

## **Tyee to Table Mt**

**Distance:** 8.5 miles

**Elevation Gain/Loss:** 2900' ascent / 2622' descent

**Route Elevations:** Trailhead 9,000' / Table Mt 11,600' / Sabrina Lake 9100' /

**Location:** Bishop, CA

**Time Of Year:** June to October

**Directions From Bishop:** 168 (West Line St.) take left on road to South Lake; the Tyee Lakes trailhead is about 4.5 miles up on the right.

**Route Description:** From the parking lot cross over Bishop Creek via the Bridge; it's about 1.5 miles to the first of the Tyee Lakes; another 1.5 miles brings you to the pass; you can jog to the top of Table Mt from here, otherwise continue down some steep switchbacks to George Lake and a nice flat stretch; another steep downhill awaits you on the final leg to Lake Sabrina.

**Odds & Ends:**

- 1) point-to-point run so car drop is necessary.