

Contents

Food Choice Magnets

250 magnets, boxed



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MEALS

bacon & eggs
baked beans
burrito
cereal x 9 types
chicken & vegetables
chops & vegetables
cup of noodles
curry
fish & chips
fries
hot dog
nuggets
pie
pizza
porridge
roast dinner
sausage roll
sausage sandwich
sausages & veg.
soup x 5 types
spaghetti
spaghetti bol.
steak & salad
stir-fry (beef & veg)
stir-fry (beef)
stir-fry (chicken)
stir-fry (chicken veg)
sushi rolls
taco
take-away
tuna mornay
breakfast
lunch
dinner

BISCUITS

biscuits (chocolate)
biscuits (cream)
biscuits (plain)
cookie (choc. chip)
cookie (plain)
cracker x 6 types
rice cake
rice cracker

BREAD

bacon & cheese roll
bagel
bread (grain slice)
bread (loaf)
bread (white slice)
bread roll
croissant
crumpet
flat bread
muffin (English-style)
pikelets
raisin toast
sandwich
toast
wrap

DAIRY

butter
cheese
cream
grated cheese
ice-cream (chocolate cone)
ice-cream (in tub)
ice-cream (strawberry cone)
ice-cream (vanilla cone)
melted cheese
milk
yoghurt

SWEETS

banana bread
chocolate bar
chocolate block
chocolate cake
custard
doughnut
finger bun
fruit salad (tin)
fruit salad (fresh)
ice-block x 2 types
jelly beans
marshmallows
muffin (cake-style)
pancakes
peaches
smarties

POULTRY, MEAT & FISH

bacon
beef (pieces)
beef (skewer)
beef (sliced)
boiled egg
chicken (breast)
chicken (fried)
chicken (leg)
chicken (shredded)
chicken (skewer)
chicken (sliced)
chicken (whole)
chops
devon
eggs
fish
fried egg
ham
mince
oysters
poached egg
prawns
salami
salmon (fillet)
salmon (tin)
sausages
schnitzel
scrambled egg
tuna (tin)

PASTA

fried rice
macaroni
noodles
pasta (fettuccini)
pasta (penne)
pasta (shells)
pasta (spirals)
ravioli
rice
spaghetti

SNACKS

chips
corn chips
dried apricots
fruit bar
muesli bar
nuts
popcorn
snack
sultanas

FRUIT & VEGETABLES

apple
apricot
avocado
banana
blueberries
cherries
grapes
kiwi fruit
lemon
mandarin
mango
melon
orange
passionfruit
peach
pear
pineapple
plum
rockmelon
strawberry
tomato
watermelon

beans
beans (tin)
beetroot
bok choy
broccoli
cabbage
capsicum
carrot
carrot (sticks)
celery (bunch)
celery (sticks)
corn

FRUIT & VEGETABLES (cont.)

cucumber
lettuce
mashed potato
mixed vegetables
mushroom
onion
peas
potato
pumpkin
snap peas
snow peas
sweet potato
zucchini

CONDIMENTS

butter
dip
hazelnut spread
honey
honey spread
jam
marmalade
mayonnaise
peanut butter
pepper
salad dressing
salt
sauce (bbq)
sauce (tomato)
soya sauce
sugar
vegemite

DRINKS

coffee
drinks in glass x 11 types
hot chocolate
tea
water (bottled)

MEAL TIMES (words)

breakfast
morning tea
lunch
afternoon tea
dinner
snack

DAYS OF THE WEEK

Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Finish Symbol x 2

Blanks x 6