

COMMA

TREATMENT MENU

SIGNATURE TREATMENTS

○ EQUILIBRIUM 60 MINUTES: \$130
Upper cross; firm and slow

Unlock shoulder tension, restore posture, find balance. Finale ascends through neck, face and scalp, freeing the headspace, dissipating stress. An antidote to the chaos of life.

90 MINUTES: \$180

○ THE VESSEL 60 MINUTES: \$140
Invigorating body brush, warm oil; cocoon

Full body lymphatic massage; stimulates flow, vitality, freeing the pathways of our most fragile vessels. Rejuvenate dehydrated skin, retune the body clock; be luminous again.

90 MINUTES: \$180

○ STICKS AND STONES TREATMENT 60 MINUTES: \$125
Thermodynamic basalt stones

Ancient origins, signature modern assembly and application. Restorative, deeply relaxing; realigns the corporal and celestial self. Muscle tension and poor circulation, be gone.

90 MINUTES: \$180

○ LAST RESORT 60 MINUTES: \$140
Detoxifying body clay; precious plant extracts, hot or cold infusion

Reparative back treatment to clarify and soothe the parched and misguided. Lymphatic massage to lumbar and legs. Ten precious plant extracts in concentrated oil; warm, potent doses of Vitamins A and E. The only way home.

90 MINUTES: \$180

○ THE CALM VISAGE FACIAL 60 MINUTES: \$160
Massaging, plumping, nourishing, detoxifying

A facial without the new-age fancy. Rather, our therapist uses the power of massage to relax the muscles and free tension. A deep double cleanse is followed by an exfoliation and an infusion of vitamins to lock in all the good. Ending with a neck, shoulder, arm, and foot massage, and heat pack on the belly, while a face hydrating masque gets to work.

NOT SO STANDARD TREATMENTS

- **DEEPER FIBRES** 60 MINUTES: \$120
Deep tissue; therapeutic, enlivens the untouched
- Unsticks muscle fibres, rectifies patterns of rigidity and enhances recovery time from injury. Levitates trapped emotions; corrective, tangible magic. 90 MINUTES: \$175
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- **THE LONG EXHALE** 60 MINUTES: \$120
Botanical elixirs, intuitive blends. Soft hands, knowing touch
- Forgiving, calming, soporific. Melt away, live easy. Akin to the feeling of weightlessness. 90 MINUTES: \$175
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- **CUMULUS (PREGNANCY MASSAGE)** 60 MINUTES: \$140
Scented oil, belly cushion, nourish and cradle
- Affectionate to the blossoming expectant, knowing of the maternal plight. A massage lovingly administered to laud and release you; oh mother! 90 MINUTES: \$180
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NONSTOP TO NIRVANA

Shorter treatments

- **CAN I HAVE A FOOT MASSAGE?** 15 MINUTES: \$35
- Hot towel, aromatherapy; brings life to the extremities. Walk on air, or water, shortly thereafter.
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- **NORTHERN HEMISPHERE** 30 MINUTES: \$60
- Switch back on, clear a frantic mind. A rush from the fingertips to the hairline, and everything else north of the Equator.

THE CHERRY

Welcome additions to longer treatments

**Available only with 1hr massage treatments*

○ A NEW FACE 15 MINUTES: \$35

Double cleanse and moisturise; but this time, a little brighter. Wipe off five years, two kids or one big evening.

○ HEAD IN THE CLOUDS 15 MINUTES: \$35

Nourishing for a dry scalp; warm essential oils to build luscious locks. A leave-in treatment as the crowning jewel.

○ IT'S IN THE EYES \$20

Reduce inflammation, restore delicate skin; look alive. A hug for the soul's window.

○ SITE SPECIFIC MASSAGE 15 MINUTES: \$35

For the body's physical hotspots; the muscular equivalent to an achy, breaky heart. Give us a minute and we'll put it all back together.

COMMA

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