## Joe Sample

## **Report Summary**

- ► Your hair tissue mineral analysis indicates a significantly slow oxidation rate.
- ► Your hair tissue mineral analysis indicates your body is presently in the *exhaustion stage* of stress.
- ► Your hair tissue mineral analysis indicates a pattern of diminished cellular adrenal glandular activity.
- ► Your hair tissue mineral analysis indicates a cellular thyroid effect that is outside an optimal range.
- ► You currently exhibit a low sodium/potassium ratio.
- ► Your chart reveals low sodium and potassium levels which are associated with a degree of adrenal insufficiency, underactivity of the adrenal glands.
- ► You are currently exhibiting a copper imbalance.
- ► Your hair tissue mineral analysis indicates an imbalanced glucose (sugar) metabolism as indicated by your elevated calcium/magnesium ratio and your low sodium/potassium ratio.
- ▶ Your tissue mineral analysis indicates impaired protein synthesis at this time as indicated by your low phosphorus and zinc levels.
- ► Your low sodium/potassium ratio is contributing to an impaired protein synthesis at this time.
- ► Your hair tissue mineral analysis indicates impaired digestion, due in part to your;
  - ► low phosphorus level
  - ► low sodium/potassium ratio
  - high copper level
  - ► low zinc level
- ► Your hair tissue mineral analysis indicates your body is predominantly in a *parasympathetic state*.
- ► Your hair tissue mineral analysis suggests an impaired immune system that may limit the body's ability to remain in a healthy state, due in part to your;
  - ► low sodium/potassium ratio
  - zinc deficiency, or loss
  - copper imbalance
  - ► low tissue zinc/copper ratio

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- ► Your hair tissue mineral analysis indicates a trend for liver and kidney stress at this time.
- ► Your hair tissue mineral analysis currently indicates the presence of an inflammatory tendency, as indicated by your;
  - ► low sodium/potassium ratio
  - ► low potassium level
  - copper toxicity
- ► Your hair tissue mineral analysis indicates significantly decreased cell permeability at this time.
- ► Your calcium level is above an optimal range at this time.
- ► Your magnesium level is currently below an optimal range.
- ▶ Your sodium level is below an optimal range at this time.
- ► Your potassium level is below an optimal range at this time.
- ► Your iron level is below an optimal range at this time.
- ► Your copper level is above an optimal range at this time.
- ► Your manganese level is below an optimal range at this time.
- ► Your zinc level is below an optimal range at this time.
- ► Your chromium level is below an optimal range at this time.
- ► Your selenium level is below an optimal range at this time.
- ► Your phosphorus level is below an optimal range at this time.
- ► Your copper level is above an optimal range at this time.
- ► Your hair analysis indicates a high mercury level at this time.
- ► Your hair analysis reveals a presence of cadmium in the tissues at this time.
- ▶ Your hair analysis reveals a presence of aluminum in the tissues at this time.

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