

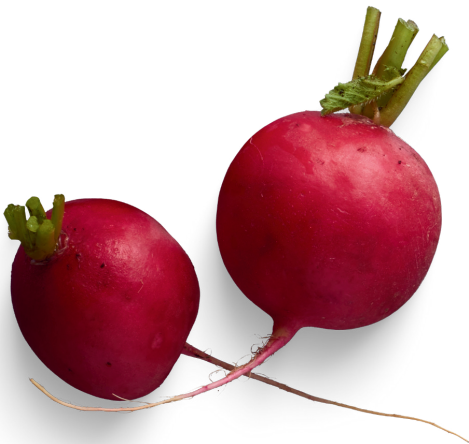
# The Joy of Veg

A little side dish that could

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START WITH

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Choose a vegetable



Choose a syrup



Choose a fat



grab some salt

**JUST DATE**

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## VARIATIONS

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Choose one of each

1

Nuts



*almonds*



*pecans*



*walnuts*



*hazelnuts*

2

Allium



*garlic*



*shallots*



*onions*



*scallions*

3

Zest



*lemon*



*lime*



*orange*

4

Herbs



*thyme*



*rosemary*



*tarragon*



*dill*

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## INSTRUCTIONS

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Toast your nuts for 5-15 mins in an oven at 300, checking at 5 minutes, and every 2-3 minutes after that. Set aside. Prep your allium. Here are some ideas: Pan-fry garlic slices. Caramelize shallots. Quick pickle onions. Chop scallions. Roast or saute your vegetables in your fat. Toss with a drizzle of your syrup, your zest and a dash of salt. Plate your vegetables on a serving platter and garnish with your allium, herbs, and nuts. Serve with joy!

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