In this worksheet you will find a template to calculate your own Net Worth, an example is also given to help you along the way.

Read the article **Personal Finance in your 30's: How do you figure out your net worth?** first to understand what your Net Worth means and why it is so important to keep checking it!

Make sure to Calculate your net Worth every 6 months to see in which areas you can grow or tweak to increase your Net Worth in the long run.

How do I calculate my Net Worth?

It is a simple calculation of your assets minus your liabilities. Assets are the things that you own (debt-free) and your cash. Your liabilities are all your debts, including something like a mortgage or car loan.

NOW LET'S START :-)

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An example

Tina is 35 and lives in Amsterdam and has a house with a market value of \$450.000. She has a car worth \$5.000, savings \$10.000, checking account with \$750 and other assets worth \$5.000. Her liabilities are the mortgage on the house of \$400.000, a student loan of \$2.500 and no credit card debts.

TINA'S ASSETS ARE WORTH

CHECKING ACCOUNT	750
SAVINGS ACCOUNT	10.000
CASH	-
CAR (MARKET VALUE)	5.000
HOUSE (MARKET VALUE)	450.000
INVESTMENTS	-
JEWELRY, FURNITURE	-
OTHER	5.000

TOTAL VALUE OF ASSETS:

470.750

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TINA'S LIABILITIES ARE WORTH

MORTGAGE	400.000
CAR LOAN	-
STUDENT LOAN	2.500
OTHER LOAN	-
CREDIT CARD	-
OTHER	-

TOTAL VALUE OF LIABILITIES:

402.500

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TOTAL VALUE OF ASSETS

470.750

TOTAL VALUE OF LIABILITIES 402.500

TOTAL NET WORTH

68.250

According to CNN Money, the average Net Worth per age is as follows: \$9000 age 25-34, \$52000 age 35-44 and \$100.000 age 45-54.

FILL IN THE AMOUNT YOUR ASSETS ARE WORTH

CHECKING ACCOUNT	
SAVINGS ACCOUNT	
CASH	
CAR (MARKET VALUE)	
HOUSE (MARKET VALUE)	
INVESTMENTS	
JEWELRY, FURNITURE	
OTHER	

TOTAL VALUE OF ASSETS:

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FILL IN THE AMOUNT YOUR LIABILITIES ARE WORTH

MORTGAGE	
CAR LOAN	
STUDENT LOAN	
OTHER LOAN	
CREDIT CARD	
OTHER	•
_	
TOTAL VALUE OF LIABILITIES:	
TOTAL VALUE OF LIABILITIES.	

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TOTAL VALUE OF ASSETS

TOTAL VALUE OF LIABILITIES

+

TOTAL NET WORTH

According to CNN Money, the average Net Worth per age is as follows: \$9000 age 25-34, \$52000 age 35-44 and \$100.000 age 45-54.

KEEPING CHECK ON YOUR NET WORTH

Fill in your Net Worth throughout the year

	Date:
	MY NET WORTH IS:
	Date:
	MY NET WORTH IS:
	Date:
	MY NET WORTH IS:
W	ILL INCREASE MY NET WORTH BY
	DATE 1:
	DATE 2:
	DATE 3:

BONUS PAGES

WHICH AREAS TO LOOK AT TO INCREASE YOUR NET WORTH

HOW TO INCREASE YOUR NET WORTH

In order to increase your Net Worth, you can save money in your savings account or start investing, which usually returns higher yields. You can also invest in houses. Do not put your money in cars, these only lose value and will decrease your net worth on a yearly basis.

TINA'S ASSETS ARE WORTH		
CHECKING ACCOUNT	750	
SAVINGS ACCOUNT	10.000	
CASH	-	
CAR (MARKET VALUE)	5.000	
HOUSE (MARKET VALUE)	450.000	
INVESTMENTS	-	+
JEWELRY, FURNITURE	-	
OTHER	5.000	

TOTAL VALUE OF ASSETS:

470.750

In order to increase your Net Worth make sure to decrease any outstanding debts. Do not buy cars on credit or take out a car loan. Always pay off your credit card bill in the same month. Try to renegotiate your mortgage and student loan interest rates on a yearly basis.

TINA'S LIABILITIES ARE WORTH

MORTGAGE	400.000	
CAR LOAN	-	
STUDENT LOAN	2.500	
OTHER LOAN	-	+
CREDIT CARD	-	
OTHER	-	

TOTAL VALUE OF LIABILITIES:

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