

From: Samantha Bennett (WDHB) <Samantha.Bennett@waitemata.dhb.govt.nz>
Sent: Tuesday, 25 August 2020 2:21 pm
Subject: Update#6. Important COVID-19 Alert Level 3 Update to CALD Communities

Kia ora and As-Salaam-Alaikum

We are sending aroha to our Muslim brothers and sisters. The sentencing of the Christchurch terrorist attacks began this week, and this may cause distress to some of our communities. Our thoughts are with our Muslim brothers and sisters and everyone impacted.

FYI – important updates to kindly share with your Auckland region based CALD networks please (where appropriate):

1. What: **COVID-19 Update – (as at 25 Aug, 2020).**
 - We are at Alert Level 3 in the Auckland region, and Alert Level 2 for the rest of New Zealand until 11.59pm, Sun 30 August.
 - ****New updates:**
 - a) From 11.59pm on 30 August **face coverings** will be mandatory on public transport, see [here](#)
 - b) **Planned care update**, see media release [here](#) and below:
 - Metro Auckland DHBs will continue to postpone some face-to-face planned care appointments and move to virtual appointments where it is appropriate to do so.
 - The measures include some scheduled community appointments, outpatient clinics and elective surgeries. They will be in place until **Monday 7 September.**
 - Patients should continue to come to appointments unless they have been contacted by their service.
 - Hospitals will continue all acute, urgent and time-sensitive appointments and surgeries.
 - c) **Cost of health care and immigration status** update from the Ministry of Health:
 - In New Zealand, all COVID-19 related care is free and publicly funded – including testing for anyone with **symptoms** or who has been asked to be tested as part of our outbreak control and subsequent treatment – for anyone who requires it. This means, you do not need to be concerned about your **citizenship, visa status, nationality or level of medical insurance coverage.**
 - It is helpful if you can bring your NHI number or ID to be tested (**but it is not compulsory**) but we do need your **contact details** to let you know about the test results. Your information will not be shared for immigration related or other enforcement purposes.
 - You will still need to **pay the usual fees for any other health care.**
 - For Health advice, you can call Healthline free on 0800 611 116 (press Option#1 for an interpreter) or contact your family doctor (GP). Healthline also has a number just for COVID-19 enquiries – call 0800 358 5453 (or for international SIMs +64 9 358 5453).
 - d) **Immigration New Zealand** website for COVID-19 key updates, [here](#)

- e) **Counties Manukau Health** Food and Emergency Support services list, see [here](#)
- f) If you are in Auckland and have any cold or flu-like symptoms, you should get a **COVID-19 test**
Where can I get a COVID-19 test? See updated list, [here](#)
 - 1. **Your family doctor (GP) first -call ahead to find out if you need a test and follow their advice**
 - 2. Designated GPs
 - 3. Urgent Care Clinics, or
 - 4. COVID-19 Testing Centres (CTCs)
- g) **NZ COVID Tracer app**, see [here](#)

General

- 2. What: **NEW website for Activity & Nutrition Aotearoa [ANA]**
Details: For more information, see [here](#)
- 3. What: **Refugee Resettlement in a Time of International Change, RASNZ Online Symposium**
Two webinars left:
 - Rainbow Community Resettlement Issues, tonight 25 Aug, 8-9pm
 - Resettlement Issues, 26 Aug, 12-1pmDetails: For more information, and to register, see [here](#)
- 4. What: **Cannabis and Upcoming Referendum: Free Online Workshop**
Details: Thurs 27 Aug, 10.00-11.30am. For more information, and to register, see [here](#)

Please Stay at Home (where possible) and stop the spread.

If you have any questions/queries, please feel free to touch base with me.

Much thanks,
Sam

If you do not wish to receive these updates, please kindly let me know

Samantha Bennett | Asian, Migrant & Former Refugee Health Gain Manager | Waitematā DHB and Auckland DHB

On behalf of the Northern Region Health Coordination Centre (NRHCC)

4 days/week – Mon, Tues, Thurs, Fri, 8.00am-2.00pm

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