# <u>Lesson 1</u> Mark 1:1-46

# I. Read Mark 1:1-8.

- 1. What verses that prophesy about John is Mark quoting from the Old Testament?
- 2. a. What was John's purpose in life? (vs. 3)
  - b. Who prepared the way for you to know the Lord? How could God use you to prepare the way for a friend or relative to know the Lord?
- List the similarities of John to Elijah as seen in these verses regarding the following areas: (2 Kings 1:8, Malachi 4:5, Matthew 17:10-13 and Luke 1:13-17).
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- 4. T or F Locusts are listed in the Bible as "clean" food.
- 5. What do you learn from John's attitude about his relationship to Jesus? (vs. 7)

#### **II. Read Mark 1:8-13.**

- 6. a. How was John's baptism different from the baptism Christ would offer? (Also see John 1:26,33)
  - b. What promises did the Jewish people already have about the Holy Spirit? (Isaiah 44:3; Ezekiel 36:26-27; Joel 2:28-29)
- 7. Since Jesus had nothing to repent of (I John 3:5), why do you think he was baptized?
- 8. a. How did God affirm Jesus as his beloved son?
  - b. How have you recognized Jesus Christ as God's son in your own life?
- 9. a. In view of the upcoming challenges, what was the purpose of the desert getaway?
- 9. b. How does one prepare for a physical or mental challenge? (Think Olympics, trek, finals)

- c. How can you be spiritually prepared for everyday challenges as well as the unexpected major crisis? (Share verses that help you if applicable.)

#### **III. Read Mark 1:14-28.**

11. What two actions did Jesus require as a response to the coming kingdom of God?

- 12. a. What are the results of repentance without belief in the promise of salvation? (See Matthew 27:3-5; II Corinthians 7:8-10)
  - b. How does this affect your desire to let others know about true repentance of sins?
- 13. a. What did the disciples leave behind to follow Jesus?
  - b. Read I Corinthians 7:17-24 and consider Mark 1:29; 10:28. Would Paul disagree with the disciple's actions in Mark 1:18-19?
- 14. Do you believe Satan is active today? Upon what evidence do you base your answer? (Please support your answer with scripture.)

## **IV. Read Mark 1:29-34.**

15. a How did Peter's mother-in-law respond to being healed by Jesus?

b. What can you do, or what are you doing to show gratitude for Jesus' healing in your life?

### V. Read Mark 1:29-45.

16. What impresses you about Jesus' prayer life and how can you apply it to your own habits?

- 17. a. What did Jesus focus on to avoid numerous distractions by other people? (vs. 38)
  - b. When feeling pulled in all directions, how can a focus on Jesus keep your priorities in order?
- 18. What two passages in this chapter describe Jesus using touch while showing compassion?
- 19. a. Think of the most loving, Christ-like people you know. How many are huggers?
  - b. Describe times when you may be reluctant or uncomfortable to touch or be touched while ministering to others?
  - c. How does being touched by another believer affect you?
  - d. Who will you reach out to with a loving touch this week?