



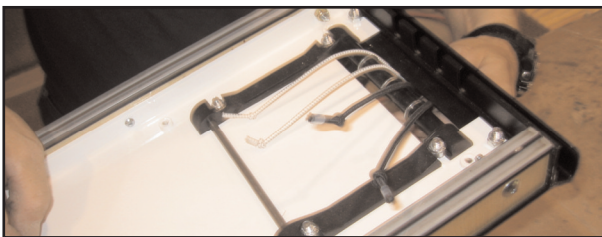
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SRF BOARD TENSION CORD REPLACEMENT INSTRUCTIONS

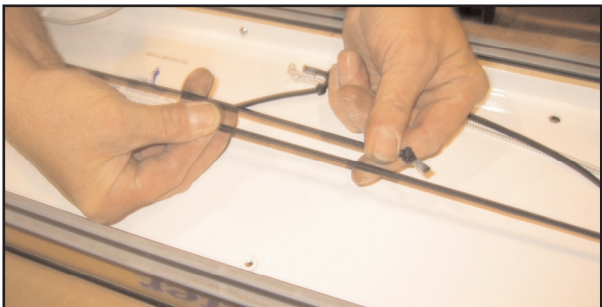
The tension cord kit contains: 4 Light Tension Cords, 4 Heavy Tension Cords & 8 Zip Straps



1. Turn the SRF Board over and remove the old tension cords from the main plate. Discard the old cords. *Note: If you have an older SRF with looped cords, this will be the new / current replacement method.*



2. Take both light and heavy cords and slip both through the rollers at the opening at each end. Make sure the cords are at the right position according to the arrows on the label. Notice 2nd roller set is different from older SRF boards



3. Pull each cord to overlap 2 inches. Use the Zip strap to tightly secure the tension cords together. Repeat steps 2 -4 for the remaining 3 tension cords. Use scissors to cut the loose ends of the zip straps off. As cords stretch out over time, extend the over lap which effectively shortens the overall length of the cord.



4. Finished! Turn the SRF Board over and resume use.

If you have any problems or concerns please call 1-800-fitter-1 or e-mail us at general@fitter1.com

Revised Oct 2008