

You are the High Priestess:
**MERCURY RETROGRADE
IN PISCES**

Daily 16 Lessons



The Voluptuous Witch

MARCH 22

Other Signs

Numbers are an avenue through which our guides can speak to us. One of the most common types of DM questions I receive is, for example, “I saw 444 three times this week! What does it mean?!” The honest answer is that I don’t know. I do believe numbers are a message for us and I also think the meaning can be personal, as with all symbols. Connecting with numbers and taking them seriously is not about superstition for me, it’s just a simple practice that offers itself for observation, meaning, and learning my own signals. For example, during a period of my life when I was very ill and under a huge amount of stress, every time I looked at the clock on my stove it said 3:33, 4:44, 11:11, etc. It wasn’t something I looked at all day long or even that frequently, so it really stood out to me how often they would appear. Certain numbers already have a lot of meaning for me, like the number 3, so I will feel extra protected and cared for when I notice it repeating. The number 5 is associated with Oshun, so when I walk by a house with the number 555 and happen to look over and notice that one house’s number, rather than any other I’ve passed, I know she’s speaking to me. Seeing those repeating numbers when I was in a difficult place let me know that angels were with me and they wanted me to know they were there. Sometimes I’d google “444 angel numbers” and read some ideas of what the numbers could mean, for hope and inspiration and to see positive interpretations that could spark ideas of my own. Numerology is of course a great avenue too, although I don’t really apply numerology to numbers I see at random. But maybe you do or will?

The same can be true for symbols, colors, or other cues. Noticing how your guides talk to you is one of the most important things you can do. Deciphering the meaning is secondary. First, you have to notice.

One simple way to start connecting with numbers more is to learn about your Life Path Number. Numerology has layers, and it's an area of expertise all its own, so we're not going to dive into numerology in any depth here, but the process is super simple:

How to calculate your Life Path Number

Let's use the birthdate June 18, 1990

To calculate the Life Path number, you simply add the **MONTH + DAY+ YEAR**

Remember: You always reduce to a one-digit number

June = 6 (because it is the 6th month of the year)

18 = 1 + 8 = 9

1990 = 1 + 9 + 9 + 0 = 19 | 1 + 9 = 10 | 1 + 0 = 1

Now add together:

6 + 9 + 1 = 16

Keep adding: 1 + 6 = 7

In this example, you would have a 7 Life Path

I really like Felicia Bender's online descriptions of the life path numbers as something googleable that's actually pretty accurate and useful. There's much more to numerology than just that but it's a good place to start if you're thinking about learning more number associations or starting to seek what numbers are connected to you or personally meaningful for you. (Remember that numerology is like astrology in that there is more to you than just your life path number and it's ok if that one number doesn't describe all of you.)

<https://feliciabender.com/life-path-number/>

Inventory #16

Do I see repeating numbers often? Rarely? At any specific times?

Do I see a particular number most often? What are my associations with that number? When are some example of times I've seen it?

Are there numbers associated with any of the guides I have been thinking about or have experience working with?

Am I comfortable with receiving messages that aren't literal? With not always knowing exactly what they mean?

Are there signs or symbols I look for to know I'm on the right track or in the right place? What are they?

Are there numbers I consider unlucky? Why? Has that been true for me?

Seeing & Feeling Auras

Auras are energy. Barbara Ann Brennan describes the Human Energy Field as “a luminous body that surrounds and interpenetrates the physical body, emits its own characteristic radiation and is usually called the aura.” People often talk about seeing auras, which is likely that you do if you are clairvoyant, or perhaps you see them occasionally. Visible auras have colors and brightness to them and the colors or textures you see can be interpreted. The feeling of auras can be interpreted as well. We don't talk as much about feeling auras, however, and often this can be a really good starting point for connecting with the energy of others.

To practice, choose a pet, plant, or person to work with. Have your subject be in a position where you can reach them comfortably. Standing behind them, rub your palms together briskly and then hold them an inch apart. You likely feel the heat and tingling sensation in your hands, right? What you're feeling is energy, the energy you just generated rubbing your hands together. Next, take your hands and slowly lower them toward your subject. You're going to want to stop when you're about 6 inches away. (Start at the head, or top if you're using a plant.) Notice at what point you start to feel their aura. Note how close you have to be to feel it. Notice any slight changes you're feeling in your hands. Temperature? Vibration? When you feel changes, note what they are. Spend as much time as you feel comfortable feeling into this aura. See what comes to you. Are there thoughts? Images? A wave of feeling? Make note of what you feel and what you are sensing in this aura.