

FAQ

WHAT ARE THE BENEFITS OF TAKING DEEP MARINE COLLAGEN?

Deep Marine's Extra-Strength, Canadian Collagen improves skin appearance, reduces wrinkles, increases skin hydration and diminishes hyperpigmentation spots.

DM also dramatically reduces arthritic joint pain by rejuvenating joint tissues and reducing joint inflammation; this increases strength, mobility and reduces pain.

DM also has strong anti-inflammatory properties which make it particularly effective at managing inflammation in the body. This brings dramatic symptom relief to people with autoimmune diseases such as rheumatoid arthritis, lupus, and inflammatory skin conditions. Check out our testimonial section to hear directly from other DeepMarine users.

IS COLLAGEN SAFE TO EAT REGULARLY?

Collagen is extremely safe and well tolerated by the vast majority of people. Our collagen is 100% made-in-Canada from the skin and scale of fish, caught wild in the North Atlantic.

WHAT IS COLLAGEN?

Collagen is one of the body's most critical and abundant proteins. It's the molecule that provides essential strength and structure in skin, organs, connective tissues and the musculoskeletal system. As we age our body's natural collagen production declines. Supplementing with DM collagen helps to boost the body's own ability to produce collagen, which improves the structural integrity of these connective tissues, bones, muscles and skin.

CAN I GET THE SAME EFFECTS FROM TAKING FISH OIL SUPPLEMENTS?

No. Fish oil supplements are a source of Omega oils. DeepMarine Collagen provides you with bio-available peptides that promote new collagen growth and reduce inflammation.

WHAT DOES IT TASTE LIKE?

DeepMarine Collagen is odourless and tasteless. Many people like to mix it in their favourite juice, smoothie, coffee, tea, yoghurt, or hot cereals.

CAN CHILDREN TAKE DEEP MARINE COLLAGEN?

Although collagen is a very safe product, the recommended use is for adults. Parents should consult their child's physician to determine if the product is appropriate for their child's use.

ARE THERE ANY ADVERSE EFFECTS?

Collagen is highly safe and extremely well tolerated. Our collagen is made from 100% fish skin and scale, and like any natural substance, there can be people who develop an allergic reaction or a sensitivity to it. Typically, an allergic reaction presents as a rash, or itchy skin. If this happens to you, discontinue use and consult a physician. Collagen is a pure protein and some people may find that large amounts of protein can cause slight gastrointestinal disturbances.

HOW LONG HAS COLLAGEN BEEN AROUND?

Collagen was first identified in 1930 and has been studied extensively by scientists for many decades. Collagen is regarded as a safe product to consume by the FDA, Health Canada and the World Health Organization.

WHAT IS DEEPMARINE MADE FROM?

DeepMarine is made entirely in Canada and uses only the scales and skins of wild-caught, fish from the North Atlantic waters. Our Canadian manufacturing uses no chemicals and employs highly specialized technologies that incorporate Canada's pristine fresh water and non-chemical filtration processes. Our manufacturing facility is also strictly regulated by Health Canada and scrutinized by Canada's Food Inspection Agency. This ensures that our collagen is ultra clean, highly pure and contains neither chemicals nor preservatives.

You can be certain that every batch of **DeepMarine is 100% made in Canada** under the world's strictest quality control and production standards.

DOES DEEPMARINE USE FILLERS IN THE COLLAGEN?

DeepMarine Collagen is made from 100% cod fish scales and skins and contains no fillers, chemicals or preservatives.

HOW DOES IT WORK?

DeepMarine's Collagen delivers specific peptides to your body's own fibroblast, osteoblast and epithelial cells – these are the cells that produce collagen in your tissues and bones. These peptides help increase you own natural collagen synthesis so that your body is better able to repair and fortify soft tissues in your joints and gives skin greater strength and structure.

It is also well recognized that hydrolyzed collagen has strong anti-inflammatory and anti-oxidant properties. Daily consumption of DeepMarine Collagen peptides can reduce symptoms of many inflammatory and autoimmune diseases. DeepMarine customers report significant improvements in eczema, psoriasis, lupus, rheumatoid arthritis and inflammatory bowel disease.

WHAT QUALITY STANDARDS ARE USED

Each lot of DeepMarine collagen is rigorously tested by independent laboratories. Our testing validates the

nutritional content, tests for heavy metals and microbiology standards. We ensure that our 100% natural collagen is safe for your daily consumption –
Made in Canada | No chemicals | No preservatives |
No Fillers or additives.

WHAT IS THE BEST WAY TO MIX IT?

Measure 1 or 2 scoops of collagen into a dry glass. Ensure that you stir vigorously **while** you begin to pour juice or your favourite beverage into the powder. Adding powder first and stirring while pouring, helps to thoroughly dissolve the collagen and prevent it from clumping or sticking to the side of the glass.

Many DeepMarine users like to add a dose to their morning smoothie.

Remember to make it part of a daily routine so that your body gets the greatest benefits.

SHOULD I TAKE 5G OR 10G PER DAY?

Most people see significant results by taking a 5g (1 scoop) daily dose. People with more severe conditions may require 10g (2 scoops) daily dose. Many people begin taking 10g as a loading dose and then adjust the amount once they see results.

HOW LONG DOES IT TAKE TO SEE RESULTS?

Most people see improvement with 1-4 weeks of daily use. Severe cases usually require 4-12 weeks of a 10g daily dose before symptoms are relieved. Check out

our testimonial section to hear directly from other DeepMarine users.

HOW LONG WILL ONE BOX LAST ME?

When taking 5g/day, the 150g container will last for one month and the 300g box will last 2 months.

Please note that people with severe conditions often require a 10g dose of collagen.