

@thechickenpound



CHICKEN POUND

Teriyaki

FULLY COOKED
CHICKEN BREAST IN A
TERIYAKI SAUCE
CONTAINS UP TO 3% SOLUTION

#ChickenChampions
www.TheChickenPound.com



KEEP
REFRIGERATED
OR FROZEN

INGREDIENTS: Chicken Breast (Containing up to 3% solution of Extra Virgin Olive Oil, Sea Salt, Black Pepper), Teriyaki (Low Sodium Soy Sauce, Water, Pineapple Juice, Honey, Corn Starch, Garlic, Ginger, Sesame Seeds). Contains: Wheat & Soy Sesame.

Heating Instructions: In Air-fryer heat for 3 minutes at 300 degrees. In Microwave: Heat for 45-60 seconds (you can reheat in sealed bag). In Oven or Toaster Oven: Preheat to 400 F degrees. Place chicken in oven-safe pan or wrap in foil. Heat for 12-15 minutes.

NUTRITIONAL FACTS

Serving Size 8 ounces (227g)
Servings Per Container 2
Calories 310
Calories from Fat 50

* Percent Daily Values (DV) are based on a 2,000 Calorie diet.

Amount Per Serving	%DV	Amount Per Serving	%DV
Total Fat 5g	8%	Sodium 490mg	20%
Sat Fat 1.5g	8%	Total Carbohydrate 3g	1%
Trans Fat 0g		Dietary Fiber 1g	0%
Cholesterol 205mg	68%	Sugars 2g	
		Protein 63g	
Vitamin A 0%	*	Vitamin C 0%	*
		Calcium 2%	*
		Iron 6%	



Safe Handling Instructions: Keep frozen or refrigerate upon receiving.
For Optimal Results

Storage: Store in Freezer, then thaw in refrigerator for 12-24 hours prior to use. Store in refrigerator for up to 5 days.

Re-heating: Use air fryer for best tasting results.

Produced for The Chicken Pound, Fairview, NJ 07022

NET WT:
17 oz (482 g)