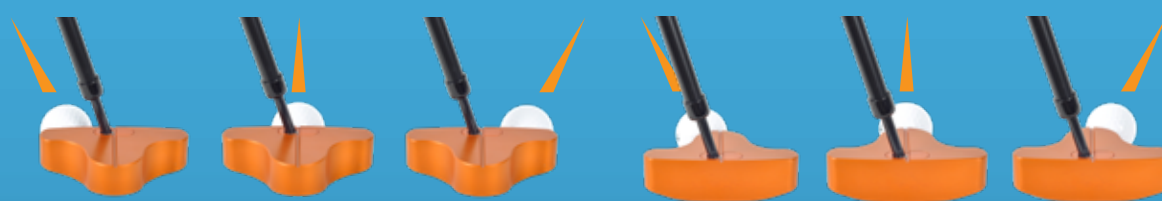
Begin by allowing the wedge or putter head to swing freely from your wrists, elbows, shoulders and body. The Orange Whip will help you find your sequence, rhythm and balance.



CORRECT

CORRECT

INCORRECT

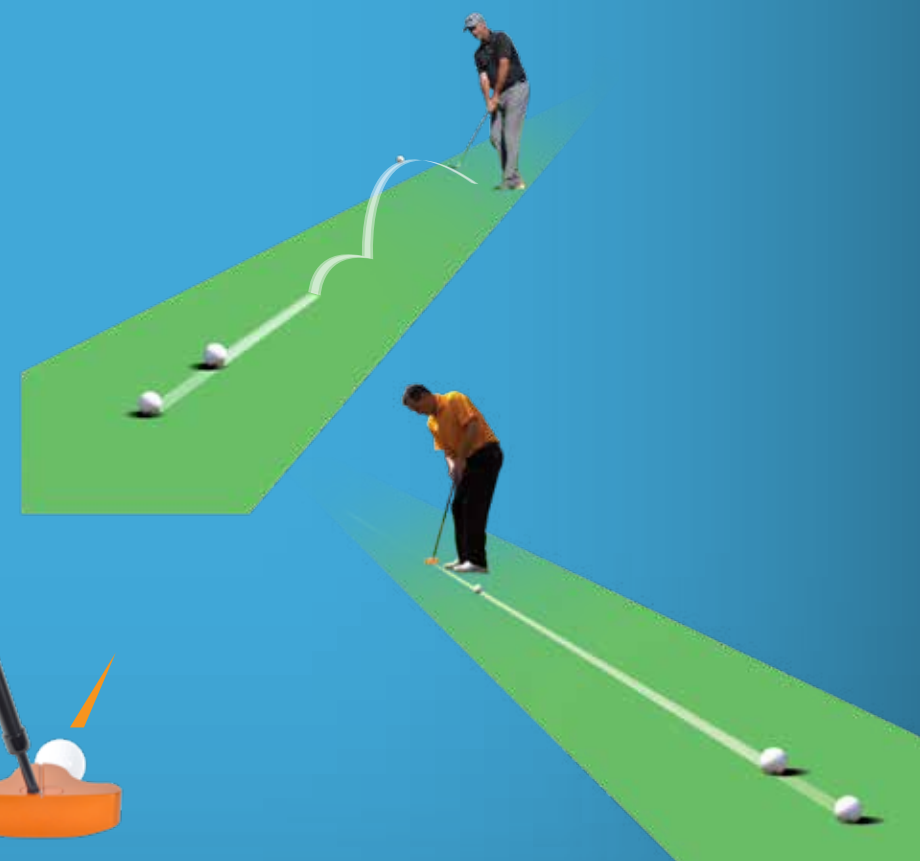


STANDARD POSITION

PRO POSITION

Impact training

Good rhythm and sequence leads to solid contact. Allowing the Orange Whip Wedge or Putter to load and unload at the correct time will help you make solid contact.



Distance training

Solid contact gives you the ability to control your distance. You will now be able to chip or putt your ball to a spot and predict the runout to leave your ball close to the hole.

For Instructional Videos, visit OrangeWhipGolf.com