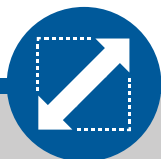


ROCKER BOARD

The Ideal Board for Rehabilitation and
Balance Training Beginners



Improve balance and
proprioception



Large surface area



Heighten sense of
body awareness

ROCKER BOARD

The Ideal Board for Rehabilitation and Balance Training Beginners

SKU: RB20

Product Description

The Rocker Board is perfectly suited to beginners, seniors and those undergoing injury rehabilitation. With a wide surface to stand on and a single plane of tilt, the Rocker board offers a fair balance experience without being overwhelming or challenging. It can be adjusted to three different tilt levels in order to increase or decrease difficulty. The Rocker Board is a great tool to start your balance training - just keep your head up and eyes forward!

Technical Specifications

Length	Width	Height	Shipping Dimensions	Weight
20"	20"	4"	21" x 21" x 4"	9lbs

Materials

3/4" birch plywood
Urethane rocking base
2 adjustable polypropylene spheres
Eco-friendly, water-based finish

Made in Canada

Price Breaks

Single unit = \$54.98

4 units = 1 Mastercase

2-5 Mastercases

\$53.33

6+ Mastercases

\$51.68

Warranty

Fitter's warranty will cover costs to replace or repair parts or equipment that have suffered manufacturing defects within the first year of purchase.



MSRP **\$109.95**

MAP equal to MSRP unless otherwise noted



Features

- Wide and stable board surface
- Single plane of tilt
- Adjustable to three degrees of tilt (10°, 12° and 15°)



Benefits

- Improves balance and coordination
- Heightens sense of body awareness
- Increases core strength and stability
- Improves strength and flexibility in the knees and ankle muscles



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