

You are the High Priestess:  
**MERCURY RETROGRADE  
IN PISCES**

# *Daily 8 Lessons*



*The Voluptuous Witch*

# MARCH 13

## Block Busting

Now that some consistent grounding has been introduced as well time connection with your dreams, let's bust some ruts!

The astrology of the next few days is especially good for this and even if you're arriving at this slightly off the exact schedule, it never hurts to open the roads. If you're feeling extra ungrounded, that would be the only time to be cautious, since an influx of energy can be best received when you feel connected to your body, your practices, and your day in general. If you're feeling stuck, however, in terms of moving forward with some of these changes, then road opening is still probably a good idea.

When we open the road, we're asking for blocks to be removed. For opportunity, ease, permission to pass. Freedom to move. A way to be shown. This process will have a few different components, throughout the week.

### Inventory #8

- Where do I feel blocked right now (if anywhere)?
- Do I know what's in the way? If yes, what is it?
- When I feel this, what happens? (freeze, procrastinate, avoid, get angry, stir up chaos elsewhere, wait patiently, etc)
- Imagine there is nothing in the way. You're totally free to move ahead. What does this feel like? Be very specific here! Feel it. Your body, your emotions, and so forth.
- Imagine there is nothing in the way. What are the outer circumstances? What are others saying to you, offering you, what is happening in the outside world to make this possible?
- How much do you care about what others think? Why? How could you throw that over the edge of the cliff and start fresh?

## BLOCK BUSTING:

Sharing this spell in honor of Katelan Foisy who taught it to me in 2015. She is the most recent interview up. She's so fabulous! I really suggest watching it.

Ideally you have a fresh white cloth for your altar cloth, although truly it can be anything you like and have. (You'll want to create away from anything flammable, please use proper caution and discernment.)

### **You will need:**

- White candle
- Sea Salt
- Juniper
- Lemon

Cut the lemon in half and squeeze half the juice into some sea salt mixed with olive oil. Crush up some juniper and add it to the scrub. This is a block breaker scrub that you can use as you shower or bathe tonight. Lemons are great for making things neutral, bringing things back to basics and cleansing the body and mind. Sea salt is a natural protector and cleanser, olive oil is the holy oil of the magical world, bringing peace, harmony, and a clear mind and juniper is a block busting, uncrossing powerhouse packed up in a tiny berry.

Take a bath or a shower and scrub your body with the block buster. Visualize all of your blocks being broken, your path being uncrossed, and doors opening. Say out loud or to yourself all the things that feel blocked or crossed and allow them to run down the drain. Pat yourself dry and return to your candle. Anoint the candle with olive oil pushing the oil away from your body and towards a door or window. Add a few drops of the lemon to the candle. On a heat safe plate spread a circle of sea salt and drip more of the lemon onto the salt. Sprinkle the juniper on the salt and lemon. Place the candle in the middle of the salt circle and put your hands over it. Place any of the excess energy or fear into the candle, visualizing the candle melting and those blocks melting as well. When you are finished blow on it three times (this breathes life into it) and light the candle. Allow it to burn out.

**Focus on your vision of Freedom to Pass/Nothing In the Way that you journaled about in your inventory.**

Take the remaining wax and salt to a crossroads and throw out in a plastic or paper bag. This can be a cross section of the road where there is a garbage can. If you do not have crossroads near you throw away and immediately take garbage out of house.