

Goal Tracker



Week of _____

Overall Goal: _____ Reward: _____

Sunday	Goal: _____ _____ _____	Achieved ★	Reward: _____ _____ _____
Monday	Goal: _____ _____ _____	Achieved ★	Reward: _____ _____ _____
Tuesday	Goal: _____ _____ _____	Achieved ★	Reward: _____ _____ _____
Wednesday	Goal: _____ _____ _____	Achieved ★	Reward: _____ _____ _____
Thursday	Goal: _____ _____ _____	Achieved ★	Reward: _____ _____ _____
Friday	Goal: _____ _____ _____	Achieved ★	Reward: _____ _____ _____
Saturday	Goal: _____ _____ _____	Achieved ★	Reward: _____ _____ _____