

Six stories of addiction...  
and the triumph of recovery.



SOBER AND STOKED PRESENTS A FILM BY NICK TRIBUNO "SIX GIFTS" BEN GRAVY MONICA LEBANSKY CHRIS VARGO  
REBECCA SELIG MELODY SCHOFIELD SCOTT FRENCH EXECUTIVE PRODUCER EUGENE STILTNER SCOTT FRENCH

SOBER  
AND  
STOKED



## **SYNOPSIS**

The film follows the stories of six individuals from all walks of life, exploring their battles with addiction and failure, to their recovery and triumphs. Now sober, their dedication to various sports -- from surfing, to snowboarding, to yoga, and more -- has become a positive outlet for these remarkable athletes. Their collective stories provide inspiration to anyone currently suffering from addiction and are unable to find that missing piece of the puzzle to help finally get them sober, and those that are in recovery and looking to discover a new passion and purpose.

## **BRIEF SYNOPSIS**

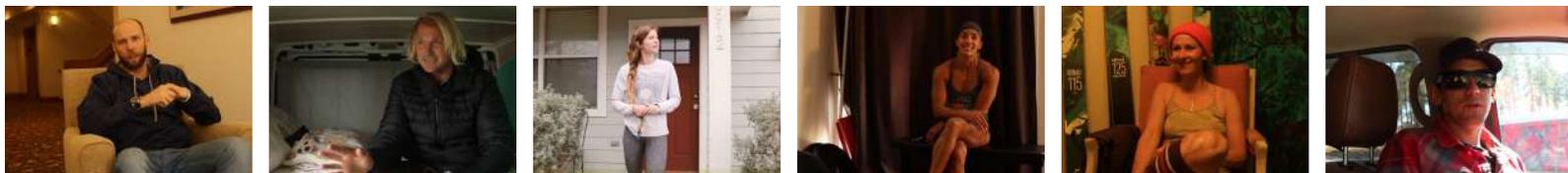
Six individuals share their stories of addiction and how they celebrate sobriety through their dedication to various sports.

## **DIRECTOR BIO**

A self-taught photographer and videographer based out of Ocean City, Maryland, Nick Tribuno's work in surfing is well known up and down the East Coast, where he has been featured numerous times on Surflife -- the world's most popular surfing website.

Through his background in surf, outdoor, and lifestyle subjects, Tribuno brings a distinctive voice to the film whose stories are punctuated by powerful and untamed landscapes.

Six Gifts represents Tribuno's first feature length work, and at only 24 years old, the film firmly cements him as a talent to keep an eye on.



## **CAST:**

### **SCOTT FRENCH**

Vail, CO

In addition to being the Executive Producer of the film, French also stars in the film. With a passion for life and helping others that knows no limits, French has recently launched his own business while still hitting the mountain to snowboard 150 days a year.

### **BEN GRAVY**

Longport, NJ

The founder of online surf community Nub Nation, Gravy has been sober for more than 2 years, and has been working hard to inspire others to follow their dreams and live a life of adventure and passion. His YouTube channel has built up a following of nearly 50,000 diehard fans!

### **MONICA LEBANSKY**

Austin, TX

Lebansky took her newfound sobriety and found her passion and purpose in the practice and teaching of yoga. She regularly teaches at treatment facilities in Austin, helping others to discover an outlet of expression in their sobriety.

### **MELODY SCHOFIELD**

Philadelphia, PA

After breaking free from the bar/nightclub industry, Schofield found her calling in Crossfit and Spartan Races, ultimately landing on American Ninja Warrior! She helps teach others in recovery at her Crossfit gym, and finds joy in pushing herself to her limits!

### **REBECCA SELIG**

Vail, CO

As a professional Freeskier, Selig has had a wild ride in life. She has found peace and faith in sobriety, and a reinvigorated love for skiing. Despite several surgeries, she has found gratitude for every chairlift, and every run down the mountain.

### **CHRIS VARGO**

Flagstaff, AZ

A professional runner, Vargo has performed at the highest levels since getting sober, and is currently pursuing his dream of becoming a firefighter. His wife and daughter help push him to stay sober and stoked on all life has to offer!

# SOBER AND STOKED

## **ABOUT SOBER AND STOKED:**

Co-Founders Scott French and Eugene Stiltner aim to build a movement around **SIX GIFTS**. Feeling that it was important for them to get back to nature – surf, ride, or just be active – French and Stiltner want to encourage viewers to embrace the things that inspire them to stay 'Sober and Stoked'!

In 2017, French and Stiltner launched a crowdfunding campaign with the basic idea for **SIX GIFTS** in mind. The result was more than \$6000 donated from backers to help produce the film, but more importantly, proof of the publicly perceived value of the project.

While working on the project, the scope grew from a simple film into a mission to help as many people as possible in the form of a non-profit.

Now, with the release of **SIX GIFTS**, Sober and Stoked plans screenings at small theaters and rehab facilities nationwide to spread the film's positive message.

Despite the goal of building a movement, Sober and Stoked's founders remain focused on the individuals in need of help. "If only one person watches what we are doing and it helps them quit, avoid relapsing, or not start at all," comments Stiltner, "we will consider what we have done a massive success."





## PRESS INQUIRIES/SCREENINGS/ADDITIONAL INFORMATION

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## SOCIAL MEDIA

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