



# MOBILE PATIENTLIFT

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PATIENTLIFT

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## Ascend & Go Patient Lift

User Manual

## **Introduction**

The Ascend & Go provides a safe and easy solution for a Carer wishing to transfer a Client. This Transfer Aid is very maneuverable and light to use.

## **Features & Benefits**

The Ascend & Go enables Users to participate in transfers, and therefore improving muscle tone. This product is ideal for transferring Users from room to room and hence, increasing the User's independence.

For those Users who can raise from a seated position to a standing position, the Ascend & Go Transfer Aid is ideal. The Carer will rotate the seat parts and the User then stands on the footplate provided. The Carer will then lower the seat flaps and the User can now sit back, have their legs supported by the knee brace and hold on to the horizontal bar in front of them, making them feel secure.

The 4 wheels, (2 of which are braked) enable this aid to be manoeuvred easily from room to room. The narrow width of this Aid enables the Carer to manoeuvre easily through standard doorways. The Transfer Aid can be wheeled directly up to a toilet, with wheels positioned either side of the W/C, offering the User more dignity. To sit down, the above process is reversed.

**Note:** Ascend & Go has adjustable width legs, enabling the Aid to be positioned around wider riser recliner armchairs.

## **Safety Precautions**

- Always wear appropriate footwear when operating the Ascend & Go.
- The User should not be left unattended whilst occupying the Ascend & Go.
- The User should not lean out of the Ascend & Go's footprint.
- Do not exceed the weight capacity of 185kg
- The castor brakes should always be applied except when the User is being propelled in the Ascend & Go.
- The Ascend & Go may not be suitable for all Users. A risk assessment should be carried out prior to use. The User must be able to bear weight.
- Not all accessories are suitable for the Ascend & Go and/or the user. A risk assessment should be done prior to use.
- A carer should always counterbalance the device whilst it is being used by a User.
- If used with a wheelchair, then the wheelchair brakes should be applied and the legrests removed prior to operation.
- Do not tilt or lever the device during use. All 4 castor wheels should be in contact with the ground at all times.
- The unit is designed for indoor use and should only be used on a level surface.

## **General Operation – Transferring to**

### **the Ascend & Go**

1. Position the Ascend & Go close to the User requiring transport.
2. Spread the legs on the Ascend & Go to give greater stability. Do this by pushing down on the pedal below.



3. Apply the brakes on the rear castors, by pressing down on the locking tab.



4. Flip up the Seat Pads so the User can occupy the Ascend & Go.



5. The User's feet should be positioned on the footplate. The User should then grasp the hand rail. Using the assistance from the handrail, the User should now be able to stand and push the front of their lower legs against the knee pad.



6. Once the User is fully stood, the Seat Pads should be lowered so that the User can perch on them. Once the User is secure, release the castor brakes by pushing up on the locking tab. The carer can then move the Ascend & Go using the push handles as shown below.



## **General Operation – Transferring**

### **From the Ascend & Go**

1. Position the Ascend & Go close to the seat or bed.
2. Spread the legs on the Ascend & Go to give greater stability. Do this by pushing down on the pedal below.



3. Apply the brakes on the rear castors, by pressing down on the locking tab.



4. Ask the User to stand up using the Hand Rail as assistance. Lift up the Seat Pads.



5. The User can now slowly lower themselves in to the seat using the Hand Rail for assistance. The carer should hold the Ascend & Go with by the push handles during this operation.



6. The User should now remove their feet from the footplate and the carer can remove the Castor Brakes. The Ascend & Go can now be wheeled away for storage.

## **Using the Ascend & Go with a Bed**

The Ascend & Go can be used to aid a User getting out of bed.

1. Position the User as shown below so they are facing the Ascend & Go and sat on the bed with their feet on the floor.



2. Spread the legs if required and get the User to place their feet on the footplate. Flip up the Seat Pads and apply the Castor Brakes.



3. The User should grab the Hand Rail with both hands and use this to assist them with standing as shown below:



4. Once the User is fully stood up, the carer should flip down the Seat Pads and user can then perch on the pads.



5. The carer can then remove the brakes and propel the Ascend & Go including the User to their destination.

***Also refer to the sections on General Operation for detailed operating instructions.***



## Using the Ascend & Go with a Chair

The Ascend & Go can be used to aid a User getting out of a chair, commode, toilet or wheelchair. If used with a wheelchair, then the wheelchair brakes should be applied and the legrests removed prior to operation.

1. Position the User as shown below so they are facing the Ascend & Go with their feet on the floor.



2. Spread the legs if required and get the User to place their feet on the footplate. Flip up the Seat Pads and apply the Castor Brakes.



3. The User should grab the Hand Rail with both hands and use this to assist them with standing as shown below:



4. Once the User is fully stood up, the carer should flip down the Seat Pads and user can then perch on the pads.



5. The carer can then remove the brakes and propel the Ascend & Go including the User to their destination.

***Also refer to the sections on General Operation for detailed operating instructions.***

## **Sling Attachment**

Sling and transfer belt attachments are provided for Users who require extra support.

Such compatible accessories can be attached by using the slotted bracket on the accessory as shown below:



*Note: Not all accessories are suitable for the Ascend & Go and/or the user. A risk assessment should be done prior to use. Climbing Steps accepts no liability for damage or injury as a result of third-party accessories being used.*

## **Knee Pad Adjustment**

The Knee Pad on the Ascend & Go can be adjusted for height and angle.

To adjust the angle, loosen the two dome head nuts with a spanner on both sides of the frame (as shown below). Reposition the Knee Pad to the required angle and then retighten the nuts using the spanner.



To adjust the height of the Knee Pad, loosen the four screws with an allen key (as shown below). Reposition the Knee Pad to the required height then retighten using the allen key.



## **Specifications**

| <b>Specification</b>            | <b>Ascend &amp; Go</b>      |
|---------------------------------|-----------------------------|
| Overall Length                  | 82cm                        |
| Overall Height                  | 106cm                       |
| Overall Width                   | 53cm                        |
| Knee Pad Measurements           | 39cm (w) x 26cm (h)         |
| Knee Pad Height from Base Plate | 25-49cm                     |
| Handle Height (from base)       | 90cm                        |
| Seat Height (from floor)        | 62cm (bottom)<br>67cm (top) |
| Chassis Length                  | 87cm                        |
| Chassis Width (front)           | 52cm                        |
| Chassis Width (back)            | 50cm                        |
| Chassis Width (internal)        | 49-76cm                     |
| Plain Castors (front)           | 7.5cm                       |
| Brake Castors (back)            | 7.5cm                       |
| Maximum User Weight Limit       | 185 Kg                      |



## Servicing and Maintenance

### **Cleaning:**

It is recommended that the Ascend & Go is cleaned daily as a minimum.

The device is cleaned down with a damp cloth using mild detergent and/or disinfectant. For example, a mild chloride disinfectant (solution of 10,000 parts per million) can be used. Excess water is then removed from the device using a towel or a compressed air tool. The device is then placed in a suitable environment to fully dry.

*Please note that the polyurethane blue seat pads should not be cleaned with a chlorine solution.*

**Caution:** If a hot air dryer is used to dry the equipment, the temperature must not exceed 80°C (176°F). Do not use petroleum based solvents or similar, since this may damage plastic parts.

The device is not suitable for cleaning in an autoclave.

### **Servicing:**

It is recommended that the device is inspected annually by a competent person.

The Ascend & Go transfer aids are designed for minimal maintenance.

## **Weekly Checks:**

The following weekly checks are recommended:

- Check the brakes and the secure fixing and manoeuvrability of the castors.
- Check that the transfer aid is stable, i.e. all four castors are touching the floor.
- The Seat and Knee Pads are secure and not loose or damaged.
- The Castor Wheels rotate and swivel freely.
- Check that all fasteners are secure and not corroded or damaged
- Check that the leg adjustment mechanism operates smoothly and is not loose.

If any of the checks highlight a problem with the device, do not until the problem has been addressed.

## Warranty

The Ascend & Go comes with a one year manufacturer's warranty to cover design and manufacturing defects.

This does not include accidental damage, damage as the result of misuse and/or wear and tear.

Please contact Climbing Steps for full warranty conditions.

This does not affect your statutory rights.