

SLIDE BOARD

The Ultimate Off-Ice Training Tool



Enhance balance, agility,
speed and flexibility



Develop lateral strength,
power and endurance



Increase sport
performance or improve
functional rehabilitation

SLIDE BOARD

The Ultimate Anytime Off-Ice Training Tool

SKU: SLIDE8

Product Description

Winter sport training doesn't have to end when the ice melts! With Fitterfirst's Slide Board, you can easily simulate movements used in hockey, figure skating, speedskating and skiing. The Slide Board provides a slick and smooth surface that can be used to practice skating and skiing maneuvers and continue to build muscle and precision even after the winter season ends. The board is adjustable from 5 feet to 8 feet to replicate the long strides of a speedskater or the short strides of a hockey player. The Slide Board is sure to provide specialized, year-round training to winter-sport athletes.

Technical Specifications

| Length | Width | Height | Shipping Dimensions | Weight |
|--------|-------|--------|---------------------|--------|
| 22.5" | 8" | 0.25" | 100" x 26" x 2" | 23lbs |

Materials

1/4" core polymer hockey board
Non-slip reinforced rubber underlay that holds firm on floor or carpet
Adjustable bumpers
Nylon booties
Armor All

Made in Canada

Price Breaks

Single unit = \$209.97 1 units = 1 Mastercase

| | |
|------------------------|-----------------------|
| 2-5 Mastercases | 6+ Mastercases |
| \$203.67 | \$197.37 |

Warranty

Fitter's warranty will cover costs to replace or repair parts or equipment that have suffered manufacturing defects within the first year of purchase.



Bumpers can be moved to adjust the length of the board and allows for larger or smaller strides.



MSRP **\$349.95**



Features

- Adjustable width from 5-8 feet allowing for larger or smaller strides
- Can be used indoors or outdoors
- Simulates a "fresh-ice" surface
- Includes slide booties and Armor All



Benefits

- Develops lateral strength, power and endurance
- Enhances balance, agility and flexibility
- Increases sport performance and improves functional rehabilitation

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Classic
Series



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