



PHOTO CHECKLIST FOR YOUR
'This is the Story of You'
BABY BOOK



This checklist lists the photo prompts found in your Baby Book. These photo prompts are meant to help guide you when recording your child's story, but please remember that they are purely suggestions and can be swapped out for whichever photo moment you want to record in your little one's special keepsake.

We recommend the following photo sizes: 75 x 100mm (Standard print size at bofprints.co.za), 90 x 105mm (Polaroid size at nifty250.co.za), 102 x 152mm (Standard photo size in landscape, at any photo printer) or 101 x 101mm (Square size at lalalab.com).

We recommend using photo dots, double sided tape, or glue tape for sticking photos. Most of these can be found at your local stationery store.

INTRODUCTORY: YOUR FIRST FAMILY PHOTO

CHAPTER 1: BEFORE YOU

- PHOTO OF MAMA AS A BABY
- PHOTO OF MAMA NOW
- PHOTO OF PAPA AS A BABY
- PHOTO OF PAPA NOW
- PHOTO OF MAMA AND PAPA
- PHOTO OF MAMA AND PAPA
- PHOTO OF YOUR GRANDPARENTS ON MAMA'S SIDE
- PHOTO OF YOUR GRANDPARENTS ON PAPA'S SIDE
- PHOTO OF YOUR SIBLING
- PHOTO OF YOUR SIBLING
- YOUR PREGNANCY ANNOUNCEMENT
- PHOTO OF WHEN MAMA WAS PREGNANT
- PHOTO OF WHEN MAMA WAS PREGNANT
- PHOTO OF THE BABY SHOWER
- PHOTO OF THE GENDER REVEAL

CHAPTER 2: HELLO YOU

- FIRST PHOTO OF BABY
- ANOTHER FIRST PHOTO OF BABY
- YOUR BIRTH ANNOUNCEMENT
- EARLY PHOTO OF YOU THAT WE LOVE
- PHOTO OF YOUR FIRST HOME/NURSERY
- PHOTO OF YOU COMING HOME
- PHOTO OF YOUR FIRST WEEK AT HOME
- PHOTO OF YOUR FIRST OUTING

CHAPTER 2 (CONTINUED)

- PHOTOS OF MESSAGES FROM FAMILY AND FRIENDS, AND/OR LETTERS AND CARDS FROM FAMILY AND FRIENDS
- OUR FAVOURITE FIRST PHOTOS OF YOU (BETWEEN 8-16, DEPENDING ON THE SIZE)

CHAPTER 3: YOUR FIRSTS

- PHOTO OF YOUR FIRST SMILE CAPTURED
- PHOTO OF YOU ON THE MOVE
- PHOTO OF YOU SITTING BY YOURSELF
- PHOTO OF YOU STANDING BY YOURSELF
- FIRST PASSPORT PHOTO
- PHOTO OF YOU SWIMMING
- PHOTO OF YOUR FIRST FLIGHT
- PHOTO OF YOU EATING BY YOURSELF
- PHOTO OF YOUR FIRST FOOD ART
- PHOTO OF YOU WITH YOUR FIRST TEETH
- PHOTO OF YOU WITH YOUR FAVOURITE TOYS
- PHOTO OF YOU SLEEPING
- PHOTO OF YOU IN THE BATH
- PHOTO OF YOU IN THE SINK
- PHOTO OF YOUR FIRST FAMILY HOLIDAY
- PHOTO OF YOUR FIRST FAMILY HOLIDAY
- PHOTO OF YOU ON YOUR FIRST CHRISTMAS
- PHOTO OF YOU ON YOUR FIRST CHRISTMAS
- FIRST ARTWORK

CHAPTER 4: YOUR FIRSTS

- PHOTO OF BABY AT 1 WEEK OLD
- PHOTO OF BABY AT 2 WEEKS OLD
- PHOTO OF BABY AT 3 WEEKS OLD
- PHOTO OF BABY AT 4 WEEKS OLD
- PHOTO OF BABY AS A 1 MONTH OLD
- PHOTO OF BABY AS A 1 MONTH OLD
- PHOTO OF BABY AS A 2 MONTH OLD
- PHOTO OF BABY AS A 2 MONTH OLD
- PHOTO OF BABY AS A 3 MONTH OLD
- PHOTO OF BABY AS A 3 MONTH OLD
- PHOTO OF BABY AS A 4 MONTH OLD
- PHOTO OF BABY AS A 4 MONTH OLD
- PHOTO OF BABY AS A 5 MONTH OLD
- PHOTO OF BABY AS A 5 MONTH OLD
- PHOTO OF BABY AS A 6 MONTH OLD
- PHOTO OF BABY AS A 6 MONTH OLD
- PHOTO OF BABY AS A 7 MONTH OLD
- PHOTO OF BABY AS A 7 MONTH OLD
- PHOTO OF BABY AS A 8 MONTH OLD
- PHOTO OF BABY AS A 8 MONTH OLD
- PHOTO OF BABY AS A 9 MONTH OLD
- PHOTO OF BABY AS A 9 MONTH OLD
- PHOTO OF BABY AS A 10 MONTH OLD
- PHOTO OF BABY AS A 10 MONTH OLD
- PHOTO OF BABY AS A 11 MONTH OLD
- PHOTO OF BABY AS A 11 MONTH OLD
- PHOTO OF BABY AS A 12 MONTH OLD
- PHOTO OF BABY AS A 12 MONTH OLD

YOUR FIRST YEAR ON ONE SPREAD

- PHOTO OF YOU AS A 1 MONTH OLD
- PHOTO OF YOU AS A 2 MONTH OLD
- PHOTO OF YOU AS A 3 MONTH OLD
- PHOTO OF YOU AS A 4 MONTH OLD
- PHOTO OF YOU AS A 5 MONTH OLD
- PHOTO OF YOU AS A 6 MONTH OLD

YOUR FIRST YEAR ON ONE SPREAD *(CONTINUED)*

- PHOTO OF YOU AS A 7 MONTH OLD
- PHOTO OF YOU AS A 8 MONTH OLD
- PHOTO OF YOU AS A 9 MONTH OLD
- PHOTO OF YOU AS A 10 MONTH OLD
- PHOTO OF YOU AS A 11 MONTH OLD
- PHOTO OF YOU AS A 12 MONTH OLD

CHAPTER 5: YEAR BY YEAR

- PHOTO OF YOUR FIRST BIRTHDAY CAKE
- PHOTO OF YOU ON YOUR FIRST BIRTHDAY
- PHOTO OF YOUR SECOND BIRTHDAY CAKE
- PHOTO OF YOU ON YOUR SECOND BIRTHDAY
- PHOTO OF YOUR THIRD BIRTHDAY CAKE
- PHOTO OF YOU ON YOUR THIRD BIRTHDAY
- PHOTO OF YOUR FOURTH BIRTHDAY CAKE
- PHOTO OF YOU ON YOUR FOURTH BIRTHDAY
- PHOTO OF YOUR FIFTH BIRTHDAY CAKE
- PHOTO OF YOU ON YOUR FIFTH BIRTHDAY
- PHOTO OF YOU AS A TODDLER
- PHOTO OF YOU AS A TODDLER
- PHOTO OF YOU AS A TODDLER
- PHOTO OF YOU AS A TODDLER
- PHOTO OF YOU AT PRE-SCHOOL
- PHOTO OF YOU WITH SOME OF YOUR PRE-SCHOOL FRIENDS
- PHOTO OF YOUR FIRST DAY AT SCHOOL
- PHOTO OF YOU WITH YOUR FRIENDS AT SCHOOL

CHAPTER 6: FOR YOU

- PHOTO OF YOU IN YOUR FAVOURITE COSTUME
- PHOTO OF YOU IN MAMA/PAPA'S OFFICE
- PHOTO OF YOU BEING YOU
- PHOTO OF YOU BEING YOU

** make every moment count*