

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.30 – 9.30	Morning extended care				
9.30 – 12.30	<ul style="list-style-type: none"> <li>• Mission brief</li> <li>• Setting up your Medieval camp</li> <li>• Establishing an outdoor kitchen</li> <li>• Building a kitchen fire</li> <li>• Making Medieval spiced hot chocolate</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to tools and safety</li> <li>• Designing a Trebuchet</li> <li>• Building a wooden trebuchet</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to bows: materials and types</li> <li>• Designing your own long bow</li> <li>• Whittling long bows</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to blacksmithing</li> <li>• Fire lighting</li> <li>• Mini foundry project: casting pewter arrow heads</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to trapping</li> <li>• Making a simple trap</li> <li>• Preparing game</li> <li>• Fire making</li> <li>• How to spit roast game on the fire</li> </ul>
12.30 – 13.30	Lunch break				
13.30 – 16.00	<ul style="list-style-type: none"> <li>• Whittling slingshots</li> <li>• Slingshot skills: practise the essentials</li> <li>• Slingshot tournament</li> </ul>	<ul style="list-style-type: none"> <li>• Trebuchet building cont.</li> <li>• Testing your trebuchet</li> <li>• Back to the fire: making medieval pancakes</li> </ul>	<ul style="list-style-type: none"> <li>• Long bow making cont.</li> <li>• Archery competition: get to grips with long bow accuracy</li> <li>• Back to the fire: cooking baked apples</li> </ul>	<ul style="list-style-type: none"> <li>• Assembling arrows using dowels and arrow heads</li> <li>• Testing your archery skills</li> <li>• Back to the fire: cooking medieval porridge with honey</li> </ul>	<ul style="list-style-type: none"> <li>• Game feast with baked potatoes</li> <li>• Skills training: slingshot / trebuchet / long bow</li> <li>• Parent showcase</li> </ul>
16.00 – 18.00	Afternoon extended care				

