## HAMMOCK HANGING PACK (CODE: FHB-HH-B) – INSTRUCTIONS FOR USE

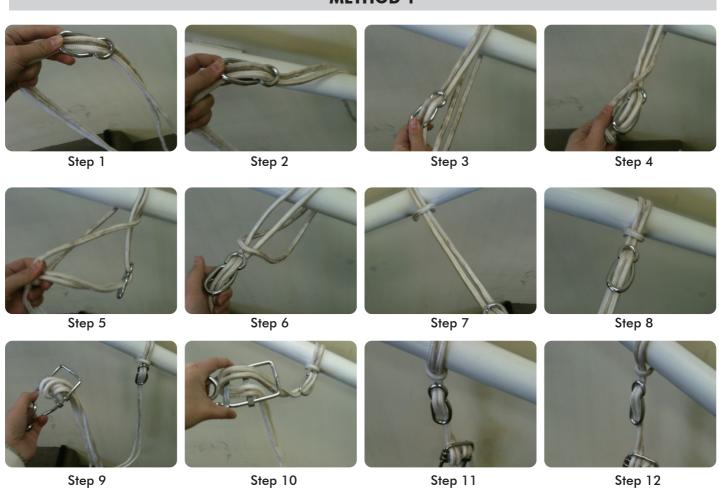


You can assemble your hammock with the Hammock Hanging Pack with either one of the following methods:

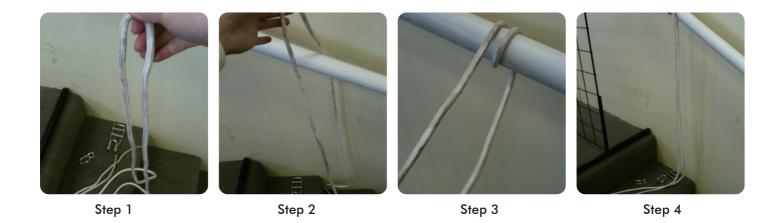
Method 1 – Does not require you to disassemble the rope from the metal parts, use as how it has already been assembled

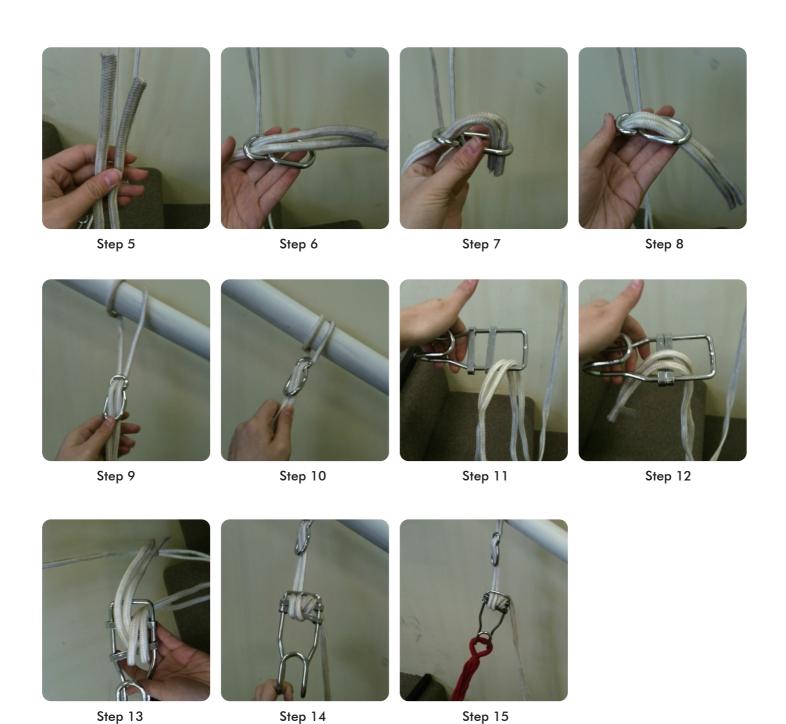
Method 2 - Requires you to disassemble the rope from the metal parts

## **METHOD 1**



## **METHOD 2**





**WARNING:** This product must be used according to the instructions. If there are no instructions please contact The Hammock Co. This product must be checked for its stability prior to each and every use. It is a condition of sale that the consumer abides by the instructions and weight capacity. Press your hands into the hammock and place weight upon the hammock and their support structures. Bend at the knees and place additional weight into the hammock. This weight force should amount to a greater amount than you are going to place into your hammock, but no more than the max capacity. Ease your weight into the hammocks whilst remaining on your feet. Once you are in the hammock only leave your feet and transfer your weight off your feet and into your hammock when your hammock is 20cm off the ground. Do not use if there are any rust or damage.