

# pogo<sup>®</sup>

Automatic

For Single Patient Use Only



## Press Once. GO!<sup>™</sup>

Turn on meter, then just Press Once. Go! Simply press here for easy, One-Step<sup>™</sup> testing.

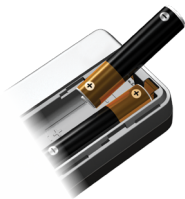
## POGO Automatic<sup>®</sup> Blood Glucose Monitoring System Quick Start Guide

**IMPORTANT:** Refer to your POGO Automatic Cartridge Insert and POGO Automatic Owner's Manual for detailed instructions, warnings, and limitations.

Visit [manual.presspogo.com](http://manual.presspogo.com) for Owner's Manual or call customer support to request a printed copy.

# Setup Meter

If you need assistance, call Customer Support, Monday to Friday  
9AM to 9PM Eastern Time (ET) at 1-855-IMI-POGO (464-7646).



## Insert Batteries

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## Locate Buttons

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## Set Date and Time

- Use **(M)** to move to the next field.
- Use **◊** to adjust setting.

To return to the date/time menu, hold the M-button for 3 seconds while the meter is off.

# Load Cartridge



## Remove Cartridge From Cup

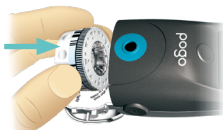
Write discard date in the box provided on the cartridge label. Use cartridge by discard date.

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## Press Button to Open Cartridge Door

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## Insert Cartridge and Close Door

The Cartridge includes 10 complete tests. The meter will spin cartridge into place after the door is closed.

To fully understand POGO Automatic's unique automated testing, it is recommended that you try a practice test.

# Prepare to Test

**IMPORTANT:** Wash hands with soap and water thoroughly and dry completely before testing. Contaminants on the skin may affect results.



## Select and Massage Finger

Select a finger that bleeds well. Directly before lancing, squeeze or rub fingertip until it's warm and reddish.

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## Press Power Button to Turn on Meter

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## Press Power Button Again to Prepare a New Test

Wait for the cartridge to finish moving before testing. A new test with foil opened will be at the test port. You have 5 minutes to use the test.

**NOTE:** Cold, callused or tough fingers may not have successful automatic collection.

# Perform Test



Press and Hold Finger  
Down for Lance

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Hold Finger Down for  
Automatic Collection

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Follow On-Screen  
Instructions Until Meter  
Displays "Success!"

**NOTE:** If the meter does not detect blood during automatic collection, you must add blood to complete the test.

# Add More Blood

(if needed)



**Get a Small Blood Drop**

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**Line-up Drop to Center of Test Port**

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**Roll Drop into Port and Press Firmly**

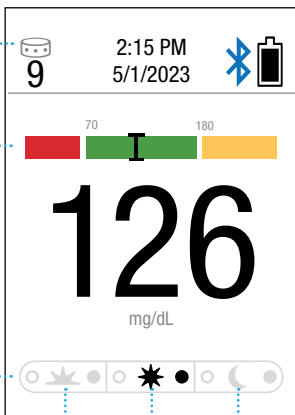
You will not be re-lanced during Add More Blood. You have 90 seconds to add blood.

**NOTE:** If needed, repeat the Add More Blood process until you see the lift finger picture.

# Results Screen

## Tests Remaining

in cartridge




## Quick Graph

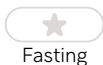
Know if you are in range instantly. *Discuss your Target Range with your healthcare professional.*

## Meal Markers

(Optional)

Use the  scroll buttons to select.

Breakfast Lunch Dinner



Fasting



Before Meal



After Meal

Results are plasma calibrated. Meter will display results between 20-500 mg/dL.

**IMPORTANT:** If your results do not match the way you feel, contact your healthcare professional immediately.

# patterns<sup>®</sup>

for pogo<sup>®</sup>  
Automatic



Download the FREE Patterns<sup>®</sup> app today to use with POGO Automatic<sup>®</sup>



**SCAN HERE**

to download the **FREE**  
**Patterns Mobile App**



**SCAN HERE**

to download the  
**Patterns Quick  
Start Guide**

Use the Patterns<sup>®</sup> app to view and securely share your blood glucose results and health trend information.

## To Pair Your POGO Automatic with Your Patterns App

1. Open the Patterns app on your smartphone.
2. Tap on your Profile. Scroll down to POGO Automatic and select Add POGO Automatic. Follow instructions provided in Patterns.





# Important Safety Instructions



**IMPORTANT:** The POGO Automatic System is unique and different from other meters. Before you begin testing your blood glucose, please read all instructions in this Owner's Manual.

## Indications For Use

**The POGO Automatic® Blood Glucose Monitoring System** is intended to be used for the quantitative measurement of glucose (sugar) in fresh capillary whole blood samples drawn from the fingertips. The POGO Automatic Blood Glucose Monitoring System is intended to be used by a single person and should not be shared.

**The POGO Automatic® Blood Glucose Monitoring System** is intended for self testing outside the body (*in vitro* diagnostic use) by people with diabetes at home as an aid to monitor the effectiveness of diabetes control. The POGO Automatic Blood Glucose Monitoring System should not be used for the diagnosis of or screening of diabetes or for neonatal use. The POGO Automatic Blood Glucose Monitoring System is indicated for use in adults and adolescents (13 and up).

**POGO Automatic® Test Cartridges** are for use with the POGO Automatic Meter to quantitatively measure glucose (sugar) in fresh capillary whole blood samples drawn from the fingertips.

## Important Warnings

The POGO Automatic Blood Glucose Monitoring System is for single patient use. Do not share the meter or test supplies with anyone, including other family members! Do not use on multiple patients!

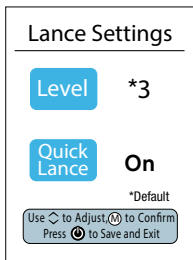
# Meter Settings

To enter set up, press and hold the **(M)** button for three seconds until the Settings Menu appears.

You can set the date/time, adjust volume and screen brightness, configure lancing, set Target Range, and manage Bluetooth.

## Lance Settings

You can change the lance setting to fit your preference. Use the default level or try a custom option to find what works best for you.




### Level

- Lower values reduce finger pressure required to start a test and decrease vacuum during a test.
- Higher values increase finger pressure required to start a test and increases vacuum during a test.

### Quick Lance

- "On" lances immediately.
- "Off" lances after a 3-second countdown.

## Viewing Test Results in Memory

To enter memory mode, briefly press and release the **(M)** button. Do not hold down, as meter will go to set-up mode. Use the  scroll buttons to view past results. Press and release the **(M)** again to view 7, 14, 30, and 90-day average and meal averages.

# Cleaning and Disinfection

A cleaning and disinfecting process must be followed to remove any biohazardous materials left on any part of the meter. Cleaning is part of your normal regimen for removing dirt and debris prior to disinfection. **It does not kill germs.** Disinfection is the only way to lessen your exposure to infectious diseases through blood transmittal. If blood is visible on any meter part or surface, you should **IMMEDIATELY** clean and disinfect.

Follow complete instructions provided in the detailed manual for cleaning and disinfection, available at [manual.presspogo.com](http://manual.presspogo.com).

**CAUTION:** Clean and disinfect your POGO Automatic Meter AFTER EVERY CARTRIDGE and when visibly dirty. Clean and disinfect the test platform DAILY. Always wash hands with soap and water after handling the meter and test cartridges, when removing the test platform or opening the cartridge door.



*Example: Container of Germicidal Wipes*

## Supplies for cleaning and disinfection:

Clorox® Germicidal Wipes® (universally available at Amazon.com, OfficeDepot.com and other retailers such as Walmart). Clorox® Germicidal Wipes®, containing 0.55% sodium hypochlorite as the active ingredient, are safe to use on all meter parts and cartridges.

A soft lint-free cloth for meter optics.

# Informational Symbols

## *Symbol Description*



When you insert a new cartridge into the meter, the meter will display the following symbol showing the # of days to discard date shown on the meter display to use all tests. The meter will prevent use of the cartridge after the discard date. Note: 15 days is example only. The meter will show the correct discard days.



This symbol appears if you insert a partially-used cartridge. The meter is unable to determine the discard date. Do not use after the discard date.

## *Warnings*



Cold



Hot

Meter temperature is out of operating temperature range. Allow meter and cartridges to adjust to the operating temperature range before testing.



Expired Cartridge. Cartridge is past expiration date. Do not use the test cartridge past the expiration date (⌚ Use by:) printed on cartridge label.

# Control Solution

Refer to the online POGO Automatic Owner's Manual (available at [manual.presspogo.com](http://manual.presspogo.com)) for details on when to use control solutions. Follow instructions provided with your control solution to perform a control solution test.

For availability of Control Solution, contact Intuity Medical Customer Support.

## Electrical and Safety Standards

The POGO Automatic Meter complies with the applicable standards for Electromagnetic Compatibility; however, it is not recommended that it be used in the presence of strong electromagnetic fields.

Since your POGO Automatic Meter is an electronic device, you should follow all local environmental regulations for disposal.

## Bluetooth® Wireless Technology

Your POGO Automatic Meter uses Bluetooth low energy technology to communicate and transfer information optionally to your smartphone. Bluetooth wireless technology is a form of radio frequency (RF) technology that operates in the unlicensed industrial, scientific and medical band at 2.4 to 2.485 GHz. The RF channel utilized for communication between the meter and other devices, such as a smartphone, is not an open channel. Your meter complies with United States Federal Communication Commission (FCC) standards. This meter has been tested and found to comply with the limits of a Class B digital device, pursuant to FCC Part 15 Rules. Operation of the device is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Compliance with these guidelines means that under normal, daily circumstances, the device should not affect the operation of other devices. In addition, the device should operate normally in the presence of other devices. In the event there is interference from another device, the following measures are recommended:

- Increase the distance between the meter and that device.
- Turn off the interfering device.
- In addition, you can turn off Bluetooth wireless technology on the meter.

**To obtain the FCC ID:** When meter is sleeping (screen is black), hold the up scroll button for 3 seconds and the Serial Number screen will appear. Press the M-button to access Regulatory Labels. The FCC ID will be shown in the Regulatory Labels.

### **Bluetooth® technology:**

Frequency range: 2.4-2.485 GHz

Operating Range Distance:  
minimum 26.25 feet  
(unobstructed)

Operating Channels:

40 channels

Security Encryption:

128-bit AES

(Advanced Encryption Standard)

Thank you for choosing POGO Automatic®.  
Your meter comes with a limited product  
warranty. For warranty coverage, please  
register your meter online at:

[www.presspogo.com/registerpogo](http://www.presspogo.com/registerpogo)  
or call **1-855-IMI-POGO (464-7646)**



Scan with phone camera for  
**How-to-Test video** or visit  
[learn.presspogo.com](http://learn.presspogo.com).

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Friday 9AM to 9PM Eastern Time (ET) at 1-855-IMI-POGO  
(464-7646) or email us at [support@presspogohelp.com](mailto:support@presspogohelp.com).**

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