



Signature Treatments, on the table

STICKS AND STONES

Thermodynamic basalt stones, rolling stick

Ancient origins, signature modern assembly and application. Restorative, deeply relaxing; realigns the corporal and celestial self. Muscle tension and poor circulation, be gone.

60 MINUTES

\$120

90 MINUTES

\$180

THE VESSEL

Invigorating body brush, warm oil; cocoon

Full body lymphatic massage; stimulates flow, vitality, freeing the pathways of our most fragile vessels. Rejuvenate dehydrated skin, retune the body clock; be luminous again.

60 MINUTES

\$140

90 MINUTES

\$180

EQUILIBRIUM

Above the belt; firm and slow

Unlock shoulder tension, restore posture, find balance. Finale ascends through neck, face and scalp, freeing the headspace, dissipating stress. An antidote to the chaos of life.

60 MINUTES

\$125

90 MINUTES

\$180

LAST RESORT

Detoxifying body clay; precious plant extracts, hot or cold infusion

Reparative back treatment to clarify and soothe the parched and misguided. Lymphatic massage to lumbar and legs. Ten precious plant extracts in concentrated oil; warm, potent doses of Vitamins A and E. The only way home.

60 MINUTES

\$140

90 MINUTES

\$180

CUMULUS (PREGNANCY MASSAGE)

Scented oil, belly cushion, nourish and cradle

Affectionate to the blossoming expectant, knowing of the maternal plight. A massage lovingly administered to laud and release you; oh mother!

60 MINS

\$120

90 MINS

\$180



Not so Standard Treatments, on the table

DEEPER FIBRES

Deep tissue; therapeutic, enlivens the untouched

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Unsticks muscle fibres, rectifies patterns of rigidity
and enhances recovery time from injury. Levitates
trapped emotions; corrective, tangible magic.

60 MINUTES

\$115

90 MINUTES

\$170

THE LONG EXHALE

Botanical elixirs, intuitive blends. Soft hands, knowing touch

Forgiving, calming, soporific. Melt away, live easy.
Akin to the feeling of weightlessness.

60 MINUTES

\$110

90 MINUTES

\$160

Nonstop to Nirvana, on the table

CAN I HAVE A FOOT MASSAGE?

Hot towel, aromatherapy; brings life to the
extremities. Walk on air, or water, shortly
thereafter.

15 MINUTES

\$30

TWINKLE TOES

A long soak for the tired little piggy. Stimulates
circulation, keeps you dancing.

30 MINUTES

\$60

NORTHERN HEMISPHERE

Switch back on, clear a frantic mind. A rush from the
fingertips to the hairline, and everything else north
of the Equator.

30 MINUTES

\$60



The Cherry (something extra, delightful, a welcome addition)

**Available only with 1hr massage treatments*

A NEW FACE

Double cleanse and moisturise; but this time, a little brighter. Wipe off five years, two kids or one big evening.

15 MINUTES

\$30

HEAD IN THE CLOUDS

Nourishing for a dry scalp; warm essential oils to build luscious locks. A leave-in treatment as the crowning jewel.

15 MINUTES

\$30

IT'S IN THE EYES

Reduce inflammation, restore delicate skin; look alive. A hug for the soul's window.

\$20

SITE SPECIFIC MASSAGE

For the body's physical hotspots; the muscular equivalent to an achy, breaky heart. Give us a minute and we'll put it all back together.

15 MINUTES

\$30

Prices effective as of July 1st, 2018

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