

The background of the entire image is a vibrant pink. A large, semi-transparent yellow circle is centered in the upper half. Inside this circle, the text "COSMIC GUIDE: JULY INTRO" is written in a bold, white, sans-serif font. Below the circle, there are colorful, ethereal smoke or nebula-like patterns in shades of orange, red, and purple. At the bottom, the text "Cosmic Coven" is written in a large, white, cursive font, and "The Voluptuous Witch" is written below it in a smaller, white, cursive font. The entire image is decorated with small, sparkling star-like effects.

COSMIC GUIDE: JULY INTRO

Cosmic Coven

The Voluptuous Witch

This is a mini-guide to give you guidance for the solar eclipse on July 2nd. Tomorrow, your New Moon Ritual Guide will go up with instructions for the rest of the week. Make sure to read through this first! I also include a July Tarot Spread at the end.

We're in the ZONE OF CHANGE now. Keep in mind that things are flux. July 2nd we have a SOLAR ECLIPSE // NEW MOON in the sign of Cancer. The eclipse will occur at 10 degrees of Cancer. Eclipses are, traditionally, malefic. This means that the time of the eclipse is not actually considered auspicious. If you think about it from an astrological perspective, this makes sense. The Sun is at the center of all we do. The Sun is the King/Queen. When the light of the Sun is blocked, good fortune is not present (it is said that observing the eclipse even through safe eyewear is bad luck because the Sun does not want to be seen in a weakened state). That said, I've viewed eclipses! I can't say for sure what the impact was, although I do associate the one eclipse I pilgrimaged to view to be hugely catalyzing. Shortly thereafter, I overturned my entire life. My intention is not to be ominous, simply to share perspective. It's an awesome and magical event and one that also calls for us to protect ourselves while it's happening.

My recommendation comes from experience: be very thoughtful in considering whether you do any magic during the eclipses themselves. Eclipses tend to flip things and they are a wild card. Also, they are malefic (negative). In short: you can curse yourself. There will be lots of people online saying to do big magic during the eclipse and if you are an experienced practitioner, do your thing (obviously). But, if you are not, I really suggest laying low during the actual eclipses. I think it's really important to be respectful of the eclipse energy. I learned this the hard way and I'm not the only one!

ECLIPSE INSTRUCTIONS

The full duration of the Solar Eclipse in Cancer will be 12:55p until 5:50p EST on July 2nd. The New Moon is exact in the middle of this, at 3:16p EST. During this window of time the recommendations are as follows:

- Stay indoors, if possible, since getting as little of the eclipse light on us as possible is ideal (even if the eclipse is not visible where we are located, which for most of us it will not be)
- Take a salt bath

- Put a bowl of black salt out or a line of black salt in front of your door
- [Read this piece on a vedic astrology approach to North Node eclipses.](#)
This is from a past eclipse but the recommendations apply because this eclipse involves the North Node as well.
- Make an offering to Durga

From the above article, here are instructions for this. I do this myself so I'm sharing it here:

Durga is the Goddess slayer of Rahu and the consort of Lord Shiva. She has three eyes, the left representing the Moon, the right representing the Sun, and the central third eye representing the fire of knowledge.

Set an altar space facing Southwest, light the candle. Ideally chant or listen to a Durga mantra (you can find one on YouTube). Offer her a lemon, which she likes and has cleansing and clarifying properties. Cut it in half or in slices before presenting it to her. She also likes ghee, sugar, honey, and milk. Pray to her for illumination and liberation from delusion.

- Rest
- Eat light
- Drink Water

The only ritual I suggest during the eclipse is protective work such as the above. I draw the shades, lie down, and keep close to me what feels protective. If you can't do exactly that, that's totally fine. Do what is possible for you, keeping these general principles in mind.

The Moon will leave the sign of Cancer and enter the sign of Leo on July 3rd at 11:20p EST. We will do our new moon ritual (in July's first guide) at that time, or the next day!

JULY TAROT SPREAD

Card 1: You

Card 2: The energy of this new month

Card 3: Where is change coming to your life

Card 4: What will help you welcome this with ease

Card 5: Where can you find joy

Card 6: What will be the biggest challenge

Card 7: The gift of that challenge

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