

# Indications of Use, Cautions, & Specifications

**Indications of Use:** Sleep8 is designed to sanitize a Positive Airway Pressure (PAP) machine's supplies and accessories. Individuals who use a PAP machine for Obstructive Sleep Apnea (OSA) can use Sleep8 to sanitize all PAP supplies and accessories on a daily basis, or when the user wants the added benefit of thorough sanitization.

Always wipe your PAP mask clean to remove any visible dirt or oils prior to use. The tubing must be disconnected from the PAP machine, then connected to the Sleep8 bag's internal port. All supplies and accessories zipped inside the bag will be disinfected during the sanitization process.

- ⚠ **DANGER:** Keep away from water sources including rain, bathtubs, sinks, and pools.
- ⚠ **DANGER:** Do not start Sleep8 if the bag is not zipped closed.
- ⚠ **DANGER:** Keep away from open flame or fire.
- ⚠ **DANGER:** Keep away from children. It is not a toy.
- ⚠ **DANGER:** Do not use in explosive air environments, near gas vapors, or other flammables, etc.
- ⚠ **DANGER:** Do not place any items on top of your Sleep8 or bag, particularly flammables or ignitable items.
- ⚠ **DANGER:** Never place any living thing inside the Sleep8 bag.
- ⚠ **WARNING:** Do not dismantle the Sleep8 device.
- ⚠ **WARNING:** Do not run the Sleep8 device for more than 2 hours consecutively.
- ⚠ **WARNING:** There are sensitive electronics inside the Sleep8 device. If your Sleep8 device or bag is soiled, wipe it clean with a dry cloth. Do not submerge your Sleep8 or the bag, and do not use any chemical cleaners to clean them.
- ⚠ **WARNING:** Do not use Sleep8 while your PAP machine is in use. **Sleep8 is not a PAP machine.**
- ⚠ **REASONS TO STOP USE:** Sleep8 should not be used to clean masks that have come in contact with lotions, creams, oils, or fragrances. Discontinue use of the CPAP if patient develops any acne or rash along mask contact area.

## Electrical Characteristics:

Adapter input: AC 100-240V, 50/60HZ  
Adapter output: DV 5V, 1A  
Power consumption: 4W Max  
Battery: 1 lithium ion battery, 2200 mAh. UL listed,  
Passed UN 38.3

## Environmental Characteristics:

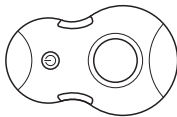
Operating: 50°F to 100°F, 15% to 70% humidity  
Storage: 32°F to 131°F, 15% to 70% humidity

Sleep8 has been tested and found to comply within the limits for a Class B digital device, pursuant to Part 15 of FCC rules. The included adapter is ETL and RoHS certified. Patent Pending.  
Model No: SLP82043

# What's Inside

## The Sleep8 Device

Your Sleep8 uses activated oxygen technology to completely sanitize your CPAP supplies and accessories.



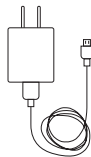
## The Bag

Where the magic happens. Connect your Sleep8 device to the filter bag for simple and safe sanitization of all CPAP components.



## The Charger

Power up your Sleep8 device using the micro USB charger.



Have questions or need replacements?  
Visit [MySleep8.com](https://mysleep8.com) or call 888-549-9799.

sleep8™

# Quick Start Guide

For sanitizing all CPAP supplies and accessories

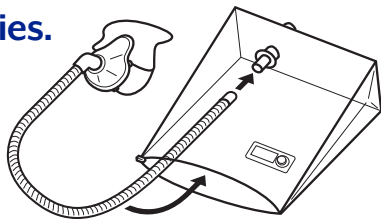


# 3 Easy Steps

1

## Wipe CPAP accessories. Put them in the bag. Zip it closed.

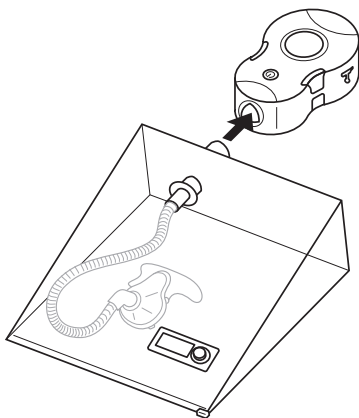
Ensure your mask has been wiped clean to remove any visible dirt or oils, prior to use. Unzip the bag and find the round white valve inside. Detach the tubing from your CPAP machine and attach it to this valve. Put all CPAP tubing, mask, cushions, and dry water chamber\* inside the bag. Then zip the bag closed.



2

## Connect Sleep8 outside the bag.

Slide your Sleep8's triangular port onto the triangular valve on the outside of the bag. Make sure to match the blue dots on the device and the bag's port. They should fit snugly together. The device will only work once there's a secure connection. Again, make sure the bag is completely zipped closed.



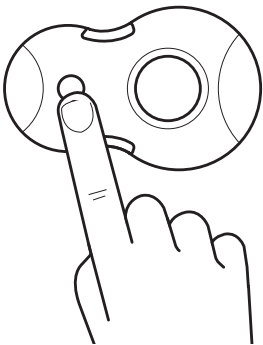
\* For patients using a CPAP with a water chamber: always dry your water chamber thoroughly before placing it in the bag.

In rare instances, certain proprietary tubes require special instructions. Please visit the FAQ section under [MySleep8.com](https://www.mysleep8.com) for more information.

3

## Press start & relax.

Press the power button until you hear a beep and see the Sleep8 screen light up. The screen will count down until the sanitization is complete. It's normal to hear the fan oscillate and pause for short periods. When done, your Sleep8 will automatically turn off. The bag should be left closed for 1 hour after the cleaning is completed. Afterward, unzip the bag to find your sanitized CPAP accessories ready to use.



## Charging your Sleep8 device.

When you notice the battery is low, plug it in using the Sleep8 charger included. You cannot overcharge your Sleep8.

When the device is plugged in using the Sleep8 charger, the device will beep once, the screen will be dim, and the battery icon will show the charging progress. Once the icon shows 4 full bars, your Sleep8 is fully charged and ready for action. Note: You can use Sleep8 to clean while it's charging.



Visit [MySleep8.com](https://www.mysleep8.com) for a video tutorial and other resources.

# The Screen

## Battery

The battery icon indicates the power level of the device. Depending on the environment, the battery should last about 2-3 uses per charge. When this icon is low, be sure to charge your Sleep8.

## Timer

The 2-digit countdown indicates how many minutes remain. Once fully sanitized, the device will beep 5 times, then "OK" will display in place of the numbers.

## Fan

The fan icon will pulse during the sanitization process.

## O<sub>3</sub>

The O<sub>3</sub> icon will display to indicate the bag is correctly connected and when sanitization is in process.



X

A red "X" will display next to O<sub>3</sub> when the bag is not properly connected.

## Alarm Cues

E2

### Fan failure

"E2" will pulse and device will beep. Contact customer support at [MySleep8.com](https://www.mysleep8.com) for assistance.

E1

### Low battery

"E1" will pulse and device will beep. Recharge your Sleep8. Note: The device will function while being recharged.

X

### Device not connected properly

"X" will display next to "O<sub>3</sub>" and device will beep 30 for seconds. Press the power button to cancel the alarm.