

DELIGHTFUL DETAILS



#### HOW TO MEASURE YOUR SIZE:

#### Using a Sizing Belt

For an accurate measurement we recommend using one of our reusable ring sizing kits, if you don't already have one. Each kit contains an accurate ring sizing belt, a printed version of this document and a discount code for your next ring purchase.



To use a ring sizing belt, simply follow the instructions on the packet it came in. Your belt may use either the alphabetical (as above) or USA numerical sizing system: you can convert the size to another sizing system using the chart in this document.

Purchase a kit here: simonewalsh.com/ring-sizer

#### The Paper Method

Otherwise here's a less accurate method you can use right away if you're happy to take the risk. Ask someone to help you with it.

- Cut a strip of sturdy but flexible paper around 15cm (6") long and 0.5cm (0.25") wide.
- Wrap the paper around your finger and ensure it sits where you would normally wear a ring.
- Mark the spot where the the paper meets when you feel you have a comfortable fit.
- Measure the distance with a ruler which shows millimetres or fractions of inches.
- Use the ring size chart in this document to determine which is the closest size to your measurement.

#### Measuring From an Existing Ring

This is a great way to find your ring size (or to secretly find out someone else's size) and over the page we have a handy chart wth some instructions to help you do just that.

#### Visit a Jeweller

Most jewellers with physical stores will be happy to size your fingers. Make a note of the sizes they recommend for each finger and the system of measurement used so you can convert sizes if needed. You should these measurements rechecked periodically as your fingers may change size with weight changes, etc..

#### **RING SIZING TIPS:**

Generally speaking a well fitted ring should be fairly easy to get onto your finger, but somewhat harder to get off. Most importantly it should feel comfortable, but bear in mind it might take you a while to stop noticing a ring if you're not used to wearing one.

#### When to Measure

Finger sizes will change during the day and over longer timeframes. They will tend to be larger in the evenings and can be affected by hormones, weather, medication and more.

If your fingers seem to change size a fair bit or you want to be extra sure, then it's a good idea to measure multiple times at least over the course of a day to find the best size for you. Most importantly the size should feel comfortable later in the day or in the evening when you are feeling warm.

#### Larger Knuckles

If you have large knuckles don't forget that you'll need rings to slide over them. To take this into account you should also measure your knuckle and choose a size in between your finger size and knuckle size.

#### Wide Band Rings

If you're purchasing a ring which has a wide band (over 7mm or 0.27") you should go up half a size using numerical sizes or a full size in alphabetical/Wheat Sheaf sizes.

#### Larger or Smaller?

Your ring should fit your finger well enough so it won't fall off, but it should also be loose enough to fit over your knuckle without too much difficulty and to allow for changes in finger size each day. If you're between sizes or there is some difference in your size during the day then it's better to go for a slightly larger size than one that's too small, so you should err in that direction.

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# HOW TO MEASURE FROM AN EXISTING RING:

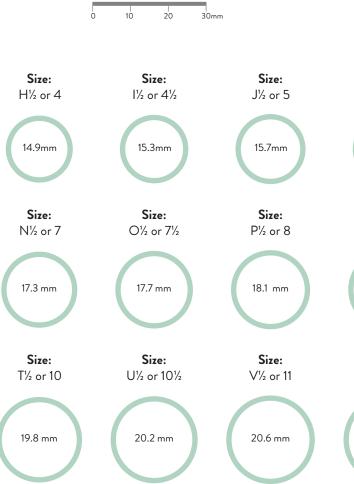
## What You Need

- This page printed correctly at 100% / full size.
- A ring which fits the finger you want to know the size of.

## Printing This Page Correctly

If you haven't received this document already printed, then you need to be sure to print it correctly for your measurement to be accurate. Here's how you do it:

- Before printing ensure that page scaling is set to 'none' or print size is set to 100% in your print settings.
- After printing use a ruler to measure the line below to check that is indeed 30mm (or 3cm) which will tell you that the printed size is correct.



## SHOPPING FOR RINGS:

Once you have a size that you're confident about, you can shop for rings - hooray! Visit <u>simonewalsh.com/rings</u> to find the perfect rings in silver, gold and gemstones.

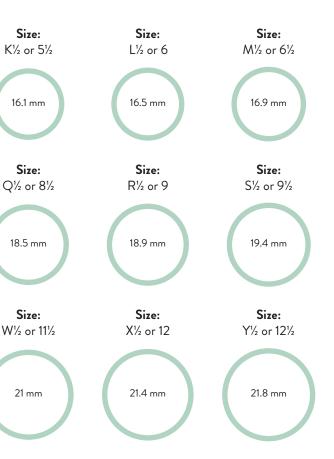
In our online store we list the most common sizes for women, but if your size is different you can select the 'custom' size option and enter your specific size during checkout. You can use either the alphabetical or US numerical system to give us your size.

Use the chart in this document to convert between different ring sizing systems.

### Measuring Your Ring

- Line up the inside of your ring with the inside of the circles below until you find a close match.
- Ideally none of the green circle should be visible on the inside of the ring: it's generally better to be slightly too large than slightly too small, but the closest possible match is best.
- The sizes shown below are both alphabetical (Australia, UK, etc.) and numerical (USA, Canada, etc). You can use either when placing your order for a Simone Walsh ring and most Australian jewellers should accept either as well.
- The measurements shown within each circle below are the inside diameter. The ring size chart in this document will show you the circumference size and size in inches if needed.

Note that only full alphabetical (or half US numerical) ring size increases are shown in the guide below. If your ring is mid-way between sizes, then check the ring size chart on the following pages to determine a more accurate size for your ring.





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## **RING SIZE CHART:**

Below is our ring size conversion chart. It shows sizes in diameter and circumference in both mm and inches. There is no difference between men's and women's ring sizes, so this chart applies to everybody.

We've included conversions for the numerical (USA), alphabetical (or Wheatsheaf) and European ring sizes. The alphabetical or Wheatsheaf system is used for Australian ring sizes, but most jewellers will also accept the USA numerical system. ISO sizes are used in some European countries, but these size numbers simply correspond with the millimetres of the internal circumference. Other European countries use a system where 40mm is deducted from the ISO size (so 44mm inside circumference is a size 4 in this system).

Note that measurements for different international ring sizing systems don't precisely align, so this chart shows a close equivalence across the different systems based on commonly used USA ring size measurements. These differences are tiny enough that they shouldn't affect your chosen ring size, no matter which sizing system you're using.

INSIDE DIAMETER:		INSIDE CIRCUMFERENCE:		RING SIZES:			
ММ	INCHES	MM (ISO SIZE)	INCHES	NUMERICAL (USA, CANADA, ETC.)	ALPHABETICAL (AUSTRALIA, UK, NZ, ETC.)	EUROPEAN (ISO MINUS 40MM)	
11.6 mm	0.458"	36.5 mm	1.438"	0			
11.8 mm	0.466"	37.2 mm	1.463"	1/4			
12 mm	0.474"	37.8 mm	1.488″	1/2	A		
12.2 mm	0.482"	38.4 mm	1.513″	3/4	A 1/2		
12.4 mm	0.49"	39.1 mm	1.539"	1	В		
12.6 mm	0.498"	39.7 mm	1.564"	11/4	B 1/2		
12.9 mm	0.506"	40.4 mm	1.589"	11/2	С	0	
13.1 mm	0.514"	41 mm	1.614"	1 3/4	C 1/2	1	
13.3 mm	0.522"	41.6 mm	1.639"	2	D		
13.5 mm	0.53"	42.3 mm	1.664"	2 1/4	D 1/2	2	
13.7 mm	0.538"	42.9 mm	1.689"	2 1/2	E		
13.9 mm	0.546"	43.5 mm	1.714"	2 3/4	E 1/2	3	
14.1 mm	0.554"	44.2 mm	1.74"	3	F		
14.3 mm	0.562"	44.8 mm	1.765"	3 1/4	F 1/2	4	
14.3 mm	0.562"	45 mm	1.77"	-	G	5	
14.5 mm	0.57"	45.5 mm	1.79"	3 1/2	G 1/2		
14.7 mm	0.578"	46.1 mm	1.815"	3 3/4	Н	6	
14.9 mm	0.586"	46.7 mm	1.84"	4	H 1/2		
15.1 mm	0.594"	47.4 mm	1.865"	4 1/4	I	7	
15.3 mm	0.602"	48 mm	1.89″	4 1/2	l 1/2	8	
15.5 mm	0.61"	48.7 mm	1.915″	4 3/4	J		
15.7 mm	0.618"	49.3 mm	1.941"	5	J 1/2	9	
15.9 mm	0.626"	49.9 mm	1.966"	5 1/4	К	10	
16.1 mm	0.634"	50.6 mm	1.991″	5 1/2	K 1/2		
16.3 mm	0.642"	51.2 mm	2.016"	5 3/4	L	11	
16.5 mm	0.65"	51.8 mm	2.041"	6	L 1/2		
16.7 mm	0.658"	52.5 mm	2.066"	6 1/4	M	12	
16.9 mm	0.666"	53.1 mm	2.091"	6 1/2	M 1/2	13	
17.1 mm	0.674"	53.8 mm	2.116"	6 3/4	N		
17.3 mm	0.682"	54.4 mm	2.141"	7	N 1/2	14	
17.5 mm	0.69"	55 mm	2.167"	7 1/4	0	15	
17.7 mm	0.698"	55.7 mm	2.192"	7 1/2	O 1/2		
17.9 mm	0.706"	56.3 mm	2.217"	7 3/4	Р	16	
18.1 mm	0.714"	56.9 mm	2.242"	8	P 1/2	17	
18.3 mm	0.722"	57.6 mm	2.267"	8 1/4	Q		
18.5 mm	0.73"	58.2 mm	2.292"	8 1/2	Q 1/2	18	

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INSIDE DIAMETER:		INSIDE CIRCUMFERENCE:		RING SIZES:		
ММ	INCHES	MM (ISO SIZE)	INCHES	NUMERICAL (USA, CANADA, ETC.)	ALPHABETICAL (AUSTRALIA, UK, NZ, ETC.)	EUROPEAN (ISO MINUS 40MM)
18.7 mm	0.738"	58.9 mm	2.317"	8 3/4	R	19
18.9 mm	0.746"	59.5 mm	2.342"	9	R 1/2	
19.2 mm	0.754"	60.1 mm	2.368"	9 1/4	S	20
19.4 mm	0.762"	60.8 mm	2.393"	9 1/2	S 1/2	21
19.6 mm	0.77"	61.4 mm	2.418"	9 3/4	T	
19.8 mm	0.778"	62.1 mm	2.443"	10	T 1/2	22
20 mm	0.786"	62.7 mm	2.468"	10 1/4	U	
20.2 mm	0.794"	63.3 mm	2.493"	10 1/2	U 1/2	23
20.4 mm	0.802"	64 mm	2.518"	10 3/4	V	24
20.6 mm	0.81"	64.6 mm	2.543"	11	V 1/2	
20.8 mm	0.818"	65.2 mm	2.569"	11 1/4	W	25
21 mm	0.826"	65.9 mm	2.594"	11 1/2	W 1/2	26
21.2 mm	0.834"	66.5 mm	2.619"	11 3/4	X	
21.4 mm	0.842"	67.2 mm	2.644"	12	X 1/2	27
21.6 mm	0.85"	67.8 mm	2.669"	12 1/4	Y	28
21.8 mm	0.858"	68.4 mm	2.694"	12 1/2	Y 1/2	
22 mm	0.866"	69.1 mm	2.719"	12 3/4	Z	29
22.2 mm	0.874"	69.7 mm	2.744"	13	Z 1/2	
22.4 mm	0.882"	70.3 mm	2.769"	13 1/4	Z1	30
22.6 mm	0.89"	71 mm	2.795"	13 1/2		31
22.8 mm	0.898"	71.6 mm	2.82"	13 3/4	Z2	
23 mm	0.906"	72.3 mm	2.845"	14		32
23.2 mm	0.914"	72.9 mm	2.87"	14 1/4	Z3	33
23.4 mm	0.922"	73.5 mm	2.895"	14 1/2		
23.6 mm	0.93"	74.2 mm	2.92"	14 3/4	Z4	34
23.8 mm	0.938"	74.8 mm	2.945"	15		35
24 mm	0.946"	75.4 mm	2.97"	15 1/4		
24.2 mm	0.954"	76.1 mm	2.996"	15 1/2		36
24.4 mm	0.962"	76.7 mm	3.021"	15 3/4		37
24.6 mm	0.97"	77.4 mm	3.046"	16		

## **SHOP FOR RINGS:**



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