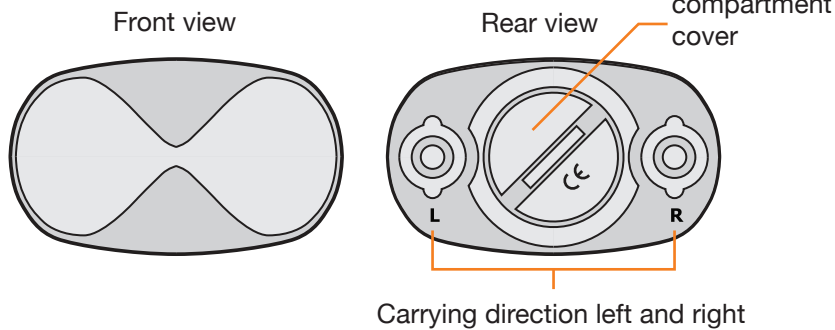
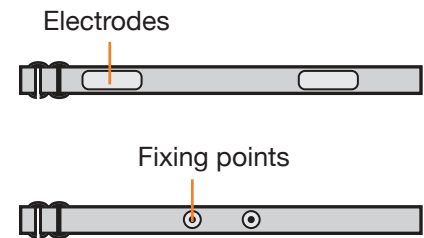


## Device overview

### Transmitter



### Belt



## How to wear the heart rate monitor

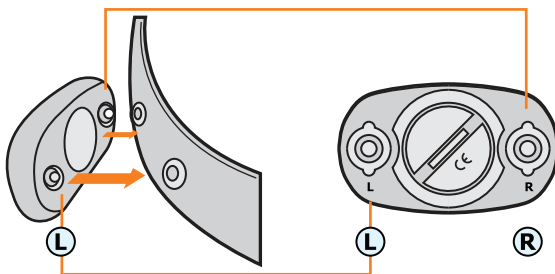
- 1 Moisten the electrodes as shown in the sketch below.



### Important note

Use only Water, ECG gel or other conductive liquids, in order to moisten the electrodes.

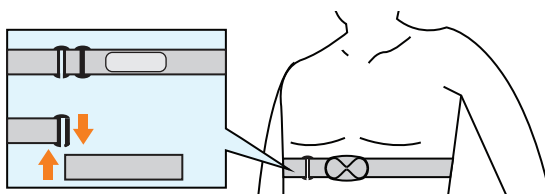
- 2 Attach the transmitter to the belt.



### Important note

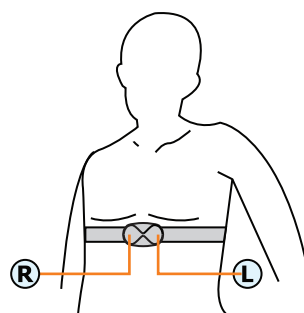
Incorrect heart rate data are transmitted, if the Device is aligned in the wrong direction.

- 3 Fasten them with the clips at both ends.



Fix them with the clips at both ends. Fit the strap so that it is neither too loose or too tight, so that the device can measure the correct pulse rate.

- 4



Wear the strap slightly below your chest. Place the Sensor in the middle of your body, where the electrodes are placed against your skin must be pressed.

## Supported devices and how to start

### Supported devices:

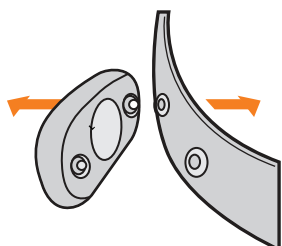
The chest strap works with all common uncoded 5.3 kHz receivers. For use with Bluetooth, you need a smartphone from iPhone 4S (iOS 7.1), or Android from 4.3.

### How to start:

The connection with common uncoded 5.3 kHz receivers is automatically and the heart rate is shown on the display. To do this fasten the chest strap as described above. For use via Bluetooth, please switch on Bluetooth on your Smartphone. DO NOT connect the chest strap via your Bluetooth menu. The chest strap may only be connected directly to the respective App. Now open the desired App and connect the chest strap. The compatibility can vary depending on the operating system. Please ask the publisher of the App in advance.

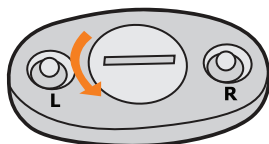
## Battery change

1



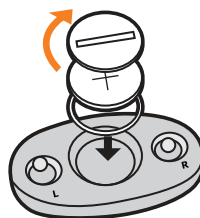
Detach the transmitter from the Belt.

2



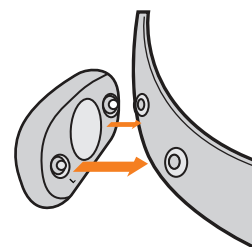
Use a coin to unscrew the battery cover

3



Remove the battery and change against a new battery.

4



Setzen Sie die hintere Abdeckung wieder auf das Gerät.

### Declaration of conformity:

We declare that this product is in conformity with the essential requirements and the other relevant provisions of the RED Directive 2014/53/EU, the EMC Directive 2014/30/EU, the Low Voltage Directive 2014/35/EU and ROHS 2011/65/EU.

### Note:

Please make sure that the rear cover is firmly closed to prevent an unexpected intrusion of water.

### Customer service:



For technical questions, information on our products and for replacement orders, our service team is available to you as follows:

Service time: Monday to Friday from 9.00 to 18.00 o'clock | service hotline: +49 (0) 40 - 780 896 - 35\*

E-mail: [service@sportplus.org](mailto:service@sportplus.org) | URL: [www.sportplus.org](http://www.sportplus.org) | Distributor: Latupo GmbH, Stahlwiete 21, 22761 Hamburg, Germany

\*National fixed network, call charges depend on your telephone provider / your telephone contract

### Notes!

1. It is strictly forbidden to clean the transmitter and belt in a washing machine.
2. Before hand washing the belt, remove the transmitter from the belt.
3.  When washing the belt, make sure that it is not hotter than 30°C.
4.  Ironing, bleaching or drying on the heater is prohibited.



Note on environmental protection:

From the date of transposition of European Directive 2002/96/EU into national law, the following applies:

Electrical and electronic equipment must not be disposed of with household waste. The consumer is legally obliged to return electrical and electronic equipment at the end of its life to the public collection points set up for this purpose or to the point of sale. Details are regulated by the respective national law. The symbol on the product, the instructions for use or the packaging refers to this provision. By recycling, material recovery or other forms of recovery of old appliances, you make an important contribution to the protection of our environment. In Germany, the above-mentioned disposal rules apply accordingly to batteries and accumulators, according to the Battery Ordinance.