

WILD, NATURAL, SUSTAINABLE,

# Partridge Roulade with Pear Vinaigrette Frisee Salad, Husk Cherry Agridulce & Red Wine Jus

Prep Time: 1 hour 40 minutes • Yields: 2 servings

## **Ingredients:**

#### 2 pkgs. Fossil Farms Partridge, 18 oz

Salt and pepper to taste

1/4 cup unsalted butter

1 cup red wine jus (check out our blog for the recipe)

#### **Agridulce Cherries:**

½ cup husk cherry tomatoes

- 2 tbsp. brown sugar
- 1 tbsp. apple cider vinegar
- 4 " sprig fresh rosemary leaves removed and chopped finely
- 1 pinch sea salt

#### Farce or Stuffing:

#### 1 pkg. Fossil Farms Ground Berkshire Pork, 1 lb.

- 1 tsp. fennel seeds
- 1 tsp. dry rosemary
- 1 tsp. salt
- 1 tsp. fresh ground pepper

#### **Pear Vinaigrette:**

- 1 pear, cored & peeled
- 5 tbsp. pear vinegar
- 5 tbsp. olive oil
- 1 tsp. dijon mustard
- ½ tsp. kosher salt
- 1/4 tsp. ground pepper
- 2 heads of frisee lettuce

## **Equipment:**

Stove

Small pot

Bowls (Large & Medium)

Peeler

Measuring spoons & cups

Blender

Cutting board

Mallet

Medium sheet pan

Zip lock bag

## **Method (Agridulce Cherries):**

- 1. Place a medium saucepan over medium heat. Add all of the ingredients and stir to combine. Bring the mixture to a simmer before reducing the heat to low.
- 2. Continue to simmer uncovered, stirring occasionally, until the cherries are soft and transparent.
- 3. Remove from the heat and allow to cool to room temperature. Store in a Mason jar or glass container until serving.

### Method (Pear Vinaigrette Frisee Salad):

- 1. Peel and core the pear. Add the pear, vinegar, mustard, salt and pepper to the blender.
- 2. Whirl around enough to break up the pear and create an almost creamy mixture.
- 3. Add the olive oil and whirl to completely emulsify, about 1 minute or less. Set aside until serving.
- 4. Wash the frisee lettuce and dry before serving by mixing with the pear vinaigrette dressing.

#### **Method (Roulade & Stuffing):**

- 1. Preheat oven to 400°F.
- In a medium bowl add the ground pork, fennel seeds, rosemary, salt, and pepper, mix well.Set aside and continue with the partridge.
- 3. Debone the partridges, completely eliminating their rib cage, legs, and wings, leaving only the breast.
- 4. Place boneless partridge breasts in plastic zipper storage bag and pound them with a meat mallet. You are looking for about ¼ inch thickness. Add ¼ cup of filling at one end of the pounded breast, form into a log equal to the width of the pounded breast and roll tightly. Season with salt and pepper.
- 5. Add the roulades to a medium sheet pan, seam side down, then place them in the oven for 15-20 minutes or until the internal temperature reaches 160°F.
- 6. Remove roulade from oven and let rest for 1-2 minutes before cutting to desired portions. Add a side salad or roasted potatoes, drizzle with red wine jus (check out our blog for this recipe) and garnish with the husk cherry agridulce.
- 7. Serve, and enjoy!

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