



## **THE WONDERS OF AUSTRALIA'S MOST SUSTAINABLY PRODUCED TEA TREE OIL**



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The Wonders of Australian Certified  
Organic Tea Tree Oil

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# INTRODUCTION

The Wonders of Australian Certified  
Organic Tea Tree Oil

Tea tree is an ancient medicinal plant indigenous to Australia with a rich and fascinating history.

There are more than 50 varieties of *Melaleuca* and *Leptospermum* shrubs and trees in the Australian landscape that are commonly referred to as Tea tree, however, the variety that is best known world wide for its potent antiseptic and healing qualities and high oil content, is *Melaleuca alternifolia*.

What many people don't know, it that *Melaleuca alternifolia*, is endemic to

only a small area of South Eastern Queensland and Northern New South Wales, Australia. A warm climate, where it grows wild on low lying swamp lands and the edge of fresh water lakes, where the dark tannins in the plants leaves produces a rich 'tea like 'tint to the water.

**The traditional Bundjalung people revered these tea tree lakes highly for their healing and 'protective 'effects and reserved them for women only, as sacred places used for child birth and sacred ceremonies.**





It is said that the common name “Tea Tree” was named by Captain James Cook after he first observed the Bundjalung people use the leaves to prepare a healing tea to assist with coughs and colds. His men began to use the leaves to make this tea and later used it to brew a type of beer. During this time it was also observed that the aboriginal people infused the leaf in hot water and inhaled the steam to assist with illness and applied the leaves directly on wounds as a poultice for healing.

Later in the 1920s, a man by the name of Arthur Penfold, began some clinical studies of *Melaleuca alternifolia*, evaluating that the antimicrobial activity was rated 11-13 times more active than phenol, the common antiseptic of the day used for surgical wounds. It was also found to be more gentle on the skin and therefore safer to use. This finding soon gave birth to the Australian Tea Tree Industry. The leaves were harvested by hand in the wild and on-site bush stills were set up to gently distil the oil at a low pressure.

**It is said that in World War II, all Australian troops had a bottle of Tea Tree Oil in their first aid kits to use as an antiseptic and aid the speedier recovery of wounds.**





As word spread across the globe of the powerful effects of this Australian oil, the industry became larger and in the 1970s & 1980s the first crude mechanical harvesting and distillation equipment emerged and soon became common place. This allowed for faster, high pressure distillation in order to keep up with demand. In addition to this, plantations began relying more heavily on chemical fertilisers, herbicides and pesticides and flood irrigation to allow for the management of larger broad acre farms.

The artisan bush stills of the 1920s were all but phased out, except for a few small farms in the Bundjalung area who wished to uphold the traditional distillation methods with the belief that it produced a far superior essential oil.

One such farmer was Arthur Brown. He began farming tea tree in the late 1970s after leaving his desk job at a bank in Sydney, to pursue a healthier lifestyle farming the land. He observed that if you grow Tea Tree on a small scale, in its native environment, surrounded by healthy pristine bushland, you need very few inputs and can produce a premium essential oil organically. Living without electricity and wanting to make his oil in as sustainable a way as possible, he began to distill the tea tree using the traditional methods of low pressure wood-fire steam distillation. It was still known among locals that this produced the best quality Tea tree oil, allowing for more of the plants natural compounds to shine through. Not only did it smell different, with much sweeter botanical mid notes, but many reported it feeling a lot more gentle on the skin than bulk conventionally produced oil.

Fast forward to the present day and Tea Tree is now one of the most scientifically researched pure essential oils in the world. Clinical research has revealed it to be effective as an antibacterial, anti fungal, anti viral and anti-inflammatory and more studies are always being done.

The clinical use of tea tree oil is described in monographs published by the World Health Organisation, British Pharmacopoeia and The Pharmaceutical Society of Great Britain (Martindale) and ESCOP (2009). For a detailed list of studies visit the Australian Tea Tree Industry Association website at **[www.teatree.org.au](http://www.teatree.org.au)**.



# THE BIRTH OF

Olive Gap Organic Farm

Arthur Brown went on to produce Tea tree for almost 40 years on his small farm on the edge of Bundjalung National Park. Later in 2001, he became one of the first Tea Tree farms in Australia to become certified organic with Australian Certified Organic (ACO). Now in his mid 80's, and still running long distance marathons, he decided it was time to retire. To make time for more running!

That's where we come in. Siblings Alex & Tess, who had grown up as neighbours to Arthur, heard he was preparing to move on and decided to buy the farm together. Inspired by Arthurs knowledge and craftsmanship, along with their partners Tara & Nina, the four young farmers set out to continue the tradition of producing artisan certified organic tea tree essential oil.

Arthur decided to stay on for another two years as a mentor, sharing all he'd learnt from his years of experience.

In 2017 the farm was officially named Olive Gap Organic Farm, after the local landmark *Olive Gap*. 'Since 2001' was added to the logo in honour of Arthur for his dedication to honing his craft and sharing his passion for farming sustainably, in a way that is nourishing to both people and the land. Integrating ideas other farming practices such a permaculture, biodynamics and regenerative agriculture, Olive Gap Organic Farm has now become a beautiful fusion of farming practices, both old and new.



# TEA TREE

## Essential Oil Uses

Aside from its best known use as a natural antiseptic, Tea Tree Oil has a huge variety of uses to inspire a healthy body, lifestyle & home!

Did you know... that Tea tree oil is one of the top 5 most widely used essential oils in the world? Funnily enough, despite its popularity, many people only know a few ways in which to use it. So here's a whole bunch of ways to get the most out of your tea tree!

### **With Tea tree you can:**

- Naturally reduce the amount of chemicals used on your body and home
- Reduce the use of single use plastics
- Save you money on expensive eco products that use tea tree as their active ingredient by making it yourself!

### **A few recommended things to help you get started**

- **Certified Organic Tea tree Oil** (*Olive Gap Organic Farm 15ml*)
- **A couple of reusable amber glass bottles** (*250ml & 500ml recommended with spray nozzles*).
- **A few small reusable glass tubs or jars** (*to store mixtures you'd like to use later*).

*Don't store Tea tree in plastic as it can break down over time and eat away at the plastic. Amber is best as it blocks out sunlight, but any glass kept in a cupboard will do.*

You can purchase the above from our website [www.olivegapfarm.com.au/shop](http://www.olivegapfarm.com.au/shop).





*it's easy!*

Nothing complicated here! Most recipes use every day ingredients you hopefully already have in your home such as:

- A carrier oil of your choice such as olive, coconut, almond, jojoba or hemp seed oil.
- Bicarb soda
- White vinegar
- Aloe gel, fresh from the garden or in a tube
- Lemon juice
- Honey
- Coffee grounds, sugar or oats
- Bentonite clay, Shea butter, Arrowroot powder (*all optional*)

*\*Some people can be sensitive to Tea Tree, so always spot test skin prior to use. We are not claiming to cure any conditions, so always seek advice from a trained medical professional if you are seeking assistance. It is not recommended to use internally. Amounts of essential oils are a guide and do not take into account individual circumstances.*

# HAIR, FACE & BODY



HAIR, FACE, & BODY



# FACE MASK



## Ingredients

- Bentonite Clay
- Aloe Vera (fresh or in gel form)
- Tea Tree Essential Oil



## Equipment

- Bowl
- Washer
- Warm Water
- Small tub to store excess



## Time

- 15 min

HAIR, FACE, & BODY

## Directions:

1. Combine 1 tablespoon on bentonite clay, a squirt of aloe gel and 2-4 drops of tea tree.
2. Apply to face after cleansing, Leave for 10min.
3. Wash off with warm water and washer.
4. You can also add a small amount to blemishes in the evening and leave on overnight.



# FACE WASH



HAIR, FACE, & BODY



## Ingredients

- Face wash of your choice
- Tea Tree Essential Oil



## Equipment

- None



## Time

- 1 min

## Directions:

1. Add a couple of drops of TTO to any face wash you already have to aid acne and blemishes.
2. Wash off as per usual .

# FACE EXFOLIATOR



## Ingredients

- Organic extra virgin coconut oil
- Sugar / Coffee Grounds
- Tea Tree Essential Oil



## Equipment

- Medium sized bowl
- Small jar for left overs



## Time

- 5 min

HAIR, FACE, & BODY

## Directions:

1. Combine 1/2 cup organic coconut oil, 1/4 cup sugar or coffee grounds and 10 drops organic tea tree essential oil in a glass bowl.
2. Place into jar for storage and keep in the bathroom.
3. Use a small amount after cleansing to gently exfoliate the skin and rinse off.

# FACIAL STEAM



HAIR, FACE, & BODY



## Ingredients

- Warm/ hot water
- Tea Tree Essential Oil



## Equipment

- Kettle / pot for heating water
- Tea Tree Essential Oil



## Time

- 5 min

## Directions:

1. Add 4-6 drops into a bowl of hot water.
2. Cover head with a towel and carefully lean over the bowl to steam the face (check temperature for safety first)
3. Can be used before a scrub or mask to open pores and cleanse the skin



# FACE EXFOLIATOR II



## Ingredients

- Ground oats
- Lemon Juice
- Honey
- Tea Tree Essential Oil



## Equipment

- Small / Medium mixing bowl



## Time

- 15-20 min

HAIR, FACE, & BODY

## Directions:

1. In a small bowl mix together ground oats, lemon juice, honey, and tea tree oil.
2. Apply to face to create a mask.
3. Leave on the skin for 10-15 minutes.
4. Remove the mask with cold/warm water and a washcloth..

# BLEMISHES



HAIR, FACE, & BODY



### Ingredients

- Tea Tree Essential Oil



### Equipment

- None



### Time

- 5 min

### Directions:

1. Apply neat to pimples and blackheads (test skin first) or mix with a small amount of carrier oil or Aloe Gel and apply to blemishes



# DEODORANT



## Ingredients

- Extra Virgin Coconut Oil
- Shea Butter
- Arrowroot Flour
- Baking Soda
- Tea Tree Essential Oil



## Equipment

- Medium sized mixing bowl
- Jar, tin or reusable deodorant tube for storage.



## Time

- 5 min

HAIR, FACE, & BODY

## Directions:

1. Combine 3 Tbsp of Coconut Oil with 3 Tbsp Shea Butter, ¼ cup Arrowroot Flour and 1 ½ cup Baking Soda in a bowl.
2. Mix into a paste and put in desired storage containers.
3. Apply to the underarms as needed to reduce perspiration and deodorise.

# DEODORANT II



## Ingredients

- Carrier oil of your choice
- Tea Tree Essential Oil



## Equipment

- None



## Time

- 1 min

## Directions:

1. Add a few drops to a small amount of carrier oil and simply wipe on.



# DANDRUFF



## Ingredients

- Shampoo of your choice
- Tea Tree Essential Oil



## Equipment

- None



## Time

- 1 min

HAIR, FACE, & BODY

## Directions:

1. Add 3-4 drops to your regular shampoo in your palm, gentle massage into the scalp.
2. Leave on for 1 minute before rinsing out. Tea tree is known to leave the hair

more shiny, assists with a dry itchy scalp and improves scalp health which encourages healthier growth..

# AFTER SHAVING OR WAXING



HAIR, FACE, & BODY



## Ingredients

- Moisturiser of your choice / Aloe Vera / Carrier oil
- Tea Tree Essential Oil



## Equipment

- None



## Time

- 2-3 min

## Directions:

1. Add 2-3 drops to a moisturiser, aloe vera or carrier oil to use as a post shaving treatment to unblock hair follicles and prevent ingrown hairs.
2. In the case where ingrown hairs have already occurred, apply neat to the area or with a small amount of carrier oil and leave.



# HEALTH & WELLBEING

HEALTH & WELLBEING



# CUTS & WOUNDS



## Ingredients

- Carrier oil of your choice (optional)
- Tea Tree Essential Oil



## Equipment

- None



## Time

- 1 min

## Directions:

1. Apply neat or add to a small amount of carrier oil or water to dilute and disinfect wounds, cuts and scrapes. It is an effective antiseptic for anything that

needs to remain clean, such as new piercing's, tattoos and minor surgery.



# DIFFUSE



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Room diffuser of your choice



## Time

- 1 min

## Directions:

1. Add 4-5 drops of tea tree oil to your favourite diffuser to refresh, revitalise and conjure the essence of the Australian bush.

# COLDS & FLU



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Medium bowl
- Jug / pot for heating water



## Time

- 5 min

## Directions:

1. Add 4-6 drops of tea tree oil to a bowl of warm/hand hot water.
2. Cover head with a towel and breath the steam in slowly to help relieve respiratory congestion or clear out the sinuses.

# SINUS FLUSH



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Netty pot



## Time

- 4 min

## Directions:

1. Add 1 drop to a netty pot of slightly warm water to flush the sinuses.
2. Repeat on other nostril.



# FUNGAL FOOT CONDITIONS



## Ingredients

- Carrier oil of your choice
- Tea Tree Essential Oil



## Equipment

- Small mixing bowl / container for storage



## Time

- 3-15 min

## Directions:

1. Mix approx 10 drops with 15ml of carrier oil.
2. Apply all over the foot and in between the toes twice daily.
3. Can also add a few drops to a warm bath or foot basin and soak for 10-15min. Used for its anti fungal properties in the treatment of athlete's foot, ingrown toenails, tinea and jock itch

# ACHES & PAINS



## Ingredients

- Carrier oil of your choice
- Tea Tree Essential Oil



## Equipment

- Small bowl or squeeze tube for storage (plastic okay if not stored long term)



## Time

- 3-30 min

## Directions:

1. Add 4-8 drops into a warm bath or
2. Apply 3-4 drops to a carrier oil like coconut, jojoba or similar and massage into sore areas. Used for its anti-inflammatory properties.

# SORE THROAT



## Ingredients

- Regular mouth wash / warm water
- Tea Tree Essential Oil



## Equipment

- Glass



## Time

- 1-2 min

## Directions:

1. Add a few drops of tea tree oil to some warm water or a regular mouth wash
2. Gargle for 1-2 min to sooth a sore throat. Do not swallow.



# ORAL CARE



## Ingredients

- Warm water
- Sea salt
- Tea Tree Essential Oil



## Equipment

- Glass



## Time

- 1-2 min

## Directions:

1. To assist sore or reseeding gums add a few drops of tea tree oil to warm water and sea salt and gargle.

# HEAD LICE



## Ingredients

- Conditioner of your choice
- Tea Tree Essential Oil



## Equipment

- Small mixing bowl
- Shower cap
- Wide tooth comb
- Nit Comb
- High proof alcohol (optional)



## Time

- 20-30 min

## Directions:

- 1. HAIR:** Start by washing your hair and applying a generous amount of conditioner mixed with 10-15 drops of Tea Tree Oil.
- 2.** Cover head with a shower cap and allow it to soak in for 15min.
- 3.** Remove cap and comb wet hair through with a regular wide toothed comb to smooth and detangle.
- 4.** Once hair is tangle-free, use a fine-tooth nit comb to drag through the hair, starting at roots and touching scalp to remove eggs and lice.
- 5. BEDDING:** Add 10 drops of Tea Tree to your washing machine to assist with killing head lice on towels and sheets.
- 6. COMBS:** Soak combs and brushes in a solution of tea tree, 190 proof vodka or pure alcohol and water.

# PERSONAL HYGIENE



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Bath



## Time

- 10-20 min

## Directions:

1. Add 6-8 drops to a bath to cleanse & deodorise the whole body.



# CANDIDA



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Bath



## Time

- 10-20 min

## Directions:

1. Add 6-8 drops to a bath to help prevent and relieve candida and vaginitis.

# STINGS & BITES



## Ingredients

- Carrier oil of your choice
- Tea Tree Essential Oil



## Equipment

- Small mixing bowl
- Container for storing excess



## Time

- 1 min

## Directions:

1. Apply neat or mix with a carrier oil like coconut oil or jojoba.
2. Apply to stings and bites to soothe and disinfect.

# INSECT REPELLENT



## Ingredients

- Witch Hazel
- Water
- Tea Tree Essential Oil
- Vanilla Extract (optional)
- Neem Oil (optional)



## Equipment

- 250ml Spray Bottle



## Time

- 1-5 min

## Directions:

1. Combine 120ml Witch hazel, 120ml Water and 30 drops of Tea tree oil in a 250ml spray reusable spray bottle.
2. Add 1 teaspoon of vanilla extract / and or 1 tsp Neem oil (optional).
3. Shake to combine before use.
4. Spray on skin and/or clothes to help repel mozzies and other insects.





### Ingredients

- Water
- Tea Tree Oil



### Equipment

- Reusable spray bottle



### Time

- 5-10 min

### Directions:

1. Add a few drops to the water when bathing pets to help prevent fleas and remove smells and germs.
2. Also, combine water and 6-10 drops of Tea Tree Oil in a spray bottle and spritz bedding, couches and other soft furnishings.
3. Apply to coats to treat fleas and mites. Tea tree is also known to help improve the shine of your pet's coat.
4. HORSE CARE: Dilute larger amounts in a 1 litre pressure spray bottle to treat Queensland itch or fungal conditions. (As with humans, always test your pets skin prior to use.)

# STYES



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Medium bowl
- Towel



## Time

- 5 min

## Directions:

1. Add 3-5 drops of tea tree to a bowl of hot water and steam the face for approximately 5 minutes.

# COLD SORES



### Ingredients

- Carrier oil of your choice
- Tea Tree Essential Oil



### Equipment

- Small tub to store excess



### Time

- 1 min

HEALTH & WELLBEING

### Directions:

1. Gently apply a few drops of tea tree oil to a cotton swap and apply topically twice daily. Can also add to a carrier oil and keep on hand in a small container.



# WARTS



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Tub or bowl for soaking



## Time

- 5 min

## Directions:

1. Soak affected area in warm water to relax the skin.
2. Dry area and apply tea tree topically.
3. Repeat twice daily

# COLD SORES SUNBURN



## Ingredients

- Aloe Vera (fresh or gel)
- Vitamin E Oil (optional)
- Tea Tree Essential Oil



## Equipment

- Small bowl or container for storing excess



## Time

- 3-5 min

## Directions:

1. Mix a few drops of tea tree with aloe vera gel or Vitamin E oil and apply to mild sunburn.
2. Soaking in a bath with a few drops of tea tree oil can also soothe the skin and help avoid blistering or peeling.



# ECO HOME





# MULTIPURPOSE CLEANER



## Ingredients

- White Vinegar
- Water
- Bicarb Soda (optional)



## Equipment

- 500ml reusable spray bottle



## Time

- 2-5 min

ECO HOME

## Directions:

1. Combine 350ml of warm water with 100ml of white vinegar and 10-15 drops of certified organic Tea Tree Oil.
2. Use to wipe over all surfaces to disinfect, clean and deodorise.
3. For tough stains, sprinkle a small amount of bi-carb soda to the area, apply the spray and gently scrub.
4. Shake before each use to combine (Be careful of using vinegar on marble or granite, as it may damage the stone).
5. Extra strong version: Add 1 cup of bi-carb soda, 1/4 cup of 190 proof vodka or pure alcohol and 15 drops of Tea Tree Oil..

# HAND SANITISER



## Ingredients

- High Proof Alcohol
- Aloe Vera (fresh or gel)
- Tea Tree Essential Oil
- Vitamin E Oil (optional)



## Equipment

- Mixing bowl
- Pump or squirt bottle for storage (plastic okay if short term)



## Time

- 5 min

## Directions:

1. Combine 100ml of 90% + alcohol (190 proof vodka works great or isopropyl rubbing alcohol) with 30-40ml of Aloe Vera Gel and 30 drops of Tea Tree essential oil.
2. Mix together and put in a pump or squirt bottle.
3. You can add 1/4 teaspoon of Vitamin E Oil to make it softer on the skin.

# ANTIBACTERIAL SOAP



## Ingredients

- Liquid soap of your choice
- Tea Tree Essential Oil



## Equipment

- Pump or squirt bottle for storage



## Time

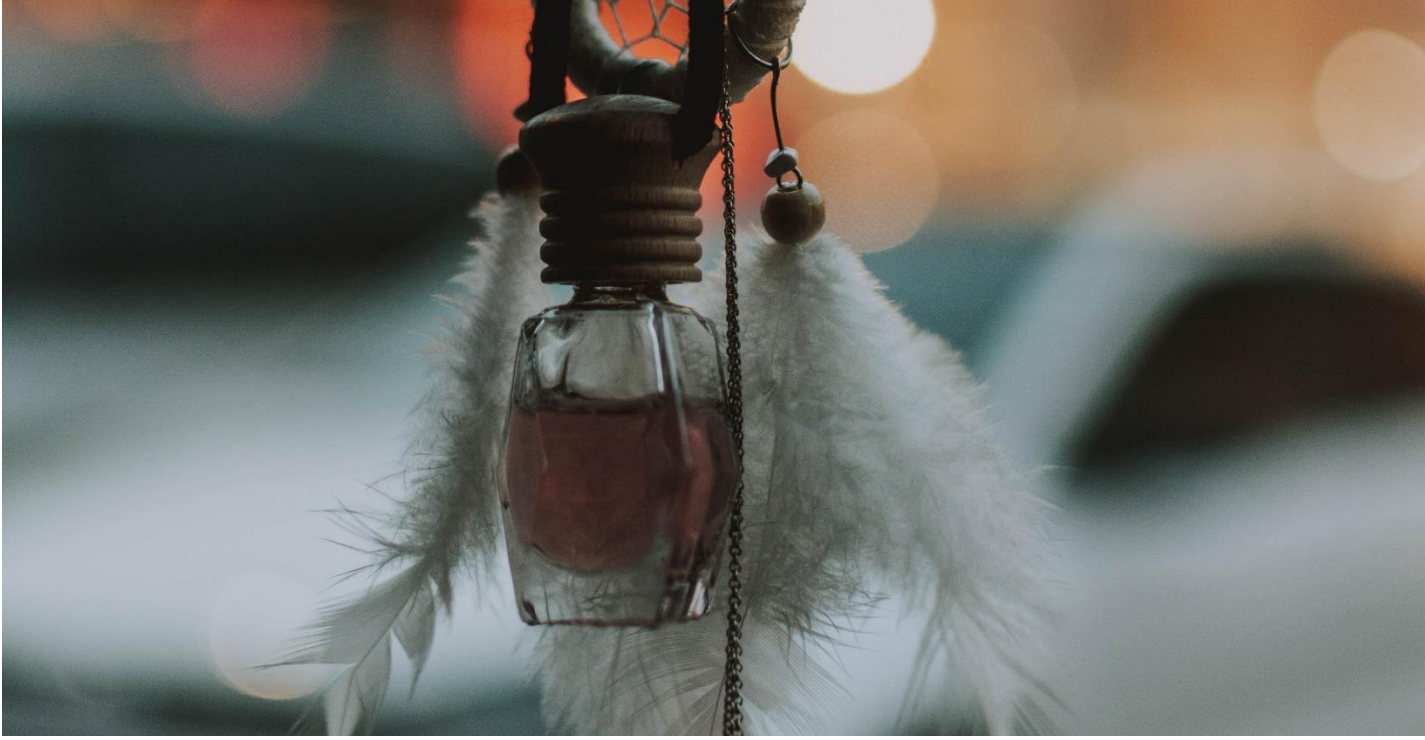
- 1 min

## Directions:

1. Add 15 - 20 drops of tea tree oil to any regular chemical free liquid soap to kill 99% of household bacterial on contact.



# AIR FRESHENER



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Diffuser of your choice



## Time

- 1 min

## Directions:

1. Add a few drops of tea tree oil to an oil diffuser to purify the air naturally. It kills germs in the air and deodorises the room with a scented boost.

# WINDOW CLEANER



## Ingredients

- White Vinegar
- High Proof Alcohol or Metholated Spirits
- Water
- Tea Tree Essential Oil



## Equipment

- Reusable spray bottle
- Newspaper



## Time

- 3-5 min

## Directions:

1. For a natural glass cleaner that smells amazing and doesn't leave a fog combine 100ml of white vinegar, 100ml 190 proof vodka or high proof alcohol, 300ml of water and 10-15 drops of Tea

Tree Oil in a 500ml reusable spray bottle.

2. Shake to combine before use.
3. Spray on windows and dry with reused newspaper.

# MOLD



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Tub or bowl for soaking



## Time

- 5 min

## Directions:

1. Combine water and 10 drops of Tea Tree oil in a spray bottle.
2. Shake the bottle to keep combined, and spot treat existing areas of mold.
3. Leave for a few minutes and wipe away.
4. To prevent mold and mildew, simply spray to apply where needed. The multipurpose spray also works for this.



# FABRIC SOFTENER



## Ingredients

- White Vinegar
- Bicarb Soda
- Tea Tree Essential Oil



## Equipment

- Large jar for mixing and storing in laundry



## Time

- 3-5 min

## Directions:

1. In a reusable glass container or jar combine approximately 6 cups vinegar and 1 cup baking soda.
2. Allow to fizz and settle.
3. Add 10-15 drops of Tea Tree oil.
4. Add the fabric softener section of your washing machine as a homemade antibacterial fabric softener.

# CLOTH NAPPY & BABY CLOTHES SOAK



## Ingredients

- White Vinegar
- Water
- Tree Essential Oil



## Equipment

- Bucket for soaking



## Time

- 3-5 min

## Directions:

1. Add 2 cups of white vinegar and 8-10 drops of Tea Tree Oil to a bucket or basin of warm/hot water.
2. Soak cloth nappies and anything needing deep cleaning or deodorising.

# FLOOR CLEANER



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Mop & Bucket



## Time

- 1 min

## Directions:

1. Add 8-10 drops to a bucket of warm water to mop floors, remove stains, deodorise and disinfect the whole surface.



# VACUUMING



## Ingredients

- Tea Tree Essential Oil



## Equipment

- Vacuum Cleaner



## Time

- 1 min

## Directions:

1. Add a few drops to your vacuum cleaner bag or chamber to reduce odours and purify the air.

# KITCHEN SPONGES



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Kitchen sink



## Time

- 1 min

## Directions:

1. Apply a few drops to your kitchen sponges and cloths to freshen up and disinfect.
2. Give them a good soak in the sink once a week with warm water and 4-6 drops of tea tree oil.
3. Leave for approx 10min for a deep clean and to remove odours.



# DISHWASHER



## Ingredients

- Multi Purpose Cleaner
- White Vinegar
- Tea Tree Essential Oil



## Equipment

- Spray bottle



## Time

- 1-3 min

## Directions:

1. Add 3-4 drops of Tea tree oil with 1/4 cup of white vinegar to the rinse aid in the dishwasher to disinfect and clean.
2. Spray the multi-purpose cleaner inside the dishwasher about 10min before putting on a load to get rid of any grim build up



# FRIDGE



## Ingredients

- Bi carb soda
- Warm water
- Tea Tree Essential Oil



## Equipment

- Glass bowl
- Sponge or paper towel



## Time

- 3-5 min

## Directions:

1. Add 4-5 drops to a bowl of warm water and wipe through fridge weekly.
2. Use neat to remove any mold or built up scum. It naturally deodorises any bad smells.
3. For excessive smells, place a small bowl of water with bicarb soda and a few drops of tea tree oil on the bottom shelf to eliminate odours. Keep subtle as not to affect food.

# REMOVE LABELS



## Ingredients

- Warm water
- Tea Tree Essential Oil



## Equipment

- None



## Time

- 1-3 min

## Directions:

1. Add a few drops to stickers to remove labels easily on jars so you can reuse them.
2. For persistent ones, add a few drops to warm/hot water in the sink and soak for a few minutes before removing.

# PERMANENT MARKER



## Ingredients

- Tea Tree Essential Oil



## Equipment

- Old rag or paper towel



## Time

- 1 min

## Directions:

1. Add a few drops neat to a rag or paper towel to remove permanent marker from plastic tags or other places it shouldn't be.



# CHEWING GUM



## Ingredients

- Tea Tree Essential Oil



## Equipment

- Butter knife



## Time

- 1 min

## Directions:

1. Add a few drops neat to unstick chewing gum from surfaces.
2. Use a butter knife to scrape up if needed.

# TOOTHBRUSHES



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Small glass or bowl



## Time

- 1-5 min

## Directions:

1. Add a few drops of tea tree oil to your toothbrush after each use.
2. For a weekly clean, soak in a bowl of warm water for 5 min to disinfect toothbrushes.

# ORAL RETAINERS



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Small glass or bowl



## Time

- 3-5 min

## Directions:

1. For plates, mouth guards or retainers add a few drops on your toothbrush with regular or herbal toothpaste and gently brush daily to kill germs and keep your mouth fresh.
2. Soak them weekly in a bowl of water or glass with a few drops of tea tree oil to give them a deeper clean and deodorise.



# GARDEN & FLOWER CARE



# VASES & BUCKETS



## Ingredients

- Biodegradable washing detergent
- Warm Water
- Tea Tree Essential Oil



## Equipment

- Clean sponge



## Time

- 3-5 min

## Directions:

1. Add 1-2 drops of tea tree oil to warm water with a squirt of detergent and scrub to deep clean vases and flower buckets before use.



# FLOWER CARE



## Ingredients

- Water
- Tea Tree Essential Oil
- Sugar (optional)



## Equipment

- None



## Time

- 2-3 min

## Directions:

1. Add 1 drop of tea tree oil to vase water to help stop a build up of bacteria and prolong the life fresh flowers.
2. Try adding sprinkle of sugar can also be added as a little flower food to increase vase life.



# SEEDLING TRAYS



## Ingredients

- Water
- Tea Tree Essential Oil



## Equipment

- Clean wheelbarrow



## Time

- 3-5 min

## Directions:

1. Instead of using bleach, fill a wheelbarrow with water and add around 10 drops of tea tree oil.
2. Swish around to combine and dunk seedling trays in to give them a good clean and disinfect.
3. Lay them out in the sun to dry and stack to use later.

## SECATEURS & TOOLS



### Ingredients

- Tea Tree Essential Oil



### Equipment

- Old clean rag



### Time

- 2 min

### Directions:

1. Keep your tools clean to avoid spreading any issues from plant to plant around your garden.
2. Add a few drops of tea tree oil to a rag and wipe over after use.
3. Large tools like forks and hoes can also be wiped over at the end of the day to keep them clean and last longer.



# ANTI VIRAL / ANTI FUNGAL SPRAY



## Ingredients

- Eco Oil
- Tea Tree Essential Oil



## Equipment

- Small hand held spray container or large spray backpack



## Time

- 3-5 min

## Directions:

1. Add 1-2 drops of tea tree oil per litre of water and combine with eco oil as per the instructions.
2. Spray on areas affected by non beneficial pests.
3. Repeat as needed.
4. Be aware that like neem, tea tree can also effect your beneficial insects. Use it only during big outbreaks to get on top of things and boost your beneficials friendlies up afterwards.



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