

SRF BOARD

Designed for Exceptional Hip, Groin and Core Stabilization



Improve balance and proprioception



Rotational discs allow for dynamic, friction-free movement while decreasing torque on joints



Enhance leg strength and core stability

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Designed for Exceptional Hip, Groin and Core Stabilization

SKU: SRF

Product Description

The SRF Board helps to develop rotational stability and strength in various parts of the body. It is most commonly used as a rehabilitation tool but can also be used for cross-training, specifically for dancers and gymnasts. The difficulty level of the device can be changed by adding or removing resistance cords that either assist or resist the force of gravity.

Technical Specifications

Length	Width	Height	Shipping Dimensions	Weight
40.25"	10.25"	4.5"	43.25" x 10.5" x 7"	19lbs

Materials

Powder-coated aluminum
Polypropylene
Military-grade bungee cord (nylon/rubber)
Oak veneer

Made in Canada

Price Breaks

Single unit = \$299.98 1 units = 1 Mastercase

<u>2-5 Mastercases</u>	<u>6+ Mastercases</u>
\$290.97	\$281.97

Warranty

Fitter's warranty will cover costs to replace or repair parts or equipment that have suffered manufacturing defects within the first year of purchase.



MSRP **\$449.95**

MAP equal to MSRP unless otherwise noted



Features

- Rotational discs allow for friction-free movement while releasing torque on joints
- Resistance cords can be added or removed to adjust difficulty



Benefits

- Maximize functional core and leg strength and stability
- Improve proprioception and reduce risk of injury
- Strengthen and stabilize hips, shoulders, spine, knees, ankles and elbows

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Pro
Series



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