

Bracelet Size Guide

For Women's Bracelets and Cuffs:

- 1. Using a flexible measuring tape*, measure the circumference of your wrist just above the wrist bone (toward the elbow).
- 2. Make a note of the number at the point where the measuring tape meets the 0.
- 3. Compare your measurement to the chart below, and choose the corresponding bracelet size.

Actual Wrist Measurement	Bracelet Size
6 - 6 ½ " inches	Small 7"
6 ½-7" inches	Medium 7 ½"
7 - 7 ½" inches	Large 8"



Bracelet Size Guide

For Men's Bracelets and Cuffs:

- 1. Using a flexible measuring tape*, measure the circumference of your wrist just above the wrist bone (toward the elbow).
- 2. Make a note of the number at the point where the measuring tape meets the 0.
- 3. Compare your measurement to the chart below, and choose the corresponding bracelet size. If your bracelet or cuff appears to be between two sizes, we suggest you choose the larger size.

Actual Wrist Measurement	Bracelet Size
6 ¾ - 7 ½"	Small 8"
7 ½ - 8 ¼"	Medium 8 ¾"
8 ¼ - 9"	Large 9 ½"