

# *Applied Biodynamics, Periodical\** of the Josephine Porter Institute Index of Issues: Fall 1992 to Winter 2021

\*Previously referred to as the "Newsletter" of Josephine Porter Institute

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The City with Golden Garbage (reprint of article by A.W. Martinez from May 31, 1952 issue of Collier's magazine)  
Steiner on the Use of Human Manure (A. Porter)  
Frequently Asked Questions: Applying the Preparations Winter Application of Biodynamic Tree Paste (A. Porter) In Memory of Ruth Zinniker and KK Haspel (A. Porter) Review- Dancing with Thoreau, DVD (A. Porter)

**In 2015 Applied Biodynamics transitioned from a shorter quarterly publication to a longer biannual publication.**

#### Spring/Summer 2015, Issue No. 87 (20 pages)

Towards a Wholeness of Nature with Composting and Chromatography (H. Francis interviews Bruno Follador)  
Nature's Life and Flow: The Farmer as Observer (K. Davis Brown)  
The Light Root (Dioscorea batatas): Human Consciousness and Health (B. Scott)  
Beginning Biodynamics for the Backyard Gardener (A. Porter)  
New-Beginning Biodynamic Kits  
Anecdotes: Pfeiffer Biodynamic Field and Garden Spray (A. Porter)  
JPI Spring Workshop: Making Spring Preparations. Compost and Chromatography with Bruno Follador (A. Porter)  
Book Reviews: The Light Root: Nutrition of the Future, A Spiritual- Scientific Study by Ralf Roessner and Clemens Hildebrandt A Monk in the Bee Hive: A Short Discourse on Bees, Monks & Sacred Geometry by Skye Ann Louise Taylor

#### Fall/Winter 2015-2016, Issue No. 88 (22 pages)

Reconnecting with the Forces of Nature: Festivals and Healing Substances (A. Porter Interviews Basil Williams, DO)  
The Honoring of the Elementals with the Festival Sprays (A. Porter with Dr. Basil Williams)  
Epiphany Meditation  
The Season When the Earth is the Most Inwardly Alive: Biodynamic Practice September - March (K. Davis-Brown)  
Building Your Farm Strength, Conversations with Jamie Fochuk

(H. Francis)

FAQ: Compost (A. Porter)  
Anecdotes: Mac Mead's Winter Burial of Seeds  
Demeter Hosts Biodynamic Garden and Lounge at National Heirloom Exposition  
JPI Volunteer Days, Holiday Gift Suggestions

#### Spring/Summer 2016, Issue # 89 (24 pages)

Fellowship of the Preparation Makers Holds Meeting in California, "Making Visible Formative Forces within Substance" and Harvard Divinity School "The Spirit of Sustainable Agriculture (H. Francis)  
JPI 2015 Year in Review (P. Frazier)  
"The Most Distant Reaches of the Universe" – Biodynamic Practice April Through September (K. Davis-Brown) Silica: FAQ-BD #501(Horn Silica) and BD #508 (Equisetum): When to use and how to make (P. Frazier)  
Anecdote's-Horn Silica (A. Porter)  
On Stirring BD #501 (K. Davis-Brown)  
Using Horn Manure (BD #500) When Seeding & Transplanting, A Pfeiffer Student Research Project (C. St. John)  
Sequential Spray of Biodynamic Preparations to Balance Weather Extremes (A. Porter)  
New: Sequential Spray Kits

#### Fall/Winter 2016-2017, Issue No. 90, (24 pages)

Community Farm of Ann Arbor: A Healing Center, Interview with Paul Bantle & Anne Elder (A. Porter) In Memory of Trauger Groh  
Prepping for Resilient Community: Grafting to Our Native Rootstock (S. McFadden)  
Reflections on Biodynamic Community Building in New Mexico (P. Frazier)  
Marion Farms Biodynamic Spirits (H. Francis)  
A Visit to the Goetheanum Garden Park (H. Francis) Farewell to Our Editor Hunter Francis (A. Porter) Dandelion Thank you Verse for Farmers & Verse for the Michael Age by Rudolf Steiner  
Announcing: JPI Fall Compost and Chromatography Workshop with Bruno Follador, JPI Volunteer Days for Fall Preparations, and Fellowship of Preparation Makers Conference

#### Spring/Summer 2017, Issue No. 91 (24 pages)

Threshold Farm — Fundamental Biodynamics, Interview with orchardist Hugh Williams and Hanna Bail (M. Biltonen)  
Fruit Thinning for Balance, Taking Cuttings for Grafting  
History, Impact, and Fate of Skyline Organic Farm in Topanga Canyon: A Conversation with Stefan Hagopian (K. MoneyMaker)  
Spring and Summer Use of the Biodynamic Preparations (A. Porter)  
Transition, Hope, and Service to Community: Reflections Upon 2016 at JPI (P. Frazier)  
JPI Search for New Executive Leadership (P. Frazier)  
JPI Board of Director News (P. Frazier)  
Call for Board Members  
Welcome New Editors

World Biodynamic Farming Day

Fall/Winter 2017, Issue No. 92 (28 pages)

Jack McAndrew, Master Compost Maker (A. Porter)

Farmer Jack's Protocol for Making Compost (A. Porter)

"Inch by Inch, Row by Row" Jack McAndrew Speaks About  
Biodynamics (K. MoneyMaker)

Wild Apples, Hard Cider, and Biodynamic Preparations: Mike  
Biltonen Interviews Eric Shatt (M. Biltonen)

Fall and Winter Biodynamic Practices (A. Porter)

New Pruning Practices on the Western Slope (M. Maruca)

Viva La Vida Foundation: Biodynamic Education at the Foot of  
Lamborn Mountain (M. Maruca)

JPI Hosts World Farming Day (P. Frazier)

In Memory of Dr. Basil Williams (1939-2017)

JPI News (P. Frazier)

Board Members Attend Fellowship of Preparation Makers  
Conference in Canada

Farm Improvements

Congratulations and Farewell to Cynthia Bowman

Welcome to Our Newest Board Member

Cosmos, Earth and Nutrition: The Biodynamic Approach to  
Agriculture by Richard Thornton Smith (M. Biltonen) JPI

Annual Fall Workshop with Wali Via

Spring/Summer 2018, Issue No. 93 (24 pages)

Global Climate Change in a Nutshell, and What You Can Do  
(M. Biltonen)

Remembrance Farms: How One Farmer Works with Change (M.  
Biltonen)

Climate Change on Biodynamic Farms: Survey Responses

From Backyard Hobby Gardening to a New Passion for a  
Healthy Earth—An Education in Awareness (M. Reisbord)

Climate Change Debate; Can We Turn Down the Heat? (D.  
Klocek)

Climate: Soul of the Earth, by Dennis Klocek (Reviewed by M.  
Maruca)

JPI News (P. Frazier)

Introducing Our Newest Board Member: Pamela Sophiajohn

Call for Board Members

Upcoming Events

Dandelion Blossoms Sought

World Biodynamic Farming Day

Fall/Winter 2018, Issue No. 94 (24 pages)

Saving Seeds for Security and Vitality: Three Perspectives from  
Harald Hoven, Beth and Nathan Corymb, and Steven Adams  
(A. Porter)

How I Came to Save Seeds and the Tools I Use (M. House);  
Increasing Tomato Seed Viability with Valerian (BD 507): L.A.  
Rotheraine's Approach

In Memory of Peter Proctor: August 28, 1928- June 8, 2018 One  
Man, One Cow, One Planet (M. Maruca)

Seed Savers Resources

What's New at JPI? Look... (P. Frazier)

The Invisible Power Within Foods: A Comparison of Organic and  
Nonorganic by A.A. Danzer Reviewed by Mary Maruca

Spring/Summer 2019, Issue No. 95 (24 pages)

Rose Hill's Transition from Conventional to Biodynamic Orchards:  
A Work in Progress (M. Biltonen)

Biodynamic Tools for Weather Extremes (A. Porter)

A Biodynamic Farm's Response to Climate Change (S. Hagopian)

Climate Change on Biodynamic Farms: Survey Responses

Permadynamics: JPI's Marriage of Permaculture and Biodynamics  
(P. Frazier)

Honoring Pierre Masson; The Seed Underground Book Review (M.  
Maruca)

Humans and Seeds (L.A. Rotheraine)

Fall/Winter 2019, Issue No. 96 (24 pages)

How Do We Meet the Need for Healthy Food and More Farms?  
(A. Porter)

Stony Ridge Farm: Transitioning to a Market Garden (A. Porter)

If Farming Isn't Always Good Vibes and Friendly Fairies, Is It Still  
Worth It? (N. McGill)

Winter Green: A Model for Future Farms (A. Porter)

For the Earth as for Human Beings: Mac Mead on Making the  
Biodynamic Preparations (K. Brown)

In Memory of Alex Podolinsky (M. Maruca)

Permadynamics: Conceptual Marriage of Permaculture and  
Biodynamics in Farm Design Introduced at JPI (P. Frazier)

Introducing Our Newest Board Member: Teresa O'Shaughnessy,  
Secretary

Spring/Summer 2020, Issue No. 97 (24 pages)

Water Biodynamically Stirred, Cosmically Imbued (M. Biltonen);

Heal Yourself, Heal Your Garden (A. Porter);

Corn Trials at Viva La Vida Foundation (M. Maruca);

One Intern's Experience at Viva La Vida (J. Couling);

How Do You Choose Your Best Seeds? Seed Saving Quality and  
Biodynamics (S. Lundy);

In Transition- Apostrophe Orchard (M. Biltonen);

Finger Lakes Regional Prepmakers Group Forms (M. Biltonen);

Farewell to Pat Frazier, Hello to Garrett Long (C. Wesson)

Fall 2020/Winter 2021, Issue No. 98 (24 pages)

In Memoriam: Hugh J. Courtney, July 8, 1932 - June 15, 2020  
(C. Wesson)

Honoring Hugh Courtney (A. Hamilton)

Honoring Hugh Courtney (A. Porter)

501 (reprint from H. Courtney)

Hugh Courtney's Legacy: The Elders

Hugh Courtney's Legacy: From Students to Educators

2013 – 2020 Earth Legacy Agriculture Workshops

JPI's Newest Board Member: Mike Biltonen (C. Wesson)

Notice of Online Biodynamic Conference: Seeding the Spirit  
of Stewardship

Spring 2021, Issue No. 99 (12 pages)

Welcoming a New Root Cellar (L. Mabe)



From the Applied Biodynamics File: Contributions from Hugh Courtney  
Trees as Cosmic Harmonizers (H. Courtney)  
The Milk Spray/The Milk and Honey Spray (H. Courtney)  
Heal Yourself, Heal Your Garden –  
Part 2, Stinging Nettle and Chamomile (A.Porter)  
Remembering Hugh Lovel (C. Entwistle)  
Sally Ann Voris: November 12, 1951 - October 2, 2020 (Ingrid Cowan Hass)  
Crossing the Threshold: Jochen Bockemul  
Crossing the Threshold: Matthias Thun

Summer 2021, Issue No. 100 (12 pages)

News From the Farm: Storing Biodynamic Preparations (L. Mabe)  
Committing to Biodynamics (C. Wesson)  
Merry Prepstirs Spray Schedule  
Heal Yourself, Heal Your Garden (Part 3):  
Equisetum and Valerian (A. Porter)  
Welcome to JPI's New Managing Director  
Remembering Gene Gollogly

Autumn 2021, Issue No. 101 (16 pages)

Note From the Farm: No Fences, Good Neighbors (E. Sepulveda)  
Biodynamic Orcharding in the Pacific Northwest (M. House)  
Heal Yourself, Heal Your Garden (Part 4): Yarrow (A. Porter)  
Yarrow: A Plant for Wounded People and Wounded Earth (S. Lundy)  
In Memoriam: Vivian Struve-Hauk

Winter 2021, Issue No. 102 (12 pages)

Note From the Farm: Changing Leaves, Changing Rhythms (E. Sepulveda)  
President's Report (C. Wesson)  
Heal Yourself, Heal Your Garden (Part 5): Oak (A. Porter)  
Ten Years: Reflections and Inspirations (A. Porter)  
Make Your Plans for the 2022 Fellowship Conference in Ithaca, NY  
Crossing the Threshold: Stephen Decater