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**1-800-Fitter-1 ~ www.Fitter1.com**

## **FITTER - TENSION CORD REPLACEMENT INSTRUCTIONS**

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Fitter tension cords should be replaced after ever 300 to 500 hours of use or when cord appears to be breaking down (excessively fuzzy jacket, rubber strands exposed, narrow sections). To change the cords on your Fitter please read and follow the instructions below.

**1.** Turn Fitter upside down to see how the cords are presently threaded.

*Units with Serial # F 08399 and lower will have two center cords going between the 2.5 inch wide skate roller bracket.*

*Units with serial # F 08400 and higher have a 1.25 inch wide skate roller bracket which the two center cords run on either side of.*

**2a.** Fitters with 2.5 inch skate roller bracket - Serial # F08399 & lower

- Place one heavy, and one light cord under the center roller of the skate. Attach cord ends (knot and washer) in the center positions at each end of the base unit.
- Attach the last two cords in the remaining outside positions. (alternating light & heavy cords) Set unit with correct tension before using machine.

**2b.** Fitters with 1.2 inch skate roller bracket - Serial # F08400 & higher

- Place all four cords (alternating light & heavy cords) into the base cord holders at one end. Now, stretch cords one at a time across to the other end cord holder.
- To attach skate to base pinch and loop the two center cords on either side of skate roller as per resistance instruction sticker on top of machine. Set unit with the correct tension before using machine.

**\*\*Always test your Fitter before putting it back into regular service**

**\*\*Only replace with original Fitter replacement cords.**

### **Track Maintenance & Replacement**

Pro Fitter track must be cleaned and lubricated regularly to prevent premature cracking. Simply wipe track clean, then generously apply WD-40 on entire track surface. Tracks should be replaced as first reasonable sign of wear or cracking.

**\*\*Only replace with original Fitter replacement track.**

### **Additional Fitter Replacement Parts**

Rebuild Kits (cords and top tracks) are available through our website [www.fitter1.com](http://www.fitter1.com) or call **1-800-fitter-1** for a free catalog. These kits are inexpensive and install in minutes. No tools required. Fitter products are covered by a two year limited warranty on parts and workmanship. This warranty does not cover tension cords or tracks.

If you have any questions about your Fitter on the installation of replacement parts please call us at **1-800-Fitter-1** or e-mail [general@fitter1.com](mailto:general@fitter1.com)