

# NOURISHING MASKS



## GENTLE ROSE MASK

- 1 Infuse 1.5 tsp rose petals in 2 tsp hot water.
- 2 Combine 0.5 tsp of the infusion with 1.5 tsp kaolin clay and mix well.
- 3 Apply for 10 min and rinse.



## GLOW MASK

- 1 Mix 1.5 tsp spirulina clay with 0.5 tsp water.
- 2 Add contents of 1 capsule rosehip seed oil and mix well.
- 3 Apply for 10 min and rinse.



## EYE LIFT MASK

- 1 Mix 1.5 tsp red clay with 0.5 tsp water.
- 2 Add contents of 1 capsule pomegranate seed oil and mix well.
- 3 Apply for 10 min and rinse.



## CLEANSING GRAINS

- 1 Combine 1.5 tsp oats with 1.5 tsp kaolin clay.
- 2 Add 0.5 tsp water and mix well.
- 3 Massage in a circular motion and rinse.



## BODY-FIRMING MUD

- 1 Mix 1.5 tsp turmeric clay with 0.5 tsp water.
- 2 Add contents of 1 capsule tamanu oil and mix well.
- 3 Apply for 10 min and rinse.