

G-SIX BOXING

KINCUMBER BLOCK TIMETABLE

29TH APRIL - 6TH JULY

G-SIX KINCUMBER
12 BILINGA RD, KINCUMBER
WWW.GSIXBOXING.COM.AU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5AM	BOX HITT		BOX HITT		BOX HITT	8AM SATURDAY PADWORK
9.15AM	OPEN BOXING		OPEN BOXING		OPEN BOXING/ CONTROLLED SPARRING	
4.15-5PM	JUNIOR BOXING	MINI BOXING	JUNIOR BOXING	MINI BOXING	JUNIOR BOXING	
5.15PM	OPEN CAMP	OPEN CAMP	OPEN CAMP	OPEN CAMP	OPEN BOXING	
6.15PM	TECH CAMP	TECH CAMP	TECH CAMP	TECH CAMP	OPEN SPARRING	
7.15PM	FIGHTERS	RED VS BLUE	FIGHTERS	RED VS BLUE		