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C-Herb - Instructions for use

Ingredients:

Water, fiber, black walnut, burdock, white oak bark and mineral salts and proprietary herbs.

Instructions for Topical Use of C-Herb (picture's available online)

For the removal of moles, warts and many other types of skin abnormalities you may find that the C-Herb works very well. Some discolored spots may not be affected. C-Herb will not do anything to healthy tissues, so if it doesn't work as described below you haven't hurt anything by applying it.

DO NOT TOUCH THE C-HERB WITH METAL.
STORE IN A COOL PLACE AWAY FROM DIRECT SUNLIGHT.

▶ Please remember that over use (too much or too long) will increase the chance of scarring so follow the directions as suggested. Use only on one abnormality at a time and wait for it to heal before using on another.

We suggest that you apply a small amount of [Herbal Skin Salve](#), to the area you plan to use C-Herb on, for at least 3 days prior to using C-Herb. This will prepare the tissues and reduce the chance of scarring.

Generally, apply a very small amount of C-Herb on the mole or tissue that you want to remove. **DO NOT OVER USE the C-Herb.** A very light amount which covers the surface area is all that should be used. Once applied, cover with a bandage to hold the herb in place. **ONLY WORK ON (1) ONE AREA AT A TIME.**

The second application should be applied approximately 24 hours later. Remove the bandage and wash or shower if desired, then apply a second application of C-Herb to the area. This will usually produce a "pinking" of the area. By the third day you will usually notice that the affected areas tissues is getting darker or are turning white.

It is very important that you look for a white ring of infection either surrounding the affected tissues or actually including all of the tissues being used with the C-Herb. If this is not taking place after 2 applications, continue as per day 1 and 2 up to NOT MORE THAN 5 applications or days total.

After the white ring appears (or 5 days), whichever happens first, please stop using the C-Herb. It may be helpful to apply [Herbal Skin Salve](#) lightly over and around the affected area to assist the affected tissues in continuing the process. Within a few days the core of the affected tissues will fall out and leave a small, pink crater. Apply a small amount of [Herbal Skin Salve](#) lightly to this area twice a day. Be careful that the area heals from the bottom and does not close over from the top, leaving a cavity which could cause a cyst. It generally takes from 7 to 14 days for the crater to fill in completely, depending on size.

WARTS: Warts require that one scrapes off the tough, callous-like tissue on top before applying C-Herb. Once down to the "pink" flesh of the wart, apply as directed for moles. **NOTE:** Often a wart will turn very white and get sore. When the wart has turned white you may want to take a sterile needle and gently poke to top. Next you'll very GENTLY press the sides of the wart until a "seed" comes out (this looks like the seed in a concord grape) and the pain will stop almost immediately.

PAIN: Many who use C-Herb are not bothered by pain during this process. However, there are areas of the body where pain is more likely to occur. If you are having pain, or think you want to be prepared in case you do have pain, I suggest that you use the **Herbal Skin Salve** (rub a drop into the tissues before applying C-Herb, or put a drop on the top of the C-Herb after applying it) or **Herbal Skin Salve** to control it. Rub a drop of the **Herbal Skin Salve** into the tissues by rubbing counter clockwise.

Moles

Moles are easily and quickly removed by a direct topical application of C-Herb.

Warts

Warts are easily and quickly removed by a direct topical application of C-Herb. You may need to scrap the top of the wart before applying the C-Herb for better results.

Disclaimer: The information in this report is not intended to be used for diagnosing ailments or prescribing remedies in any way. The publisher neither recommends nor suggests that individuals use C-Herb. This information is not meant or intended to be a substitute for professional medical help.

1 gram size

Day one. On the first day I applied a thin film of the paste to the area as directed, then covered it with a bandage to keep it from being wiped off. The instructions that came with the product say you don't have to use much. Just the tiniest amount massaged into the problem area will do the trick. The instructions also mentioned that I might experience a tingling sensation. Instead, I felt a very mild burning a couple of hours after I applied it. The tingling or burning is said to correspond to the activation of your immune system.

Day Two. Early in the second day I applied the product again. By the end of the second day the bad spot was surrounded by a circle of white skin indicating the abnormal tissue was being rejected by the body. This is the response predicted in the instructions that came with the product. Note that the skin surrounding the spot looks a little inflamed.

The instructions say to continue daily application of the product for up to 5 days. However, they say to stop applying C-Herb "when a white infection ring appears or the whole area turns white and looks infected." Accordingly, I stopped applying it after the second day.

Dr. Carpenter notes that the white ring is caused by the presence of large numbers of white blood cells in the surrounding tissue. It is important not to mistake this desirable reaction for an infection. The tissue is not infected at all. That is, there are no invading bacteria at the site.

Day three. By the end of the third day the questionable tissue was clearly dying. It turned into something that looked a little like a boil. In the photo note that pustules have begun to form on and inside the white ring. Despite appearances, there was still no infection present. Rather, the pustules indicate the activity of white cells absorbing the abnormal tissue.

I experienced some mild discomfort at this stage. My arm felt a little bit sore, and I could clearly tell that the activity evident on the surface of my skin was also going on in the lumpy area below the skin. The sensation wasn't really painful. The area was just sore and tender.

I came to appreciate how important it is to know what to expect at each step. It's clear that at this point one might be tempted to go to a medical doctor, simply because the area "looks bad" and is hurting a little. This might well be a mistake. There are few medical doctors who understand this approach to the problem, and few who would correctly interpret the reaction depicted here. Rather, the pustule-laden area would probably be treated as an infection. As a result the healing process could be needlessly and prematurely interrupted. And the odds are good that you would be told you are endangering yourself with this silly alternative remedy, and that you need real medical treatment. Also expect flak from your friends, should you tell them what you are doing. But the informed user will know that this is a normal stage in the process of rejection and absorption, and that it will pass within a few days.

Day seven. The process of rejection continued during the next few days. The rejected tissue began to separate from the healthy surrounding skin. By the seventh day the dead tissue had been reduced to a nugget of jelly-like material in the center of a crater of fresh pink skin. There was no longer any discomfort. The skin around the nugget was clearly growing, and developed a pouty, lip-like appearance as it expanded.

I was sorely tempted to pull, dig, squeeze, or otherwise tamper with the site in order to get rid of the encapsulated nugget. Dr. Carpenter warns that this may prematurely end the process of tissue rejection.

The desirable thing is to let the immune system dispose of ALL the abnormal tissue, including any roots or tendrils that may extend below the surface skin. So with difficulty I controlled my impulse to meddle, and let nature take its course.

Day ten. During the tenth day the loosened nugget fell out while I was washing the area. No pain or discomfort. It just came out. I was surprised at the depth of the resulting pit in my arm. It was about 3/16th inch deep. The little patch of abnormal skin apparently had roots that extended far below the surface of the skin.

The depth of the pit underlines the value of this method of removal over others--for example surgery. It would have been difficult to know exactly how deep to cut in order to get all the bad tissue. But knowing how deep to go is not a problem for the immune system. It just kills the abnormal cells wherever it finds them. And unlike the surgical scalpel, it leaves the good cells alone.

Notice how much the skin around the pit has grown. The healthy skin is proliferating, and the edge definitely has a lippy kind of pucker now. The extra tissue will quickly fill in the pit over the coming days.

Day thirteen. The pit is closing up nicely, filling in with healthy skin as predicted. Most of the raised lip of the pit has disappeared as the tissue moves in to fill the gap. A small scab lies where the center of the pit had been. The outmost layer of skin around the site has peeled back, much as it does after sunburn.

All in all, there is nothing dramatic about the appearance of the site now. It just looks like a scab. For the first time since I started application of the C-Herb, I feel like I can go out in public without having it covered with a bandage. It wasn't that I felt the area really needed a bandage. Rather, it looked so weird that I was afraid people would become alarmed if they saw it!

Day eighteen. The area continues to heal without incident. There is only a slight depression in the skin now. The peeling of the outer layer of skin has stopped. The new skin remains a little pink, but otherwise the area is assuming a normal appearance.

** Herbal Skin Salve is available at www.taylormadeorganics.com