

TREATMENT

- Hidden Valley Handcrafts developed a topical cream for midge bites in the late 1990s. It was originally called "Sandfly Salve", but we later changed to the more accurate name **Midgie Magic**. This has proven an effective cream to reduce the itch, soothe and disinfect the area, and promote the healing process, all using natural herbs and essential oils such as calendula, plantain, aloe vera, lavender, chamomile and kunzea (tick bush). It is important to apply the cream as soon as possible to bites, and reapply frequently for several days until swellings have disappeared. Occasionally, extremely severe reactions may require medical treatment with antihistamines. Feedback has also indicated **Midgie Magic** is effective against other kinds of insects, including bees and grass ticks.



- Another useful first aid product for insect bites is **Herbal Skin Calm**, a cooling soothing gel made from infused skin calming herbs such as chickweed, chamomile, nettle, plantain and witch hazel. This gel is useful for any situation when itchiness is driving you mad – eczema, prickly heat, psoriasis, chicken pox, and multiple insect bites.
- The general purpose **Healing Cream** may also be used for infected bites (Midgie Magic is simply more specialized for insect bites).
- Ice packs applied quickly can alleviate the itch.



Hidden Valley Broome

2 Harriet Rd, Bilingurr, Broome
Open Mon–Fri 9–4, Sat 9-12
Sat Courthouse markets 8-12
Wet Season reduced hours

Mail orders also welcome

support@hiddenvallybroome.com.au

www.hiddenvallybroome.com.au

PO Box 155 Broome 6725

Phone (08) 9193 7036

REFERENCES

Peter Whelan, Biting Midges or "Sandflies" in the Northern Territory, The Northern Territory Disease Control Bulletin, vol. 10, no.3, Sept 2003

AQUIS, Broome, Culicoides Talk (faxed document), 2005

BITING MIDGES ("SANDFLIES") IN BROOME

*Handy hints for visitors &
newcomers*



Culicoides ornatus

