

WILD. NATURAL. SUSTAINABLE.

Grilled Bison NY Strip Steaks Marinated in Red Wine

• Prep Time: 6 hours 15 minutes • Yields: 6 servings

Ingredients:

6 Fossil Farms' Bison NY Strip Steaks, average 9 oz

1 ½ cups green or gold-colored extra-virgin olive oil 3 minced garlic cloves ¾ cups dry red wine 1 tsp. ground black pepper ½ tsp. salt

Equipment:

Small bowl Wire whisk Non-aluminum pan Cutting board Plastic container Indoor/Outdoor Grill

Method:

- 1. Place the extra-virgin oil and garlic in small bowl. Slowly add the red wine, whisking the white with a wire whisk to form an emulsion.
- 2. Add pepper to the bowl and mix well. Note: this marinade can be stored in a covered container in the refrigerator for up to 2 weeks.
- 3. Place the steaks in a non-aluminum pan and pour the marinade over the meat, turning to coat each piece evenly.
- 4. Marinate the steaks for at least 6 hours or overnight, turning several times.
- 5. Pre-heat grill 400°F- 450°F.
- 6. Drain steaks from marinade and place them on the grill over direct heat.
- 7. Cook about 3-5 minutes per side, or until they are medium-rare. Remove from heat and let rest for 5 minutes.
- 8. If preferred, slice against the grain into thin slices or serve whole with sides of your choice!

