

THE xR650

INCREDIBLE OCTANE INNOVATION AT A VALUE

xR650

The latest in the exciting evolution of Octane's unprecedented xRide recumbent ellipticals, the xR650 offers the high quality and innovative features that define Octane. All at an exceptional value.

OCTANE ADVANTAGES

- Active Seat Position™
- PowerStroke™ elliptical pedal motion
- 343% more glute activity than recumbent bike*
- Step-through design
- Advanced training - 30:30



xRide



POWERSTROKE™

This longer elliptical motion engages more muscles for greater caloric expenditure, 343% more glute activity compared to a recumbent bike* and better overall results.

CUSTOMIZED COMFORT

The Active Seat Position™ accommodates different size exercisers, by offering more tilt and height adjustments for the perfect fit to maximize comfort and variety.

CHEST & LEG PRESS

Exercisers combine cardio and strength training efficiently with vigorous interval repetitions at high intensity.

VARIETY

Build motivation and enhance retention with interactive heart rate workouts, interval training and customized programs.

xR650 SPECIFICATIONS

• Standard ◦ Optional

KEY MECHANICAL FEATURES

Step-through design	•
Oversized soft grip pedals	•
Stationary footpegs	•
Seat height adjustments	20
Seat tilt adjustments	5
1-time adjustable handlebar position	•
Stationary handlebars	•
Water bottle holders	2
Tablet/reading rack	•
Transport wheels	•
Pedal straps	◦

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (Polar®)	•
Self-powered	•
HeartLogic™ Intelligence	•
CSAFE®	•

WORKOUTS

Number of programs	16
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

ADVANCED PROGRAMS

30:30 Interval	•
Constant Watts	•
Constant METs	•

WORKOUT BOOSTERS

Muscle Endurance	•
Leg Press	•
Chest Press	•

ENTERTAINMENT OPTIONS

Personal Viewing Screen**	◦
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PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	35" x 71.5" (88 cm x 182 cm)
Product weight	268 lbs (122 Kg)

WARRANTY

VERTICAL FACILITY

Parts	3 years
Labor	1 year

**External controller required.