

ULTRALIGHT



# DAY HIKE

## *Packing List*

When heading out for a day hike, it's still important you are prepared in case of an emergency. Depending on how far you are planning to hike, how remote the location is and what the weather has in store, stay safe and take the right items before you head out.

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|--|--|
| <input type="checkbox"/> Day Pack 20-30 Ltrs | <input type="checkbox"/> Small First Aid Kit |
| <input type="checkbox"/> Stuff / Dry Bags    | <input type="checkbox"/> Food + extra        |
| <input type="checkbox"/> Waterproof Jacket   | <input type="checkbox"/> Pocket Knife        |
| <input type="checkbox"/> Down Jacket         | <input type="checkbox"/> Water Bottles x 2   |
| <input type="checkbox"/> Hat                 | <input type="checkbox"/> Water Bladder       |
| <input type="checkbox"/> Sunscreen           | <input type="checkbox"/> Water Filter        |
| <input type="checkbox"/> Insect repellent    | <input type="checkbox"/> Toilet Paper        |
| <input type="checkbox"/> Map / Guide         | <input type="checkbox"/> Toilet Trowel       |
| <input type="checkbox"/> Mobile Phone        | <input type="checkbox"/> Lighter / Matches   |
| <input type="checkbox"/> Headlamp            | <input type="checkbox"/> Sunglasses          |

**Remember always let someone know before you go!!**