

WILD. NATURAL. SUSTAINABLE.

Bison Flank Steak with Salsa Verde & Grilled Poblano Peppers

Prep Time: 45 minutes • Yields: 3-4 servings

Ingredients:

1 package of Fossil Farms' Bison Flank Steak

1/4 cup extra virgin olive oil

4 poblano peppers

1/4 cup extra virgin olive oil

1 bunch cilantro

1 bunch mint

1 bunch parsley

Kosher salt, to taste

Fresh ground black pepper, to taste

Equipment:

Grill

Meat thermometer Small bowl

Method:

- 1. Preheat grill to 450°F
- 2. Remove Bison Flank Steak from package and pat dry with towel. Lightly brush with olive oil and coat generously with salt and coarse ground black pepper.
- 3. Place steak on grill and cook for 6-8 minutes on each side, or until desired internal temperature has been reached. Remove from heat and let rest minimum 7 minutes.
- 4. Wash poblano peppers and coat with oil, salt and pepper.
- 5. Grill peppers for 15-20 minutes, rotating them occasionally. Cook until fork tender.
- 6. Prepare the salsa verde by picking the leaves off the herb bunches and chopping them finely. Mix with ¼ cup olive oil and season with salt and pepper.
- 7. Cut the grilled poblano peppers and remove the stems and seeds.
- 8. Once the steak has sufficiently rested, slice and serve with the poblano peppers and salsa verde on the side.

