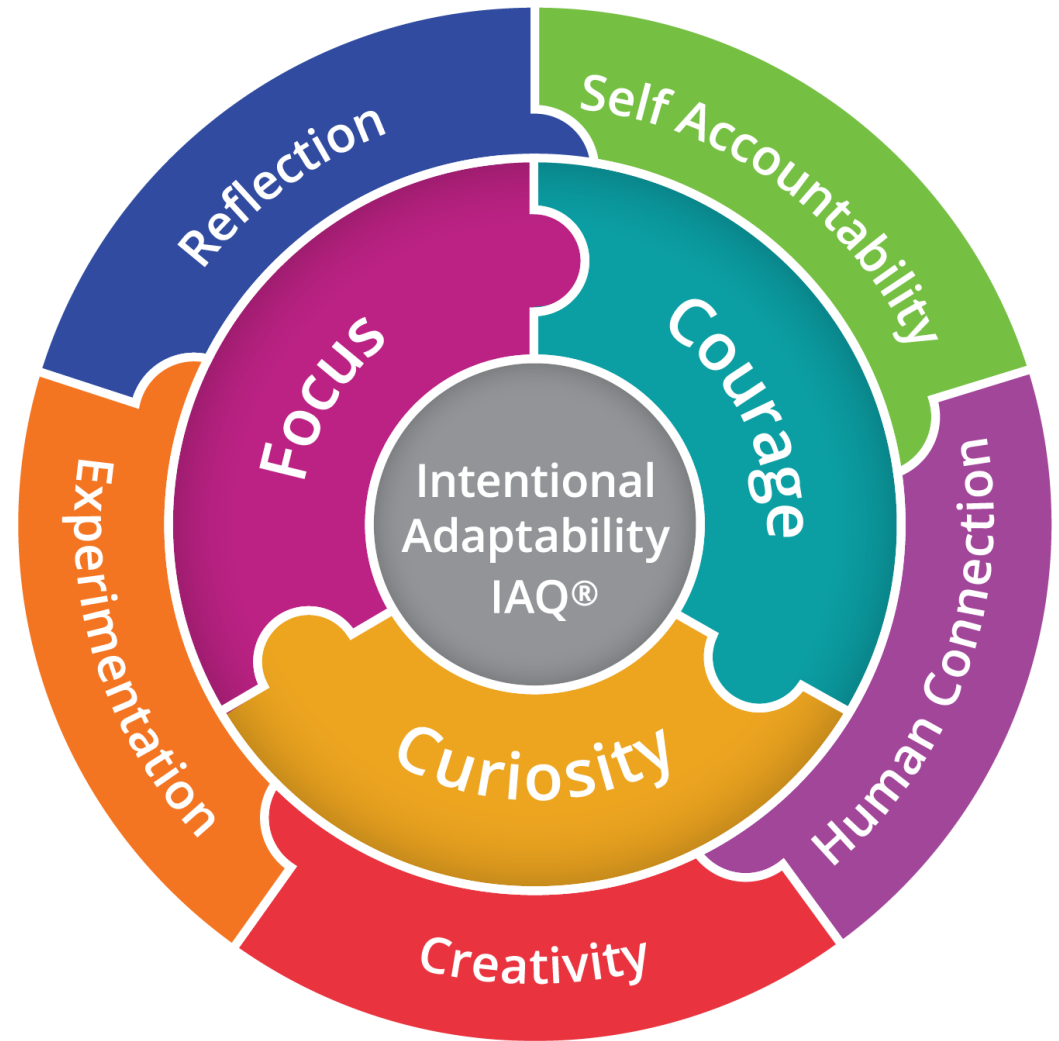


HUMANISING THE FUTURE OF WORK

WHO ARE YOU AS A HUMAN BEING?

INTENTIONAL **ADAPTABILITY** QUOTIENT®

The measure of how skilled you are at making intentional change in a complex environment that is evolving at speed



I WANT TO BRING
MORE HAPPINESS TO MY WORK BY...

HUMANISING THE FUTURE OF WORK HACKS

	TEAM	CLIENT
Hack 1: Experiment with the “Who Are You As A Human Being?” exercise	<input type="checkbox"/>	<input type="checkbox"/>
Hack 2: Experiment with the “Happiness Looks Like” photo exercise.	<input type="checkbox"/>	<input type="checkbox"/>
Hack 3: Take on the Busy = BS one week challenge. Stop using busy for one week and observe what happens.	<input type="checkbox"/>	<input type="checkbox"/>

COULD YOU BKindred?

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[Penny Locaso](https://www.linkedin.com/in/pennylocaso)



[Human First Podcast](#)



penny.locaso@bkindred.com