

# Supplements Catalog Herbal Products



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# Herbal Koots

# About Us

We are Jennifer, Heather, and Emily - Sisters and co-founders of Herbal Roots. We have always shared a passion for using herbal supplements and home remedies for ailments from headaches, aches and pains to illnesses.

In 2017 we took it upon ourselves to take our passion for herbal remedies and create a product line of the purest supplements possible. Fueled by the need for pure, whole supplements we took a giant leap and Herbal Roots was born. We are continually motivated, to release new supplements, by the countless success stories that we receive on how our supplements have positively changed a person's life. These testimonials are why we do what we do!

# Why Choose Herbal Roots

We are proud to offer you herbal supplements with 100% pure ingredients. You will not find binders, fillers or additives to any of our products. We are focused on sustainable wellness practices and revitalizing a relationship with the plant world. Producing the highest quality products is our number 1 priority!

# **Contact Us**

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customerservice@herbalrootssupplements.com

#### Oil of Oregano

Oregano supports the immune system and studies have shown that it promotes a healthy intestinal flora.\*

Our supplement is formulated with the highest quality Mediterranean oregano in easy to swallow mini softgels without burning in your mouth or throat.

Ingredients: 150 mg oil of oregano per softgel. 10:1 extract equivalent to 1,500 mg of pure oregano per capsule. Olive oil, gelatin, vegetable glycerin and purified water.





## **Organic Garlic**

Garlic is a superfood and promotes a healthy immune system.

Our garlic is CCOF certified organic. We only use pure, whole garlic. We don't use odorless garlic because key benefits are lost in the process to make it odorless.

Ingredients: 600 mg Organic garlic per capsule, vegan capsules and nothing else.

### Turmeric Curcumin

Turmeric promotes joint health and a healthy inflammation response.\*

Our turmeric includes organic ginger root powder and Bioperine black pepper. Black pepper enhances the absorption of curcumin by 2000%. Ginger supports a healthy inflammation response and increases absorption.

Ingredients: 1,300 mg Organic turmeric root, 150 mg turmeric root extract (95% standardized curcumin), 50 mg organic ginger root, 10 mg BioPerine (black pepper extract) per serving.



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#### **Black Elderberry**

Elderberry is known to support the immune system and promotes a natural boost in your skin health with high Vit A and antioxidants.\*

Our black elderberry is a 4:1 concentrated extract with elderberry fruit powder with the equivalent of 4,300 mg of elderberry in every serving.

Ingredients: 1,000 mg Elderberry extract (4:1 extract) and 300 mg organic elderberry fruit powder equivalent to 4300 mg in every serving; vegan capsules and nothing else.





#### Organic Mushrooms

Mushrooms have antioxidant properties and are known to boost the immune system. As a superfood they also provide nutrition with a wide variety of health benefits.

Our certified organic mushroom supplement has been formulated to provide you with the powerful benefits mushrooms have to offer.

Ingredients: 800mg Organic Turkey tail, 100mg Organic maitake, 100mg Organic shiitake, 100mg Organic cordyceps, 100mg Organic snow fungus, 50mg Organic lion's mane, 50mg Organic reishi, 50mg Organic chaga, vegan capsules and nothing else!

#### Korean Ginseng

Korean Ginseng supports the immune system, increased energy, physical endurance, concentration, and focus.\*

Our Korean Ginseng includes only organically grown, high quality Korean Panax ginseng root.

Ingredients: 1000 mg Organic Korean ginseng per serving, vegan capsules and nothing else.



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#### Cranberry

Cranberries naturally contain one of the highest concentrations of antioxidants of any fruit. Antioxidants protect your cells from free-radical damage.

Our Cranberry supplement includes nettle leaf powder. Stinging Nettle supports urinary tract health.

Ingredients: 250 mg Cranberry 50:1 concentrate (equivalent to 12,500 mg of fresh cranberries) and 200 mg organic nettle leaf powder per serving, vegan capsules and nothing else.





#### Ashwagandha

Ashwagandha is an adaptogen which means it promotes balance in many different systems in the body. It also promotes calmness to the body, supports restful sleep, and provides support for balancing hormones.\*

Our Ashwagandha includes Bioperine black pepper for increased absorption.

Ingredients: 850 mg Organic ashwagandha root powder, 150 mg ashwagandha extract, 5 mg Bioperine(r) black pepper extract per serving; vegan capsules and nothing else.

#### Black Cohosh

Black Cohosh may be best known for perimenopause and menopause support. It also promotes restful sleep, healthy bones and supports relief from painful periods.

Our black cohosh is CCOF certified organic. Black cohosh does not have hormones but instead is phyto-hormonal, meaning it can stimulate estrogen without increasing estrogen.

Ingredients: 600 mg Organic black cohosh root per capsule, vegan capsule and nothing else.



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#### Milk Thistle

Milk thistle promotes healthy liver function. It is a digestive bitter that can help to stimulate digestion. Its antioxidants help prevent free-radical from causing damage and promote youthful skin.\*

Our advanced formula includes 80% standardized silymarin milk thistle seed and organic milk thistle powder.

Ingredients: 312.5 mg Milk thistle seed extract and 137.5 mg organic milk thistle seed powder per capsule, vegan capsule and nothing else.





## Organic Valerian

Valerian promotes improved sleep quality. Its root is known to naturally aid sleep without the hormones of melatonin. It is also known to promote relief from stress.\*

Our valerian contains only pure valerian roots. Valerian naturally has a pungent smell, that's how you know you have the real deal.

Ingredients: 900 mg organic valerian root per serving, vegan capsule and nothing else.

#### Hawthorn Berry

Hawthorn contains many substances that are known to benefit the heart. Antioxidant flavonoids in hawthorn may help dilate blood vessels, improve blood flow, and protect blood vessels from damage.

Our Hawthorn is CCOF certified organic containing only organic hawthorn berries.

Ingredients: 1,200 mg organic hawthorn berry fruit per serving, vegan capsules and nothing else.





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#### Ginkgo Biloba

Ginkgo contains potent antioxidants, which fight the damaging effects of free radicals. While ginkgo biloba is best known for its cognitive support, studies have found it to be effective in reducing inflammation in the body.

Our ginkgo biloba is made with 24/6 concentrated extract + organic ginkgo biloba. (24% Ginkgo flavonol, 6% terpene lactones)

Ingredients: 1200 mg organic Ginkgo biloba and 200 mg Ginkgo biloba extract 24:6 per serving, vegan capsules and nothing else!





## Organic Ginger

Ginger is perhaps best known for its nausea-reducing effects. Ginger is also known to improve digestion by assisting the digestive process, making your system empty faster and not letting food sit and potentially cause problems.

Our ginger is USDA certified organic containing only pure ginger root.

Ingredients: 1200 mg organic ginger per serving, vegan capsules and nothing else!

#### **Organic Beet Root**

Beetroot has been used for medicinal purposes for centuries. The root of the beet plant has a rich history of being used to treat a variety of health conditions including blood pressure, anemia, and skin conditions.

Our beetroot is only pure certified organic beetroot.

Ingredients: 1500 mg certified organic beetroot per serving, vegan capsules and nothing else!



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## St John's Wort

St. John's Wort is best known for its effect on increasing a person's mood. It has a long history of use starting in Ancient Greece and has anti-inflammatory properties.

Our St John's Wort is made with Organic St. John's Wort and St. John's wort flower extract.

Ingredients: 300 mg of St John's Wort flower extract and 150mg of organic St. John's Wort.

#### Immune Boosting Trio

Our powerful Immune boosting trio Includes oil of oregano, garlic and black elderberry.

Herbal Roots supplements undergo a multitude of steps to ensure they are highquality products that are effective. Our products are made in the USA and is manufactured at a certified Good Manufacturing Practices facility. Each batch is independently tested for quality to ensure every bottle meets our quality standards.



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