

Application Instruction: *WARNING:* AVOID contact with eyes. Recommended patch testing before use. In the unlikely event of a negative reaction, stop use immediately and consult your health professional.

Toner

• Wash and dry face with preferred organic face wash. Apply small amount to face and gently rub in being careful to avoid your eyes. Let dry then apply your favorite organic moisturizer.

ACNE

- Gently wash and dry face with preferred organic face wash. Apply small amount to affected area leave on overnight. Repeat as necessary
- ** Patch test a small area first. In the unlikely event of a negative reaction. Stop use immediately

Insect Bites, Itchiness, Rashes.

• Clean and Dry the affected area. Apply a small amount of AVC to affected area and gently rub in into skin. Apply 1-2 times a day as needed

Skin Tags

- Apply a dollop to the Skin Tag, then cover with Non-absorbent band-aid* leave for 2 days. Uncover and air
 out overnight. You will notice the skin tag will darken in color. Repeat as many times as necessary until the
 skin tag is gone.
- *If non-absorbent band-aids are unavailable, cut a small square patch of plastic food wrap, place over dollop, then cover with regular band aid.

Moles (We always recommend you have your moles checked by your doctor)

- Apply a dollop to the Mole and re-apply to keep area saturated. If your mole is under clothing please use a
 non-absorbent band-aid*. Every 3 to 4 days discontinue application and allow area to completely dry for
 24hrs. Using a manicure file or your fingernail, remove the course deadened skin cells. Repeat process until
 mole is totally dissolved.
- *If non-absorbent band-aids are unavailable, cut a small square patch of plastic food wrap, place over dollop, then cover with regular band aid.

Warts

• Apply a dollop to the wart, then cover with Non-absorbent band-aid* leave for two days. Remove band-aid and with an emery board, gently scrape off the dead black skin. Repeat steps as needed.

Finger & Toe Nail Fungus

- Apply a large amount to affected area. Cover with a **finger cap and leave on overnight. Remove and repeat as needed.
- **Finger Cap Suggested use rubber finger tips from an office supply store or cut the tip off from a rubber kitchen glove.

Athlete's Foot

Wash and dry affected area. Apply ACV twice a day. Repeat steps as needed.

Deodorant

 Apply a small amount to under your arms. Let dry. (Don't worry the odor dissipates and you won't smell like ACV.

For a complete list of possible uses, visit: www.AcvActive.com/applications

