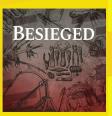
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
AM		Morning extended care				
9.30 - 12.30	<ul> <li>Mission brief</li> <li>Setting up your Medieval camp</li> <li>Establishing an outdoor kitchen</li> <li>Building a kitchen fire</li> <li>Making Medieval spiced hot chocolate</li> </ul>	<ul> <li>Introduction to tools and safety</li> <li>Designing a Trebuchet</li> <li>Building a wooden trebuchet</li> </ul>	<ul> <li>Introduction to bows: materials and types</li> <li>Designing your own long bow</li> <li>Whittling long bows</li> </ul>	<ul> <li>Introduction to blacksmithing</li> <li>Fire lighting</li> <li>Mini foundry project: casting pewter arrow heads</li> </ul>	<ul> <li>Introduction to trapping</li> <li>Making a simple trap</li> <li>Preparing game</li> <li>Fire making</li> <li>How to spit roast game on the fire</li> </ul>	
12.30 – 13.30 Lunch break						
13.30 - 16.00	<ul> <li>Whittling slingshots</li> <li>Slingshot skills: practise the essentials</li> <li>Slingshot tournament</li> </ul>	<ul> <li>Trebuchet building cont.</li> <li>Testing your trebuchet</li> <li>Back to the fire: making medieval pancakes</li> </ul>	<ul> <li>Long bow making cont.</li> <li>Archery competition: get to grips with long bow accuracy</li> <li>Back to the fire: cooking baked apples</li> </ul>	<ul> <li>Assembling arrows using dowels and arrow heads</li> <li>Testing your archery skills</li> <li>Back to the fire: cooking medieval porridge with honey</li> </ul>	<ul> <li>Game feast with baked potatoes</li> <li>Skills training: slingshot / trebuchet / long bow</li> <li>Parent showcase</li> </ul>	
РМ			Afternoon extended care			

## THE HIVE AMAZING OUTDOOR MISSIONS



Just Sow Ltd trading as The Hive. All rights reserved. Just Sow Ltd. Registered in England 08715047