

# TEA CATALOGUE



*Fair. Fancy. Organic.*

## OUR STORY

I fell in love with tea in the northern winter of 2002 when visiting a friend's café in Kielce, Poland. Everything about her café was stunning, so carefully and lovingly put together – she was an artist with impeccable style and she captured the vintage feel with finesse and ease. Amongst all the gorgeous trinkets, old pictures and good coffee was an extensive tea list of well thought out descriptions of flavours and origins. It was love at first sight – and taste – and I'm sure I got through a good portion of her tea while I was there.

In 2008 I was inspired to create my own tea company. As I asked around, the response echoed everywhere. Frustrated tea lovers had been forgotten behind a barrage of espresso shots and latte art and they were craving something special. They wanted to be served a tea that stood out from the rest, that would give reason to come back for more. They were either underwhelmed with the tea brewed or settled for coffee instead. The joy of being served fresh, specialty organic loose leaf tea, ethically sourced, lovingly handcrafted, blended and brewed to perfection was not yet reality.

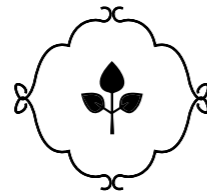
On hearing the hearts of these countless tea lovers, my mission became set in stone. I wanted to capture this undiscovered beauty in a teacup and deliver joy. I wanted tea-lovers to know their worth and this was no small task! After months of searching, I finally discovered

two Fairtrade organic tea gardens in the high-mountain tea growing regions of China. These communities had tea crafting skills that went back thousands of years and the tea was divine: fresh, hand-harvested, crafted, beautiful with complexities and depth of flavour that were nothing less than intriguing. Every other tea faded into insignificance alongside them.

There was no turning back—teas were selected and recipes created and perfected. In 2009, Tielka released Australia's first specialty certified Fairtrade organic loose leaf tea collection.

Since launching Tielka in 2009, my love for tea and heart mission has not changed. I am inspired by cafés and retailers that defy being swept up in the status quo but rather, find joy in discovering and sharing Tielka with their customers. Their stories enrich my journey and I am driven to spread the Tielka tea-joy far and wide.

Indulge in Life!



Rebecca Domorev  
Co-founder, Tielka

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*Life is short, buy the tea*



## OUR RANGE

Five Beautifully Handcrafted Black Teas + Three Exceptional Green Teas +  
+ Five Essential Herbal Infusions + Two Outstanding Oolong Teas +  
+ One Unique White Tea = Tielka Tea Collection



**BLACK  
TEA**



*If asked "How do you  
take your tea?",  
I reply "Seriously,  
very seriously".*



100 °C



1 rounded tspn



3 min

#### FEATURING

Certified Fairtrade organic  
Dianhong black tea

#### ORIGIN

Yunnan Province, China

#### HARVEST

May - August

#### CAFFEINE

Low

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 64%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



## CACAO & CHILLI CHAI

### BLACK TEA

#### BLENDED WITH

Chai spices, cacao and chilli

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, boosts immunity

#### WELLBEING BENEFITS

Improves alertness / concentration and brain function, relieves anxiety and depression, aphrodisiac, enhances mood and sense of wellbeing

## EARL ROYALE

### BLACK TEA



100 °C



200 ml

1 level tspn



3 min

#### FEATURING

Certified Fairtrade organic  
Dianhong black tea

#### ORIGIN

Yunnan Province, China

#### HARVEST

May - August

#### CAFFEINE

Low

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 89%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



#### BLENDED WITH

Sweet orange peel, cornflower petals and bergamot oil

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, relieves headache and muscle ache, boosts immunity, relieves indigestion

#### WELLBEING BENEFITS

Relieves anxiety and depression, enhances mood and sense of wellbeing

## LADY BETTY

### BLACK TEA



100 °C



200 ml

1 level tspn



3 min

#### FEATURING

Certified Fairtrade organic  
Dianhong black tea

#### ORIGIN

Yunnan Province, China

#### HARVEST

May - August

#### CAFFEINE

Low

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 84%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



#### BLENDED WITH

Sweet orange peel, rose petals, cornflower petals and bergamot oil

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, reduces inflammation, boosts immunity, reduces cramping

#### WELLBEING BENEFITS

Relieves anxiety and depression, aphrodisiac, promotes relaxation

## SOUTH CLOUD CHAI

### BLACK TEA



100 °C



200 ml

1 rounded tspn



3 min

#### FEATURING

Certified Fairtrade organic  
Dianhong black tea

#### ORIGIN

Yunnan Province, China

#### HARVEST

May - August

#### CAFFEINE

Low

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 86%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



#### BLENDED WITH

Chai spices

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, boosts immunity

#### WELLBEING BENEFITS

Promotes relaxation

## TIELKA BREAKFAST

### BLACK TEA



100 °C



200 ml

1 level tspn



3 min

#### FEATURING

Certified Fairtrade organic  
Dianhong black tea

#### ORIGIN

Yunnan Province, China

#### HARVEST

May - August

#### CAFFEINE

Low

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 100%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



#### TASTING NOTES

Cacao, raisins, caramel, spices and freshly baked bread

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, detox, boosts immunity, relieves indigestion

#### WELLBEING BENEFITS

Improves alertness / concentration and brain function, increases energy levels



❖  
*She's a dreamer, a doer,  
a thinker. She sees  
possibility everywhere.*  
❖





**GREEN  
TEA**



✿  
"Would you like  
an adventure now, or  
shall we have our tea first?"

~ Peter Pan



70 °C



200  
ml

1 rounded tspn



3 min

#### FEATURING

Certified Fairtrade organic Wulu green tea

#### ORIGIN

Hubei Province, China

#### HARVEST

April - May

#### CAFFEINE

Medium

#### CERTIFICATION

Fairtrade certified and sourced from

Fairtrade producers. Total: 100%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



## JADE MIST

### GREEN TEA

#### TASTING NOTES

Fresh peas, chestnuts, warm grass and cucumber

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, relieves constipation, detox, prevents and manages diabetes, reduces inflammation, boosts immunity, reduces PMS symptoms, improves skin firmness and elasticity, promotes clear skin, reduces plaque formation, cavities, tooth decay, increases physical endurance, increases metabolism

#### WELLBEING BENEFITS

Improves alertness / concentration and brain function, relieves anxiety and depression, improves memory, enhances mood and sense of wellbeing

## PERSIAN MINT CHAI

### GREEN TEA



70 °C



200 ml

1 rounded tspn



3 min

### FEATURING

Certified Fairtrade organic  
Wulu green tea

### ORIGIN

Hubei Province, China

### HARVEST

April - May

### CAFFEINE

Low

### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 70%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



### BLENDED WITH

Peppermint, ginger, cardamom, cloves and licorice root

### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, relieves constipation, detox, prevents and manages diabetes, reduces inflammation, boosts immunity, reduces PMS symptoms, improves skin firmness and elasticity, promotes clear skin, relieves indigestion, reduces cramping, reduces bloating, fights bad breath, reduces plaque formation, cavities, tooth decay, increases physical endurance, increases metabolism

### WELLBEING BENEFITS

Improves alertness / concentration and brain function, relieves anxiety and depression, improves memory, enhances mood and sense of wellbeing

## ROSE MOSCATO

### GREEN TEA



70 °C



200 ml

1 level tspn



3 min

### FEATURING

Certified Fairtrade organic  
Wulu green tea

### ORIGIN

Hubei Province, China

### HARVEST

April - May

### CAFFEINE

Low

### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 60%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



### BLENDED WITH

Schisandra berries, hibiscus and rose petals

### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, relieves constipation, detox, prevents and manages diabetes, reduces inflammation, boosts immunity, reduces PMS symptoms, improves skin firmness and elasticity, promotes clear skin, reduces plaque formation, cavities, tooth decay, increases physical endurance, increases metabolism

### WELLBEING BENEFITS

Improves alertness / concentration and brain function, relieves anxiety and depression, aphrodisiac, increases energy levels, improves memory, enhances mood and sense of wellbeing, increases stress resistance



*Tea and travel  
are the only two things  
you buy that make  
you richer.*





  
**HERBAL  
INFUSIONS**  


✿  
"Come, let us have  
some tea and continue  
to talk about happy things."  
~ Chaim Potok  
✿

## CHAMOMILE BLOSSOMS

### HERBAL INFUSION



100 °C



200  
ml

1 rounded tspn



3 min



#### FEATURING

Certified Fairtrade organic  
chamomile blossoms

#### ORIGIN

Egypt

#### HARVEST

April

#### CAFFEINE

None

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 100%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



#### TASTING NOTES

Wild flower honey and crisp apple

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, relieves constipation, prevents and manages diabetes, relieves headache and muscle ache, boosts immunity, reduces PMS symptoms, reduces skin irritations, relieves indigestion, reduces cramping

#### WELLBEING BENEFITS

Relieves anxiety and depression, promotes relaxation, promotes sleep

## LICORICE BASKET

### HERBAL INFUSION



100 °C



200 ml

1 rounded tspn



3 min

#### FEATURING

Certified Fairtrade organic licorice root

#### ORIGIN

Italy

#### HARVEST

All year

#### CAFFEINE

None

#### CERTIFICATION

Fairtrade certified and sourced from Fairtrade producers. Total: 30%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P

#### BLENDED WITH

Lemongrass, fennel seed, peppermint and lemon myrtle

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, relieves constipation, relieves headache and muscle ache, boosts immunity, relieves indigestion, reduces bloating, reduces plaque formation, cavities, tooth decay

#### WELLBEING BENEFITS

Relieves anxiety and depression, increases energy levels, increases stress resistance, promotes sleep



## LEMON GINGER

### HERBAL INFUSION



100 °C



200 ml

1 heaped tspn



3 min

#### FEATURING

Certified Fairtrade organic lemongrass

#### ORIGIN

Egypt

#### HARVEST

March

#### CAFFEINE

None

#### CERTIFICATION

Fairtrade certified and sourced from Fairtrade producers. Total: 87%.

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NASAA certified organic. Cert no 3776P

#### BLENDED WITH

Ginger and lemon myrtle

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, relieves constipation, prevents and manages diabetes, relieves headache and muscle ache, reduces inflammation, boosts immunity, soothes nausea, relieves indigestion, reduces cramping, reduces bloating

#### WELLBEING BENEFITS

Improves alertness / concentration and brain function, improves memory, promotes sleep



## LIMONADA ROSA

### HERBAL INFUSION



100 °C



200 ml  
1 heaped tspn



3 min

#### FEATURING

Certified Fairtrade organic  
lemon myrtle

#### ORIGIN

Queensland, Australia

#### HARVEST

All year

#### CAFFEINE

None

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 30%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



#### BLENDED WITH

Lemongrass, hibiscus and rose petals

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, relieves headache and muscle ache, boosts immunity, reduces cramping

#### WELLBEING BENEFITS

Improves alertness / concentration and brain function, promotes relaxation, promotes sleep

## PEPPERMINT LEAF

### HERBAL INFUSION



100 °C



200 ml  
1 rounded tspn



3 min

#### FEATURING

Certified Fairtrade organic  
peppermint leaf

#### ORIGIN

Egypt

#### HARVEST

April

#### CAFFEINE

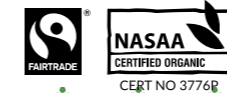
None

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 100%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



#### TASTING NOTES

Cool, soothing and fresh


#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, relieves constipation, relieves headache and muscle ache, boosts immunity, reduces PMS symptoms, soothes nausea, relieves indigestion, reduces cramping, fights bad breath, reduces plaque formation, cavities, tooth decay

#### WELLBEING BENEFITS

Improves alertness / concentration and brain function, promotes relaxation, improves memory, promotes sleep



A photograph of two women sitting at a table during a tea party. The woman on the left is leaning forward, looking at the woman on the right. The woman on the right is smiling broadly and holding a white teacup. In the background, a silver teapot is being poured into a cup. The table is set with a silver teapot, a vase of white flowers, and a tin of Tielka tea. The scene is brightly lit, suggesting an outdoor or well-lit indoor setting.

How amazing it is  
to find someone who wants  
to hear about all the things  
that go on in your head!



**OOLONG  
TEA**



## LADY GRACE

### OO LONG TEA



85 °C



200 ml

1 rounded tspn



4 min

#### FEATURING

Certified Fairtrade organic  
Ti kuan yin oolong tea

#### ORIGIN

Hubei Province, China

#### HARVEST

May - August

#### CAFFEINE

Low

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 100%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

NASAA certified organic. Cert no 3776P



#### TASTING NOTES

Orchid-like fragrance, peppery fruity notes and fine floral shades

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, detox, prevents and manages diabetes, boosts immunity, improves skin firmness and elasticity, reduces skin irritations, relieves indigestion, reduces bloating, reduces plaque formation, cavities, tooth decay, increases metabolism

#### WELLBEING BENEFITS

Improves alertness / concentration and brain function, relieves anxiety and depression, promotes relaxation, enhances mood and sense of wellbeing

## MIDNIGHT BLOSSOM

### OO LONG TEA



85 °C



200 ml

1 rounded tspn



4 min

#### FEATURING

Certified Fairtrade organic  
Ti kuan yin oolong tea

#### ORIGIN

Hubei Province, China

#### HARVEST

May - August

#### CAFFEINE

Low

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 83%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

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#### BLENDED WITH

Lemon myrtle and jasmine flowers

#### HEALTH BENEFITS

Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, detox, prevents and manages diabetes, boosts immunity, improves skin firmness and elasticity, reduces skin irritations, relieves indigestion, reduces bloating, reduces plaque formation, cavities, tooth decay, increases metabolism

#### WELLBEING BENEFITS

Improves alertness / concentration and brain function, relieves anxiety and depression, promotes relaxation, enhances mood and sense of wellbeing

Because when you stop  
and look around, this life is  
pretty amazing.





**WHITE  
TEA**



❖  
"The best things in life  
are free. The second-best things  
are very, very expensive."

~ Coco Chanel

❖



#### FEATURING

Certified Fairtrade organic  
Yueguang white tea

#### ORIGIN

Yunnan Province, China

#### HARVEST

March - April

#### CAFFEINE

High

#### CERTIFICATION

Fairtrade certified and sourced from  
Fairtrade producers. Total: 100%.

FLO ID 23557 [www.fairtrade.com.au](http://www.fairtrade.com.au)

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## MOONLIGHT

### WHITE TEA



70 °C



2 heaped tspns



4 min



#### TASTING NOTES

Persimmon, wild flower honey and almond meal

#### HEALTH BENEFITS

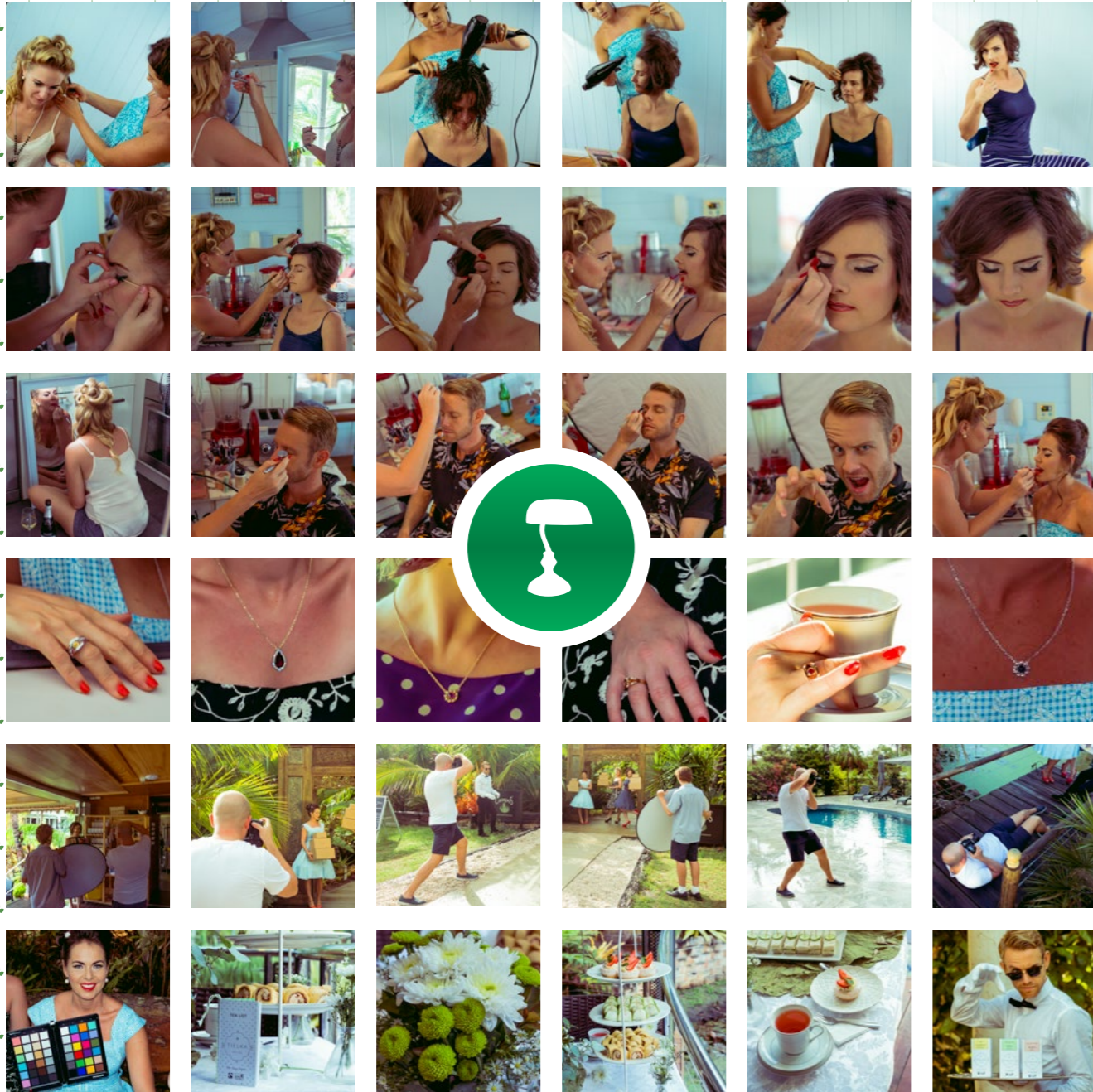
Reduces and maintains healthy blood pressure, promotes strong healthy bones, prevents and counteracts cancer, prevents and counteracts cardiovascular disease, lowers cholesterol, reduces inflammation, boosts immunity, reduces PMS symptoms, improves skin firmness and elasticity, reduces plaque formation, cavities, tooth decay, increases metabolism

#### WELLBEING BENEFITS

Improves alertness / concentration and brain function, relieves anxiety and depression, promotes relaxation, improves memory, enhances mood and sense of wellbeing



❖  
*She keeps her head  
in the clouds and her feet  
on the ground.*  
❖



## CREDITS

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*"In order to be irreplaceable one must always be different."  
~ Coco Chanel*

